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Behavioural Sciences & Research Methods Catalogue

July - December 2025
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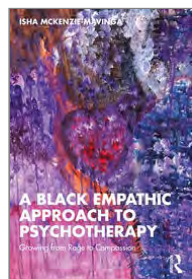


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A Black Empathic Approach to Psychotherapy

Growing from Rage to Compassion



Isha McKenzie-Mavinga

This book presents the concept of a black Empathic Approach, an experiential model used as a means of developing powerful feelings associated with racism, such as fear, guilt, and rage, into a useful THERAPEUTIC tool for healing the intersectional impact of anti-black racism and associated oppressions. This book is intended for therapists, coaching, support workers, social workers, training institutes, and anyone else attempting to support individuals and groups impacted by racism.

Routledge

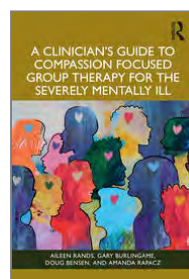
September 2025 : 180pp

Pb: 978-1-032-76762-8 £26.99

Hb: 978-1-032-76766-6 £140

* For full contents and more information, visit www.routledge.com/9781032767628

A Clinician's Guide to Compassion Focused Group Therapy for the Severely Mentally Ill



Aileen Rands, Doug Benson, Amanda L. Rapacz, Gary Burlingame

This manual provides clinicians with guidance to conduct Compassion Focused Group Therapy with patients suffering from severe forms of mental illness. This book, created by clinicians for clinicians, is a vital resource for psychiatrists, psychologists, social workers, or substance use disorder counselors offering compassion focused group therapy in an inpatient setting.

Routledge

August 2025 : 262pp

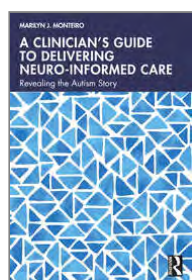
Pb: 978-1-003-86387-8 £24.99

Hb: 978-1-003-86388-5 £145

* For full contents and more information, visit www.routledge.com/9781003863878

A Clinician's Guide to Delivering Neuro-Informed Care

Revealing the Autism Story



Marilyn J. Monteiro

This neurodiversity-informed handbook provides clinicians with a way to think, talk, and write about the autism spectrum brains' style in positive, descriptive language that is tailored to the needs of individual clients. A Clinician's Guide to Delivering Neuro-Informed Care is an ideal resource for clinicians who wish to reframe diagnosis into a strength-based narrative and partner with clients to support self-determined needs.

Routledge

June 2025 : 230pp

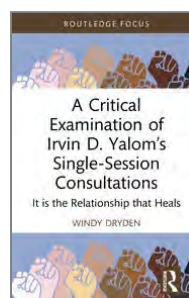
Pb: 978-1-032-85839-5 £29.99

Hb: 978-1-032-87416-6 £145

* For full contents and more information, visit www.routledge.com/9781032858395

A Critical Examination of Irvin D. Yalom's Single-Session Consultations

It is the Relationship that Heals



Windy Dryden

Series: Routledge Focus on Mental Health

This book explores the single-session work done by Irving Yalom and considers the implications of this work for the current theory and practice of single-session therapy (SST). This book will be of interest to any single-session practitioners as well as those scholars and followers of Yalom.

Routledge

June 2025 : 92pp

Hb: 978-1-041-07942-2 £51.99

* For full contents and more information, visit www.routledge.com/9781041079422

2ND EDITION

A Clinician's Guide to Dream Therapy

Demystifying Dreamwork



Leslie Ellis

A Clinician's Guide to Dream Therapy demystifies the process of working with dreams by providing both a grounding in the current science of dreaming as well as a simple, practical approach to clinical dream work. Readers will be able to discuss their clients' dream material with confidence, armed with an approach that helps them collaboratively tap into the inherent power for change found in every dream.

Routledge

June 2025 : 222pp

Pb: 978-1-032-80697-6 £32.99

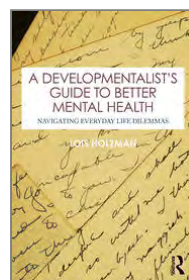
Hb: 978-1-032-81463-6 £145

eBook: 978-1-003-50090-2

* For full contents and more information, visit www.routledge.com/9781032806976

A Developmentalist's Guide to Better Mental Health

Navigating Everyday Life Dilemmas



Lois Holzman East Side Institute for Group and Short Term Psychotherapy, New York, USA

A Developmentalist's Guide to Better Mental Health offers mental health professionals a practical, philosophical, and playful guide for working relationally and developmentally with dilemmas, muddles, and the emotions that accompany them. The book includes theoretical and conceptual background information as well as commentary from mental health professionals who already use the letters and responses in their practices. A Developmentalist's Guide to Better Mental Health is unlike other practical guides in both its format and in its focus on development, especially emotional and social development, as a creative activity.

Routledge

July 2025 : 206pp

Pb: 978-1-032-86624-6 £29.99

Hb: 978-1-032-86625-3 £150

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A Guide to Formulation in Coaching



David A. Lane Professional Development Foundation, UK, Sarah Corrie, Louise C. Kovács

Series: *The Professional Coaching Series*

Lane, Corrie and Kovács present a foundational text for coaches wishing to improve their coaching practice through use of formulation. Practical and accessibly written, this book will be a valuable resource for coaches and coaching psychologists, coaching supervisors and trainers, and academics interested in understanding the role of formulation and how it applies in a coaching context

Routledge

June 2025 : 314pp

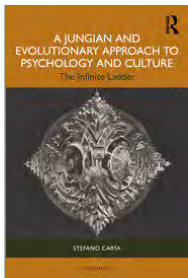
Pb: 978-1-032-00528-7 £26.99

Hb: 978-1-032-00530-0 £130

* For full contents and more information, visit www.routledge.com/9781032005287

A Jungian and Evolutionary Approach to Psychology and Culture

The Infinite Ladder



Stefano Carta

This ground-breaking book re-positions C.G. Jung's legacy, and the field of analytical psychology, within the panorama of contemporary knowledge in neurobiology, psychology, culture and anthropology. With international appeal and original and interdisciplinary in scope, this will be of great interest to Jungian scholars and analysts, as well as students and those on Jungian-oriented training courses.

Routledge

May 2025 : 216pp

Pb: 978-1-032-95767-8 £34.99

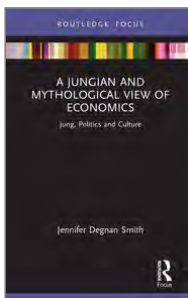
Hb: 978-1-032-95768-5 £140

eBook: 978-1-003-58646-3

* For full contents and more information, visit www.routledge.com/9781032957678

A Jungian and Mythological View of Economics

Jung, Politics and Culture



Jennifer Degnan Smith

Series: *Focus on Jung, Politics and Culture*

This book aims to re-vision economics by taking a Jungian view of the recent global economic crisis of the 2010s, focusing on Greece's challenging experience in particular. The audience for this book includes and extends beyond Jungian psychology, and will also appeal to some in the field of economics and those interested in the application of Jungian ideas to sociocultural issues.

Routledge

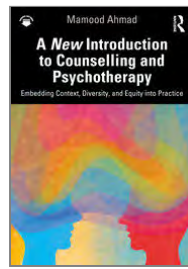
July 2025 : 118pp

Hb: 978-1-032-80599-3 £51.99

* For full contents and more information, visit www.routledge.com/9781032805993

A New Introduction to Counselling and Psychotherapy

Embedding Context, Diversity, and Equity into Practice



Mamood Ahmad

This pioneering textbook serves as an authoritative and practical introduction to counselling and psychotherapy while also systematically embedding the implications of "client in context" into the foundational pillars of therapeutic knowledge and practice: self-development, theory, relationship, skills, and ethical fair practice. Unlocking the future of a stronger more equitable therapeutic profession, this book will be an essential part of psychotherapy and counselling curriculums. It will also be a valuable read for any practicing professional, supervisor, or lecturer in the helping professions

Routledge

August 2025 : 402pp

Pb: 978-1-032-80593-1 £37.99

Hb: 978-1-032-80595-5 £140

* For full contents and more information, visit www.routledge.com/9781032805931

A Phenomenology of Racism in Counselling and Psychotherapy



Dwight Turner University of Brighton, UK

Using the experiential frameworks of phenomenology and existentialism, *A Phenomenology of Racism in Counselling and Psychotherapy* unveils the layers of relational intersectional racism which are embedded within our culture, and its many forms. This unique text is designed to assist professionals across the helping professions in understanding and working more wholly and effectively with the constructs of race and experiences of racism.

Routledge

September 2025 : 168pp

Pb: 978-1-032-83340-8 £26.99

Hb: 978-1-032-83342-2 £140

* For full contents and more information, visit www.routledge.com/9781032833408

A Phenomenology of the Alien

Encounters with the Weird and Inscrutable Other



Edited by Aaron B. Daniels

Series: *Psychology and the Other*

A Phenomenology of the Alien: Encounters with the Weird and Inscrutable Other considers both literal and figurative experiences of the alien from a psychological, psychoanalytic, and philosophical perspective. Bridging cultural, psychoanalytic, literary, clinical, media, and religious studies, the novel approaches in this volume will be of interest to students and scholars alike.

Routledge

May 2025 : 170pp

Pb: 978-1-032-85627-8 £34.99

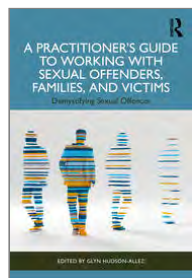
Hb: 978-1-032-85629-2 £145

eBook: 978-1-003-51910-2

* For full contents and more information, visit www.routledge.com/9781032856278

A Practitioner's Guide to Working with Sexual Offenders, Families, and Victims

Demystifying Sexual Offences



Edited by **Glyn Hudson-Allez**

This unique text aims to cover the many variations of presentations the mental health professional needs to address to conduct effective work with sex offenders and alleged offenders, their victims, as well as their families and children. This book is designed for all the mental health workers who find the ubiquitous issue of sexual abuse, in all its forms, come through their office door.

Routledge
May 2025 : 254pp
Pb: 978-1-032-83384-2 £29.99
Hb: 978-1-032-83387-3 £140
eBook: 978-1-003-50910-3

* For full contents and more information, visit www.routledge.com/9781032833842

A Psychoanalysis of Act and Action

An Itinerary through Lacan, Philosophy, and Crime



Diego Enrique Londoño-Paredes

A Psychoanalysis of Act and Action brings together the study of the philosophy of action and Jacques Lacan's psychoanalytic theory. A Psychoanalysis of Act and Action will be essential for psychoanalytically informed readers interested in Lacan. It will also be of interest to academics and scholars of the philosophy of mind and action, cultural studies, and mental disorders.

Routledge
October 2025 : 238pp
Pb: 978-1-041-07142-6 £31.99
Hb: 978-1-041-07143-3 £140

* For full contents and more information, visit www.routledge.com/9781041071426

A Psychoanalytic Approach to Refugee Mental Health

Safe Harbor



Chrysi Giannoulaki

Series: *IPA in the Community*

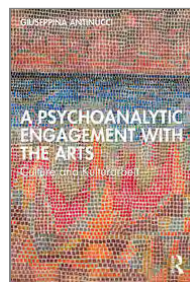
A Psychoanalytic Approach to Refugee Mental Health reflects on psychoanalytic work with vulnerable people during the refugee crisis. A Psychoanalytic Approach to Refugee Mental Health will be essential reading for psychoanalytically informed mental health professionals, especially those working with refugees, asylum seekers and vulnerable patients.

Routledge
September 2025 : 168pp
Pb: 978-1-041-07137-2 £31.99
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A Psychoanalytic Engagement with the Arts

Culture and Kulturarbeit



Giuseppina Antinucci

A Psychoanalytic Engagement with the Arts applies Freud's anthropological writing and theories to contemporary works of fiction and poetry. Using a psychoanalytic engagement of contemporary fiction to address the complexity of human existence, this volume will be of interest to psychoanalysts, as well as researchers and students interested in the intersection between psychoanalysis and the creative arts.

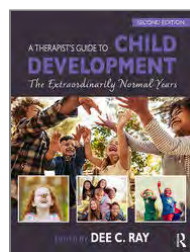
Routledge
August 2025 : 214pp
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* For full contents and more information, visit www.routledge.com/9781032685540

2ND EDITION

A Therapist's Guide to Child Development

The Extraordinarily Normal Years



Edited by **Dee C. Ray** University of North Texas, USA

A Therapist's Guide to Child Development gives therapists and counselors the basics they need to understand their clients in the context of development and to explain development to parents. The chapters take the reader through the various physical, social, and identity developments occurring at each age, explaining how each stage of development is closely linked to mental health and how that is revealed in therapy. As an aid to practitioners, this book matches developmental ages with appropriate, evidence-based mental health interventions.

Routledge
September 2025 : 242pp
Pb: 978-1-032-68549-6 £28.99
Hb: 978-1-032-68744-5 £150

* For full contents and more information, visit www.routledge.com/9781032685496

Adaptive Solutions to Personality Disorders

Treating Patients with Nidotherapy



Peter Tyrer

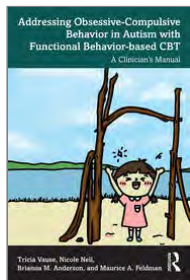
This book explores nidotherapy: the systematic process of changing the physical, social, and personal environment for clients who have failed to respond fully to conventional treatments. This book is essential for psychiatrists, clinical psychologists and mental health professionals who treat personality disorders, as well as graduate students in clinical psychology courses.

Routledge
September 2025 : 234pp
Pb: 978-1-032-86951-3 £32.99
Hb: 978-1-032-90943-1 £150

* For full contents and more information, visit www.routledge.com/9781032869513

Addressing Obsessive-Compulsive Behavior in Autism with Functional Behavior-based CBT

A Clinician's Manual



Routledge
May 2025 : 278pp
Pb: 978-1-032-71230-7 £29.99
Hb: 978-1-032-72718-9 £140
eBook: 978-1-003-41012-6

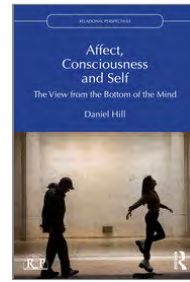
* For full contents and more information, visit www.routledge.com/9781032712307

Tricia Vause, Nicole Neil, Brianna M. Anderson, Maurice A. Feldman

The Clinician's Manual and its accompanying workbook, I Believe in Me, Not OCB! are the first known manuals to combine cognitive-behavioral therapy and applied behavior analysis to treat obsessive-compulsive behavior in children and youth with autism. The manual provides all clinician, child, and caregiver instructions as well as materials to implement functional behavior-based CBT with precision. These manuals are a vital resource for clinicians working with children and youth with autism and their families.

Affect, Consciousness and Self

The View from the Bottom of the Mind



Daniel Hill

Series: *Relational Perspectives*

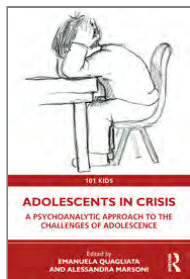
This book argues that mental life is organized by and around affect. It proposes a clinical model for understanding how affect influences states of consciousness and self. It illustrates how, from moment to moment, affect determines the world we know, how we are disposed to being in it, and our capacity to function in it. Drawing on psychoanalysis, attachment theory, interpersonal and affective neurobiology, and traumatology, this book offers a fresh perspective on the importance of affect for psychoanalysts and psychodynamic psychotherapists.

Routledge
June 2025 : 138pp
Pb: 978-1-032-21073-5 £26.99
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Adolescents in Crisis

A Psychoanalytic Approach to the Challenges of Adolescence



Edited by Emanuela Quagliata, Alessandra Marsoni

Series: *101 Kids*

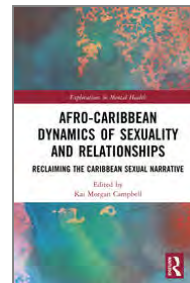
Adolescents in Crisis offers a psychoanalytic perspective on the complex that can arise when young people renegotiate their relationship with the world and their own bodies as they experience puberty. Part of the 101 Kids books series, this book is an invaluable resource for psychoanalysts and psychotherapists working with young people, as well as teachers, social workers and parents dealing with adolescents in difficulty.

Routledge
October 2025 : 178pp
Pb: 978-1-032-39747-4 £31.99
Hb: 978-1-032-39749-8 £140

* For full contents and more information, visit www.routledge.com/9781032397474

Afro-Caribbean Dynamics of Sexuality and Relationships

Reclaiming the Caribbean Sexual Narrative



Edited by Kai Morgan Campbell

Series: *Explorations in Mental Health*

Afro-Caribbean Dynamics of Sexuality and Relationships: Reclaiming the Caribbean Sexual Narrative examines the complexities of sexuality and relationships in the Caribbean, shaped by colonial legacies, cultural norms, and evolving gender roles. Bridging psychology, sociology, and history, it is essential reading for scholars, researchers, and academics in gender, sexuality, Caribbean studies, and postcolonial mental health.

Routledge
July 2025 : 218pp
Hb: 978-1-032-94923-9 £140

* For full contents and more information, visit www.routledge.com/9781032949239

2ND EDITION

Advanced Methods in Family Therapy Research



Edited by Richard B. Miller Brigham Young University, Utah, USA, Lee N. Johnson University of Georgia, USA

Advanced Methods in Family Therapy Research provides an accessible, understandable primer to advanced clinical research methods and statistics, all with the purpose of advancing therapy effectiveness and improving client care. With further readings lists and online materials for classes, this textbook is essential reading for graduate students in MFT training, as well as MFT and clinical psychology researchers. It will also be an invaluable resource for marriage and family therapists to help them keep abreast of innovations in clinical practice.

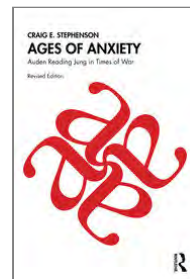
Routledge
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Pb: 978-1-032-36414-8 £42.99
Hb: 978-1-032-36416-2 £140

* For full contents and more information, visit www.routledge.com/9781032364148

2ND EDITION

Ages of Anxiety

Auden Reading Jung in Times of War



Craig E. Stephenson

Craig E. Stephenson's *Ages of Anxiety* examines how W. H. Auden in his Pulitzer Prize winning poem, *The Age of Anxiety*, used C. G. Jung's psychological types to structure and explore his responses to war and the rise of fascism. This book will be of interest to analytical psychologists, literary historians, performing arts historians, mental health practitioners, as well as the common reader.

Routledge
June 2025 : 142pp
Pb: 978-1-041-03063-8 £34.99
Hb: 978-1-041-03042-3 £140
eBook: 978-1-003-62198-0

* For full contents and more information, visit www.routledge.com/9781041030638

4TH EDITION

Aging and Diversity

Social and Community Contexts of Aging



Lisa Wagner University of San Francisco, San Francisco, CA, USA **Chandra M Mehrotra**, **Man Guo**

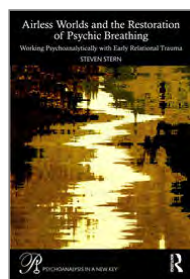
In this new and fully revised edition of *Aging and Diversity*, Lisa Wagner, Chandra Mehrotra, and Man Guo address key topics in diversity and aging, discussing how the aging experience is affected by not only race and ethnicity but also gender, religious affiliation, socioeconomic status, rural–urban community location, and sexual orientation and gender identity. Taking this broad view of human diversity allows the authors to convey some of the rich complexities facing aging populations—complexities that provide both challenges to meet the needs of a diverse population of elders and opportunities to learn how to live in a pluralistic society.

Routledge
September 2025 : 518pp
Pb: 978-1-032-50322-6 £53.99
Hb: 978-1-032-51128-3 £140

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Airless Worlds and the Restoration of Psychic Breathing

Working Psychoanalytically with Early Relational Trauma



Steven Stern

Series: Psychoanalysis in a New Key

This book focuses on the recognition and psychoanalytic treatment of a debilitating form of early relational trauma poignantly described by Steven Stern as airless world syndrome. With rich clinical vignettes and in a detailed yet accessible style, this book is invaluable to psychoanalysts and psychotherapists in practice and in training.

Routledge
August 2025 : 160pp
Pb: 978-1-032-95290-1 £29.99
Hb: 978-1-032-95507-0 £140

* For full contents and more information, visit www.routledge.com/9781032952901

Alice's Adventures in Lacan-Land

Demystifying Lacanian Psychoanalysis



Ali Yansori

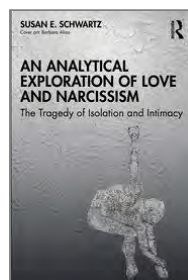
Alice's Adventures in Lacan-Land is an accessible exploration of Lacanian psychoanalysis through the prism of Lewis Carroll's *Alice's Adventures in Wonderland* and its sequel, *Through the Looking-Glass*. *Alice's Adventures in Lacan-Land* will be an essential book for anyone encountering Lacan for the first time. It will also be of interest to more experienced readers seeking to engage with lesser-explored yet vital aspects of Lacanian theory.

Routledge
September 2025 : 194pp
Pb: 978-1-032-83401-6 £26.99
Hb: 978-1-032-83404-7 £145

* For full contents and more information, visit www.routledge.com/9781032834016

An Analytical Exploration of Love and Narcissism

The Tragedy of Isolation and Intimacy



Susan E. Schwartz

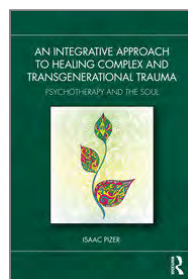
This book reflects the psychic wounds of narcissism from the perspective of Jungian analytical psychology. Oriented towards the richness and plurality of the psyche, it sheds light on clinical practice as well as the common and intricate issues of this personality type. Exploring this complex and intriguing phenomenon, the book appeals to readers and therapists from various fields including psychoanalysis, general psychology, gender studies, culture, and sociology.

Routledge
June 2025 : 208pp
Pb: 978-1-032-73251-0 £32.99
Hb: 978-1-032-73252-7 £130

* For full contents and more information, visit www.routledge.com/9781032732510

An Integrative Approach to Healing Complex and Transgenerational Trauma

Psychotherapy and the Soul



Isaac Pizer

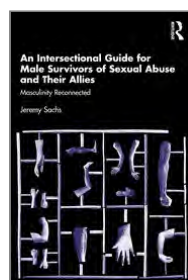
This book presents an integrative relational approach to treating trauma and psychological entanglements through autobiographical, philosophical, and clinical reflections on the transgenerational dimension of the human experience and the self as an irreducible core of the person. This compelling and thought-provoking book is intended for therapists, therapists in training, and for people seeking knowledge and encouragement in their journeys of personal and collective healing, self-realisation and personal growth.

Routledge
May 2025 : 164pp
Pb: 978-1-032-59823-9 £29.99
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An Intersectional Guide for Male Survivors of Sexual Abuse and Their Allies

Masculinity Reconnected



Jeremy Sachs

Few experiences carry more shame, stigma, and misunderstanding than the life-altering trauma of sexual abuse. Men who experience sexual abuse and rape, often find themselves marginalised and isolated, yet there are few resources available for them or those who support them. Aimed at male survivors and those who support them—counsellors, psychotherapists, social workers, family members, and loved ones—this book offers guidance and hope for navigating a path to healing.

Routledge
July 2025 : 264pp
Pb: 978-1-032-72190-3 £26.99
Hb: 978-1-032-72983-1 £140

* For full contents and more information, visit www.routledge.com/9781032721903

An Intersubjective Mentalization-Based Primer

Empathy as Competence



Johann Steinberger

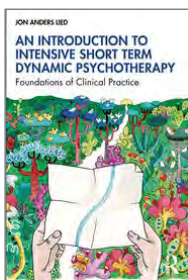
This book explores how Affect Resonance Training (ART), as developed by the Viennese psychotherapist Johann Steinberger, offers students and trainees in psychosocial professions the opportunity to develop competence in empathy, allowing them to better understand themselves and others. With clear instruction on the use of ART and clinical insights on how increased empathy is effective in therapeutic settings, this book is essential reading for psychoanalysts, psychotherapists, and others across the psychosocial professions.

Routledge
October 2025 : 376pp
Pb: 978-1-032-77493-0 £35.99
Hb: 978-1-032-77496-1 £140

* For full contents and more information, visit www.routledge.com/9781032774930

An Introduction to Intensive Short Term Dynamic Psychotherapy

Foundations of Clinical Practice



Jon Anders Lied

This book offers a comprehensive introduction to Intensive Short-Term Dynamic Psychotherapy (ISTDP), covering its theoretical foundations, core techniques, and practical applications. Whether you are a student or a beginner therapist new to ISTDP, or an experienced practitioner looking to revisit the fundamentals of this exciting method, this book serves as an accessible, relevant, and indispensable resource.

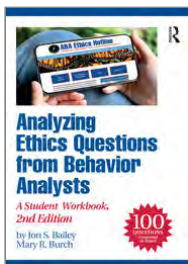
Routledge
September 2025 : 278pp
Pb: 978-1-032-85037-5 £29.99
Hb: 978-1-032-85038-2 £140

* For full contents and more information, visit www.routledge.com/9781032850375

2ND EDITION

Analyzing Ethics Questions from Behavior Analysts

A Student Workbook



Jon S. Bailey Florida State University, USA
Mary R. Burch Behavior Management Consultants, Florida, USA

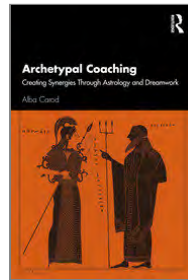
Supplementing the best-selling textbook, *Ethics for Behavior Analysts*, this workbook analyzes over 100 original and up-to-date ethics questions posed by behavior analysts, to the highly regarded ABA Ethics Hotline. This book is an invaluable resource for all budding behavior analysts and their teachers.

Routledge
October 2025 : 288pp
Pb: 978-1-032-72388-4 £42.99
Hb: 978-1-032-74625-8 £140

* For full contents and more information, visit www.routledge.com/9781032723884

Archetypal Coaching

Creating Synergies Through Astrology and Dreamwork



Alba Carod

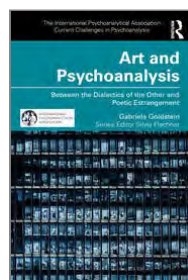
Archetypal Coaching offers a transformative approach to personal growth, blending ancient Greek astrological foundations and dream work with modern coaching techniques, somatic awareness, and Jungian active imagination. This book will appeal to established coaches, counselors, and therapists interested in integrating archetypal work into their practice, as well as students of Jungian psychology, coaching, art therapy, astrology and related fields.

Routledge
August 2025 : 200pp
Pb: 978-1-041-04190-0 £28.99
Hb: 978-1-041-04191-7 £130

* For full contents and more information, visit www.routledge.com/9781041041900

Art and Psychoanalysis

Between the Dialectics of the Other and Poetic Estrangement



Gabriela Goldstein

Series: The International Psychoanalytical Association Current Challenges in Psychoanalysis

This book explores the concept of estrangement from a psychoanalytic perspective, intertwining art and aesthetics to offer a paradigm of the aesthetic experience. *Estrangement in Psychoanalysis* will be key reading for psychoanalysts, artists, researchers and teachers of art and psychoanalysis. It will also be of great interest to art therapists, students of art and the humanities, as well as other readers interested in an in-depth understanding of the aesthetic experience and creative processes.

Routledge
November 2025 : 186pp
Pb: 978-1-032-96976-3 £32.99
Hb: 978-1-032-96978-7 £140

* For full contents and more information, visit www.routledge.com/9781032969763

2ND EDITION

Art and Social Interaction

How College Students Spark Creativity, Purpose, and Joy in Institutional Settings



Judith Peck

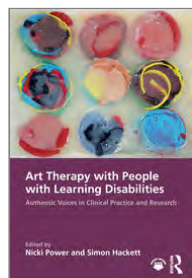
This second edition expands upon a program that teaches specially designed interactive visual arts activities to students to then share with individuals in jails, nursing homes, psychiatric facilities, domestic abuse shelters, and youth care centers. Delivering everything needed to set up the course in any liberal arts college, the book offers approaches for diverse populations covering planning and execution, aesthetic and humanistic objectives, projected outcomes, and methods of evaluation. By adopting this manual, colleges can provide students with education relevant to their lives and potential careers while providing a unique service to social service institutions.

Routledge
October 2025 : 270pp
Pb: 978-1-032-97200-8 £31.99
Hb: 978-1-032-97199-5 £145

* For full contents and more information, visit www.routledge.com/9781032972008

Art Therapy with People with Learning Disabilities

Authentic Voices in Clinical Practice and Research



Edited by **Nicki Power** Queen Mary University of London, UK, **Simon Hackett** Faculty of Medical Sciences, Newcastle University, UK

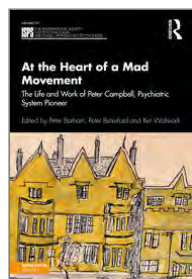
This book brings together diverse, international contributions from practitioners, researchers and clients within the field of art therapy to inform best practice when working with people with learning disabilities. This book demonstrates how art therapy facilitates self-expression and fosters personal agency, making it a compelling read for both new and seasoned art therapists alike. It will also resonate with educators and healthcare professionals seeking to enhance their understanding and application of inclusive art therapy practices across a range of health, social care and educational settings.

Routledge
June 2025 : 236pp
Pb: 978-1-032-39650-7 £26.99
Hb: 978-1-032-39651-4 £130

* For full contents and more information, visit www.routledge.com/9781032396507

At the Heart of a Mad Movement

The Life and Work of Peter Campbell, Psychiatric System Pioneer



Edited by **Peter Barham**, **Peter Beresford**, **Ker Wallwork**

Series: The International Society for Psychological and Social Approaches to Psychosis Book Series

This book showcases and celebrates the writings of Peter Campbell, an activist, writer, educator, and a veteran survivor of the mental health system, conveying the variety and vitality of Campbell's accomplishments across the years from 1967 to 2022. Written in Campbell's accessible and witty style, this will be an invaluable resource for practitioners in psychiatry and all disciplines, people with lived experience of psychosis and their relatives and carers, activists, and all concerned with distress and mental wellbeing.

Routledge
October 2025 : 312pp
Pb: 978-1-041-06645-3 £31.99
Hb: 978-1-041-06647-7 £130

* For full contents and more information, visit www.routledge.com/9781041066453

Being a Crisis Chaplain

Delivering Help and Healing in Critical Scenarios



Sidney Dekker Griffith University, Nathan Campus, Queensland, Australia **Lance Mergard** ChaplainWatch, Queensland, Australia.

Series: Routledge Focus on Mental Health

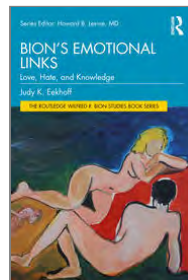
Being a Crisis Chaplain delivers the essential elements of crisis chaplaincy, outlining the process of responding to crises with clarity and compassion. Drawing from real-world experiences and research, this is a concise but comprehensive toolkit for navigating the delicate aftermath of crises. This book is for professionals on the front line of natural and human disasters and crises, including emergency responders, safety practitioners, chaplains, pastoral carers, religious leaders, and counsellors.

Routledge
November 2026 : 108pp
Pb: 978-1-032-95093-8 £19.99
Hb: 978-1-032-96181-1 £51.99

* For full contents and more information, visit www.routledge.com/9781032950938

Bion's Emotional Links

Love, Hate and Knowledge



Routledge
May 2025 : 242pp
Pb: 978-1-032-88770-8 £32.99
Hb: 978-1-032-89762-2 £130
eBook: 978-1-003-54447-0

* For full contents and more information, visit www.routledge.com/9781032887708

Judy K. Eekhoff Payment rejected and no response from author for updated bank details.

Series: The Routledge Wilfred R. Bion Studies Book Series

In Bion's Emotional Links, Judy K. Eekhoff explores emotion as a bridge between unrepresented and represented states, highlighting the importance of both internal emotional and external relationships in the development of the mind. Integrating Kleinian and Freudian thought with the work of Wilfred Bion, this book is an essential read for all psychoanalysts, counsellors and therapists in practice and in training.

Black Mirror

Allegories for the Atomised



Routledge
July 2025 : 134pp
Hb: 978-1-138-28811-9 £51.99

* For full contents and more information, visit www.routledge.com/9781138288119

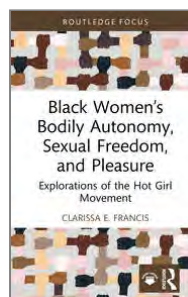
Greg Singh

Series: Routledge Focus on Analytical Psychology

Black Mirror: Allegories for the Atomised addresses the ways that media and communications technologies shape our relationships with society, with others, and ultimately, with ourselves. This unique interdisciplinary examination of the cult series will appeal to scholars, students and fans alike in the fields of film and television studies, philosophy, depth and humanistic psychology.

Black Women's Bodily Autonomy, Sexual Freedom, and Pleasure

Explorations of the Hot Girl Movement



Routledge
May 2025 : 118pp
Hb: 978-1-032-69945-5 £51.99
eBook: 978-1-032-69946-2

* For full contents and more information, visit www.routledge.com/9781032699455

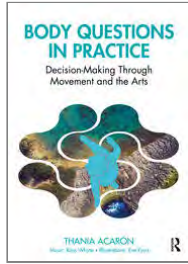
Clarissa E. Francis

Series: Leading Conversations on Black Sexualities and Identities

Inspired by Megan Thee Stallion's song, "Hot Girl Summer," and pleasure activism, Dr. Clarissa Francis ("The Real Hot Girl Doc") examines the cultural and social impacts of "hot girl" music and its transformative effects on Black women's sexual liberation journeys through this text. This interdisciplinary text is essential reading for scholars, clinicians, healing practitioners, birthworkers, and activists, including those in fields of sexuality, sex therapy, sociology, gender studies, Black/Africana studies, public health, and social justice. Exercises and additional resources are available on the product page under Support Material.

Body Questions in Practice

Decision-Making Through Movement and the Arts



Thania Acarón University of South Wales, UK

Body Questions in Practice is a comprehensive multimedia guide to explore life transitions and decision-making, supporting readers during these processes by engaging with body movement and dance. Blending original music composition, illustration, accessible movement exercises and reflective journaling, this book helps readers understand the important messages our bodies communicate, leading to deeper self-awareness and providing insight into interpersonal relationships. With activities tailored to all abilities and experience levels, it will resonate particularly well with mental health practitioners, arts therapists, artists, students, academics and advocates for wellbeing.

Routledge

June 2025 : 332pp

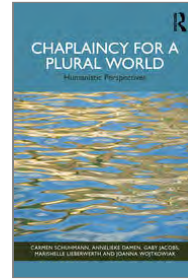
Pb: 978-1-032-42044-8 £28.99

Hb: 978-1-032-42045-5 £145

* For full contents and more information, visit www.routledge.com/9781032420448

Chaplaincy for a Plural World

Humanistic Perspectives



Carmen Schuhmann University of Humanistic Studies, Utrecht, the Netherlands
Annelieke Damen University of Humanistic Studies, Utrecht, the Netherlands
Gaby Jacobs University of Humanistic Studies, Utrecht, the Netherlands
Marishelle Lieberwerth University of Humanistic Studies, Utrecht, The Netherlands
Joanna Wojtkowiak University of Humanistic Studies, Utrecht, the Netherlands

Chaplaincy for a Plural World provides the theoretical foundation for an inclusive understanding of chaplaincy and lays out key chaplaincy methods for providing spiritual care in a modern context. The book fills the meaning gap that secularization has left in Western societies and offers a hopeful perspective for all who strive for a humane and meaningful world.

Routledge

August 2025 : 208pp

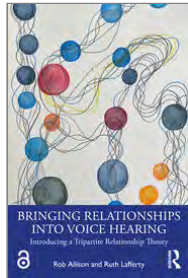
Pb: 978-1-032-49244-5 £29.99

Hb: 978-1-032-49246-9 £150

* For full contents and more information, visit www.routledge.com/9781032492445

Bringing Relationships into Voice Hearing

Introducing a Tripartite Relationship Theory



Rob Allison Nursing Midwifery Council, UK
Ruth Lafferty

This book presents a novel, theoretically informed practical approach to voice hearing, which aims to help readers improve relational harmony, reduce distress related to voice hearing and improve experiences of supportive approaches. This book will be accessible to voice hearers, practitioners, and supporters. It provides a framework for understanding the felt experience of voice hearing and how to influence positive change and better relationships with self and voices.

Routledge

June 2025 : 172pp

Pb: 978-1-032-61984-2 £26.99

Hb: 978-1-032-61986-6 £130

* For full contents and more information, visit www.routledge.com/9781032619842

Child and Adolescent Psychoanalysis in Times of Crisis

War, Pandemic and Climate Change



Edited by **Kristin Fiorella**

Series: Routledge Child and Adolescent Psychoanalysis

Child and Adolescent Psychoanalysis in Times of Crisis: War, Pandemic and the Climate Crisis gathers a global cohort of psychoanalytic thinkers to consider the most pressing issues currently faced by young people worldwide. Part of the Routledge Child and Adolescent Psychoanalysis series, this book is an essential read for all psychoanalysts, psychiatrists, caregivers, teachers, social workers and academics.

Routledge

October 2025 : 320pp

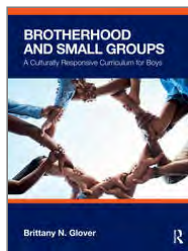
Pb: 978-1-032-83582-2 £31.99

Hb: 978-1-032-85978-1 £140

* For full contents and more information, visit www.routledge.com/9781032835822

Brotherhood and Small Groups

A Culturally Responsive Curriculum for Boys



Brittany N. Glover

Brotherhood and Small Groups: A Culturally Responsive Curriculum for Boys is a transformative step-by-step guide for school counselors designed to empower young boys, particularly those from marginalized communities, with essential social, emotional, and leadership skills. Brotherhood equips educators and counselors with ready-to-use tools to nurture the next generation of leaders while fostering confidence, resilience, and a sense of belonging in every participant.

Routledge

September 2025 : 110pp

Pb: 978-1-032-53123-6 £19.99

* For full contents and more information, visit www.routledge.com/9781032531236

Child Psychotherapy and the Games Children Play

A Psychoanalytic Toolkit for Middle Childhood



Celine Maroudas

In this thought-provoking book, Celine Maroudas presents an intriguing developmental reappraisal of middle childhood, re-examining psychoanalytic approaches to psychotherapy with this age group and exploring the therapeutic power of games and play therapy in a psychoanalytic setting. Offering a recalibration of the technique and language of child analytic treatment to better fit the unique challenges and needs of middle childhood, Child Psychotherapy and the Games Children Play provides psychoanalysts, psychotherapists, clinical psychologists and educators with vital new insights into this critical stage of child development.

Routledge

October 2025 : 296pp

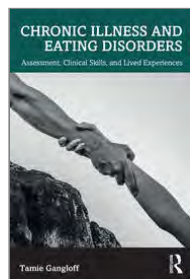
Pb: 978-1-032-54506-6 £32.99

Hb: 978-1-032-54507-3 £140

* For full contents and more information, visit www.routledge.com/9781032545066

Chronic Illness and Eating Disorders

Assessment, Clinical Skills, and Lived Experiences



Tamie Gangloff

Chronic Illness and Eating Disorders addresses the intersection of eating disorders and the importance of treatment of clients with eating disorders and chronic illness, specific interventions, and resilience in a body that continues to change. Therapists, dietitians, and other medical professionals will gain a deep understanding of body image disturbance and how that is different than body image distortion.

Routledge
August 2025 : 204pp
Pb: 978-1-032-81226-7 £29.99
Hb: 978-1-032-81530-5 £140

* For full contents and more information, visit www.routledge.com/9781032812267

Clinical Fictions

Psychoanalytic Novelists and Short Story Writers



Jeffrey Berman

Clinical Fictions: Psychoanalytic Novelists and Short Story Writers is the first book to explore works of fiction written by prominent psychoanalysts. This book will be of interest to students and researchers exploring psychoanalytic literary theory, as well as mental health practitioners who are interested in the intersections between literature and psychoanalysis and discovering new ways of exploring the unspoken and unconscious.

Routledge
July 2025 : 276pp
Pb: 978-1-041-03451-3 £31.99
Hb: 978-1-041-03462-9 £140

* For full contents and more information, visit www.routledge.com/9781041034513

Coaching in the Grey Space

Exploring Boundaries, Ethics and Complexity when Coaching and Therapy Intersect



Laurretta Greer

Series: Coaching Psychology

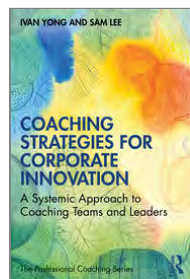
Coaching in the Grey Space is set to enhance the practice of coaching psychology, by defining the previously unidentified Grey Space - where boundaries between the coaching and therapeutic terrain intersect. Promoting a much-needed evidence-based debate on the ethical boundaries of coaching and therapy, this book will be an original and practical resource of interest to coaching practitioners, both established and for those undergoing training in the field.

Routledge
September 2025 : 170pp
Pb: 978-1-032-83534-1 £26.99
Hb: 978-1-032-83533-4 £130

* For full contents and more information, visit www.routledge.com/9781032835341

Coaching Strategies for Corporate Innovation

A Systemic Approach to Coaching Teams and Leaders



Ivan Yong, Sam Lee

Series: The Professional Coaching Series

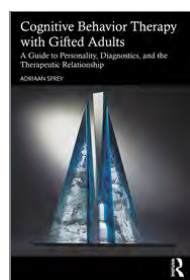
Drawing upon the authors' own extensive experiences within the field, and melding startup dynamics with corporate innovation, the book equips readers to navigate the complexities of this emerging innovation practice. This book is tailored for corporate leaders, innovation teams, corporate venture capitalists, and professional coaches aspiring to transcend conventional wisdom in the current corporate innovation practices.

Routledge
September 2025 : 150pp
Pb: 978-1-032-74681-4 £26.99
Hb: 978-1-032-74419-3 £130

* For full contents and more information, visit www.routledge.com/9781032746814

Cognitive Behavior Therapy with Gifted Adults

A Guide to Personality, Diagnostics, and the Therapeutic Relationship



Adriaan Sprey

This book presents a cognitive behavior approach to therapy with gifted adults, providing insight into and offering practical tools for diagnosing and working with the often unseen and unrecognized problems of these clients. The book will help any psychotherapist and mental health care professional to better support, work with and help gifted adults in their professional practice.

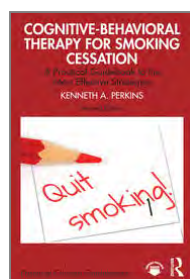
Routledge
August 2025 : 180pp
Pb: 978-1-032-70755-6 £26.99
Hb: 978-1-032-72972-5 £140

* For full contents and more information, visit www.routledge.com/9781032707556

2ND EDITION

Cognitive-Behavioral Therapy for Smoking Cessation

A Practical Guidebook to the Most Effective Strategies



Kenneth A. Perkins

Series: Practical Clinical Guidebooks

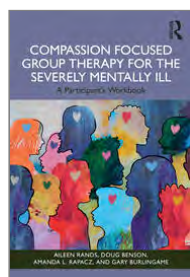
Cognitive-Behavioral Therapy for Smoking Cessation is an essential resource for healthcare providers assisting patients in quitting tobacco smoking, presenting a structured approach that utilizes key components of CBT. A must-have resource on the bookshelf of any health professional treating clients with tobacco dependence.

Routledge
June 2025 : 330pp
Pb: 978-1-032-76433-7 £35.99
Hb: 978-1-032-77584-5 £145
eBook: 978-1-003-48387-8

* For full contents and more information, visit www.routledge.com/9781032764337

Compassion Focused Group Therapy for the Severely Mentally Ill

A Participant's Workbook



Aileen Rands , Gary Burlingame , Doug Benson , Amanda L. Rapacz

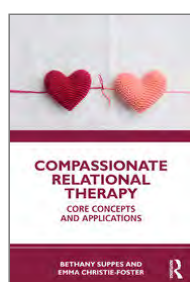
This workbook should be used alongside A Clinician's Guide to Compassion Focused Group Therapy for the Severely Mentally Ill to aid participants throughout their group journey in Compassion Focused Therapy (CFT). CFT is a type of therapy aimed at understanding, alleviating, and preventing suffering in oneself and others. This is an ideal resource for patients in an inpatient setting, experiencing self-criticism and shame.

Routledge
August 2025 : 136pp
Pb: 978-1-003-86390-8 £24.99
Hb: 978-1-003-86391-5 £145

* For full contents and more information, visit www.routledge.com/9781003863908

Compassionate Relational Therapy

Core Concepts and Applications



Bethany Suppes , Emma Christie-Foster

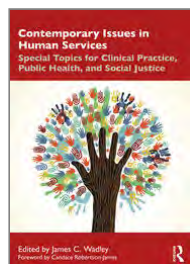
Weaving together known successful interventions with innovative new methods, Compassionate Relational Therapy (CRT) offers a unique and cohesive method to strengthen relationships through decreased judgement and increased compassion within the self and with others. Written in a compassionate and accessible style, this is an essential guide for mental health clinicians of all kinds and all experience levels, from students to seasoned professionals.

Routledge
September 2025 : 224pp
Pb: 978-1-032-84891-4 £32.99
Hb: 978-1-032-85570-7 £140

* For full contents and more information, visit www.routledge.com/9781032848914

Contemporary Issues in Human Services

Special Topics for Clinical Practice, Public Health, and Social Justice



Edited by **James C. Wadley**

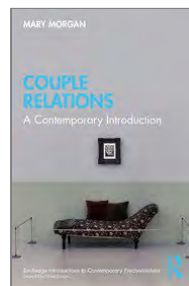
This text informs human services students and practitioners on complex contemporary issues in the human services, public health, and clinical social work fields, allowing them to be more agile and better-prepared agents and leaders of change. This book is an invaluable resource for human service professionals, social workers, policymakers, mental health practitioners, community behavioral health professionals, as well as undergraduate and graduate students.

Routledge
September 2025 : 346pp
Pb: 978-1-032-86514-0 £32.99
Hb: 978-1-032-87171-4 £140

* For full contents and more information, visit www.routledge.com/9781032865140

Couple Relations

A Contemporary Introduction



Mary Morgan

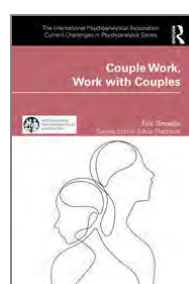
Series: Routledge Introductions to Contemporary Psychoanalysis

In this book, Mary Morgan provides a comprehensive overview understanding of couple relations. Through Morgan's accessible and holistic approach, drawing on decades of clinical experience, this book is an essential resource for all psychoanalytic and psychodynamic psychotherapists, counsellors working with couples, and researchers and students in Gender Studies, social sciences, psychology and the humanities.

Routledge
August 2025 : 146pp
Pb: 978-1-032-39834-1 £19.99
Hb: 978-1-032-40324-3 £140

* For full contents and more information, visit www.routledge.com/9781032398341

Couple Work, Work with Couples



Éric Smadja

Series: The International Psychoanalytical Association Current Challenges in Psychoanalysis

Couple Work, Work with Couples provides a new exploration of psychoanalysis with couples. With clinical material from the author's work throughout, Couple Work, Work with Couples will appeal to psychoanalysts and psychoanalytically informed clinicians working with couples.

Routledge
August 2025 : 156pp
Pb: 978-1-041-06369-8 £31.99
Hb: 978-1-041-06370-4 £140

* For full contents and more information, visit www.routledge.com/9781041063698

Creative Teaching in Counselor Education and Supervision



Casey E. Baker Capella University, Iowa, USA
Rebecca Sametz Riddle Capella University, Ohio, USA
Lynn O'Brien Capella University, Minnesota, USA
Blair Sumner Vincent Capella University, Tennessee, USA

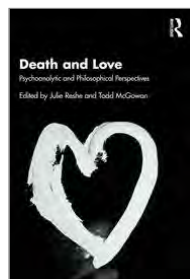
Creative Teaching in Counselor Education and Supervision offers a fresh perspective on teaching in counselor education and related helping fields. Tailored for educators who want to invigorate their instructional approaches, this book is a valuable resource packed with creative strategies and techniques.

Routledge
October 2025 : 174pp
Pb: 978-1-032-84736-8 £27.99
Hb: 978-1-032-84738-2 £150

* For full contents and more information, visit www.routledge.com/9781032847368

Death and Love

Psychoanalytic and Philosophical Perspectives



Edited by **Julie Reshe , Todd McGowan**

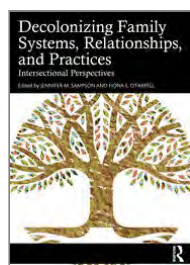
Death and Love brings together notable psychoanalytic and philosophical theorists to explore the connection between death and love. Death and Love will be essential reading for academics and students of philosophy, psychoanalysis, existentialism, theology, and psychology. It will also be of interest to psychoanalysts in practice and in training, and to all readers wishing to explore this thought-provoking topic.

Routledge
May 2025 : 174pp
Pb: 978-1-032-66342-5 £34.99
Hb: 978-1-032-66344-9 £140
eBook: 978-1-032-66348-7

* For full contents and more information, visit www.routledge.com/9781032663425

Decolonizing Family Systems, Relationships, and Practices

Intersectional Perspectives



Edited by **Jennifer Sampson , Fiona O'Farrell**

Centering liberation, justice, and cultural wisdom in the heart of relational work, this book provides a comprehensive and integrative examination of human development and the family life cycle through a decolonized, anti-racist, and intersectional lens. This book offers a new path forward for anyone who wants to practice healing in ways that are culturally affirming, politically conscious, and radically human. It is an essential resource for graduate students and practitioners in mental health programs seeking to develop their skills in working with diverse families.

Routledge
November 2025 : 302pp
Pb: 978-1-032-67105-5 £29.99
Hb: 978-1-032-67124-6 £145

* For full contents and more information, visit www.routledge.com/9781032671055

Developmental and Behavioral Complexities in Children

A Guide for Students and Clinicians



Cover Image
Not Available

Jo-Ann Blaymore Bier , Theresa A. Johnson , Ellen Mullane

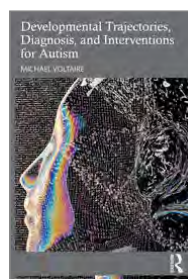
Developmental and Behavioral Complexities in Children provides students and young professionals with an understanding of childhood mental health and developmental diagnoses through a series of qualitative vignettes alongside descriptions of clinical diagnoses and an overview of historical changes in the field. The book equips clinicians and students with a framework to guide caregivers in learning to decipher complicated messages around childhood developmental and mental health diagnoses and prepare them to support children's developmental, social, behavioral, and emotional growth.

Routledge
October 2025 : 238pp
Pb: 978-1-041-07156-3 £29.99
Hb: 978-1-041-07154-9 £145

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Developmental Trajectories, Diagnosis, and Interventions for Autism

Michael Voltaire



This book introduces a developmental psychopathology approach to exploring the concept of autism in terms of three broad domains of development— physical, cognitive, and psychosocial—that are inextricably linked. Appropriate for a wide range of professionals who work with clients who have autism, this book will be a unique resource featuring approaches often overlooked in most books on autism.

Routledge
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Difference and Multiplicity

Adventures in Philosophy and Psychotherapy



Manu Bazzano

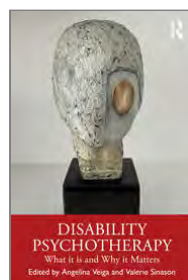
Psychological and psychotherapeutic orientations often neglect the notion that the individual is not one unit, but rather a coalition of affects. Providing a multi-disciplinary framework for the practice of psychotherapy and philosophy, this book explores and embraces this multiplicity within the human psyche and challenges the reader to explore and celebrate difference within society. This book is essential reading for therapy practitioners, and professionals of related disciplines, who want to expand their knowledge and find different ways to understand and practice their art.

Routledge
October 2025 : 180pp
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Disability Psychotherapy

What it is and Why it Matters



Edited by **Angelina Veiga , Valerie Sinason**

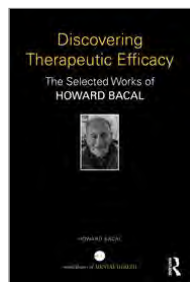
Disability Psychotherapy explores the growing practice of working psychotherapeutically with people with disabilities. Disability Psychotherapy will be of interest to experienced and student psychotherapists, psychoanalysts, counsellors, educators, carers, parents, advocates and anyone who is concerned about widening the opportunity for people with disabilities and their networks access to high quality psychotherapy treatment.

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Selected Works of Howard Bacal



Howard Bacal

Series: World Library of Mental Health

Discovering Therapeutic Efficacy brings together selected papers and book chapters by Howard Bacal, spanning 40 years as a psychoanalyst, psychiatrist and psychotherapist. Discovering Therapeutic Efficacy is replete with illustrative clinical examples. It will be of great interest, and of practical usefulness not only to psychoanalysts, but to every practitioner of dynamic psychotherapy as they strive to be as optimally responsive as they can to their patients and students.

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Dreams and Dream Interpretation

A Contemporary Introduction



Christian Roesler

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Combining the latest neurological research and up-to-date psychoanalytic theory, *Dreams and Dream Interpretation: A Contemporary Introduction* gives readers a clear understanding of dreams, dreamwork and the ever-changing interpretations of this extraordinary phenomenon. Part of the Routledge Introductions to Contemporary Psychoanalysis series, this book is a vital resource for psychoanalysts, psychologists and psychodynamic psychotherapists, as well as those undertaking psychotherapeutic training. Students and scholars of psychology, psychiatry, anthropology and medicine will gain a thorough understanding of dreams and the inner psyche.

Routledge

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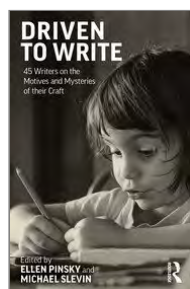
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Driven to Write

45 Writers on the Motives and Mysteries of their Craft



Edited by **Ellen Pinsky, Michael Slevin**

In this book of essays, over 40 successful writers in varied fields — poetry, science, the performing and visual arts, psychoanalysis, journalism, literature and more — explore what drives them to write, and to work at their craft. *Driven to Write* provides fresh, practical, and imaginative approaches to literary art for aspiring and established writers alike.

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Duty of Care in Coaching

A Comprehensive Approach to Navigating the Complexities of Contemporary Practice



Benita Mayhead

Grounded in primary and evidenced-based research, this book is the first to investigate and provide guidance on navigating contemporary challenges that coaches, supervisors, educators, and organisations experience in achieving ethical best practice and legal responsibility. Coaches from all disciplines in coaching, educators, supervisors, organisations using coaching, academics and researchers will find this book to be an invaluable resource.

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Pb: 978-1-032-82005-7 £29.99

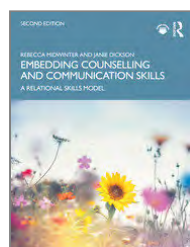
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2ND EDITION

Embedding Counselling and Communication Skills

A Relational Skills Model



Rebecca Midwinter Director of Alpheus Training Ltd, UK
Janie Dickson University of Bristol, UK

Embedding Counselling and Communication Skills provides a step-by-step approach for those looking to gain a theoretical and practical understanding of using counselling and communication skills within the helper role and applying these skills in the context of professional practice. This book will be an essential resource for students taking an introductory counselling skills course, other trainees within the mental health sector, coaches and many other qualified professionals who wish to enhance their knowledge of embedding counselling skills into their work and practice.

Routledge

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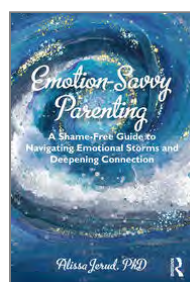
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Emotion-Savvy Parenting

A Shame-Free Guide to Navigating Emotional Storms and Deepening Connection



Alissa Jerud

Intense emotions — whether your own or your child's — can make it incredibly difficult to be the parent you want to be. This book is designed to help you become a more emotionally agile parent so you can better navigate whatever emotional storms you inevitably encounter. Packed with real-life examples and step-by-step techniques, this book supports parents of infants to teens in creating a more harmonious home by becoming their ideal, most emotionally adept selves. It also serves as a valuable resource for educators and mental health professionals seeking to help lighten the heavy load of parenthood.

Routledge

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Pb: 978-1-032-54494-6 £18.99

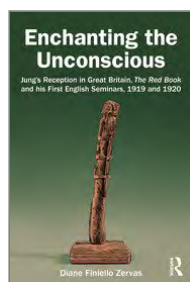
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eBook: 978-1-003-42834-3

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Enchanting the Unconscious

Jung's Reception in Great Britain, The Red Book and his First English Seminars, 1919 and 1920



Diane Finiello Zervas

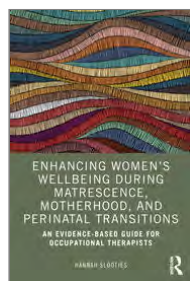
This original volume explores Jung's earliest English seminars, held in 1919 and 1920, in relation to the impact of Liber Novus and The Red Book and his new esoteric and esoteric concepts of analytical psychology created during the Great War. Enchanting the Unconscious is an important and timeless contribution to Jungian history and our understanding of early formulations of Jung's conceptual model of the psyche, making it of great interest to Jungian analysts, analytical psychologists, students of Jungian history, and general readers interested in exploring Jung's earliest teaching seminars previously undocumented or distorted by hearsay.

Routledge
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Pb: 978-1-032-23452-6 £35.99
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Enhancing Women's Wellbeing During Matrescence, Motherhood, and Perinatal Transitions

An Evidence-based Guide for Occupational Therapists



Edited by **Hannah Slootjes** La Trobe University, Australia

Guided by research and occupational therapy practices, this evidence-based text maps how occupational therapists and the allied health collective can holistically promote women's health, wellbeing, and self-efficacy during matrescence – the bio-psycho-social-political-spiritual-developmental journey and rite of passage of mother-becoming. A much-needed addition to the perinatal care field, this essential guide is tailored for occupational therapy, mental health and other healthcare practitioners and postgraduate students working in perinatal health and matrescence.

Routledge
June 2025 : 392pp
Pb: 978-1-032-50279-3 £46.99
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Equity-Driven Leadership in School Counseling

How to Champion Justice for All Students



Caroline Lopez-Perry, E.C.M. Mason

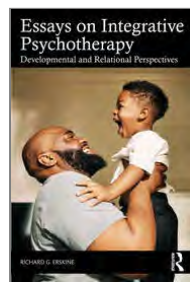
Drawing from the authors' experience as former school counselors, their research on school counselor leadership and advocacy, and their professional advocacy work, this book provides insights and strategies to develop school counselors' leadership skills. School counselors will find this book filled with the necessary knowledge and skills to effect change in schools, districts, and the public arena for the benefit of K-12 students, particularly those from historically marginalized populations.

Routledge
September 2025 : 160pp
Pb: 978-1-032-67772-9 £29.99
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Essays on Integrative Psychotherapy

Developmental and Relational Perspectives



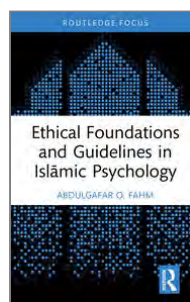
Richard G. Erskine

This book is a distinctive collection of essays on the theory and methods of a developmentally-based, relationally-focused integrative psychotherapy. In an easy-to-read style, Richard Erskine elaborates on a relationally-focused psychotherapy for acute and cumulative neglect, dissociation, alcoholism, obsession, prolonged grief, as well as psychotherapy with couples. Essays on Integrative Psychotherapy vividly illustrates the intersubjective struggle of clients who engage in the schizoid process of relational withdrawal and live in loneliness, and will be essential reading for psychotherapists and psychoanalysts in practice and in training.

Routledge
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Ethical Foundations and Guidelines in Islāmic Psychology



AbdulGafar O. Fahm Senior Lecturer, University of Ilorin, Nigeria

Series: *Islamic Psychology and Psychotherapy*

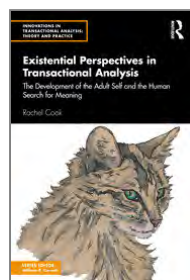
Ethical Foundations and Guidelines in Islāmic Psychology provides theoretical foundations and practical guidelines for an ethically competent integration of Islam and mental health practice. It provides a summary of the ethical challenges and concerns raised in mainstream psychological literature, along with a set of Islamically-informed ethical guidelines for the integration of Islam and mental health practice. Filling a critical void in both Islamic mental health literature and ethics literatures, this text provides mental health practitioners, instructors and researchers, and students worldwide with the tools for an ethical integration of Islam within mental health practices.

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Existential Perspectives in Transactional Analysis

The Development of the Adult Self and the Human Search for Meaning



Rachel Cook

Series: *Innovations in Transactional Analysis: Theory and Practice*

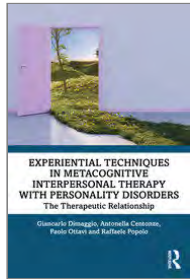
This book offers experienced practitioners and trainees in psychotherapy and counselling a new, deeply personal and theoretically-grounded perspective on clinical work that integrates existential philosophy and psychotherapy into a relational transactional analysis. Whilst predominantly for psychotherapists, counsellors and students on psychotherapy training courses, this will be essential reading for all practitioners working with human beings in groups, education and organisations, as well as those who are new to the principles of existentialism and transactional analysis.

Routledge
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Experiential Techniques in Metacognitive Interpersonal Therapy with Personality Disorders

The Therapeutic Relationship



Giancarlo Dimaggio Giancarlo Dimaggio, MD, Center for Metacognitive Interpersonal Therapy, Rome, Italy
Antonella Centonze, **Paolo Ottavi**, **Raffaele Popolo**
Centre for Metacognitive Interpersonal Therapy, Rome, Italy

This book provides a guide to using experiential techniques, such as imagery rescripting, chair work, body work, mindfulness, in metacognitive interpersonal therapy to treat personality disorders and PTSD, along with their many comorbid conditions. It acts as a guide to constructing a client first model of psychological functioning that can be used as a roadmap to change. It includes specific procedures for addressing problems in the therapeutic contract, devising and enacting imagery rescripting and other techniques. This comprehensive text will help practicing clinicians of any orientation in working with patients suffering from personality disorders and their associated symptoms.

Routledge
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Explorations in Fatherland

Psychotherapeutic Reflections on Fathers and Fatherhood



Judith Edwards

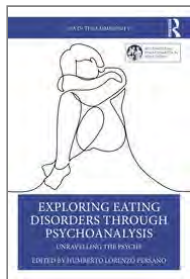
This book explores the role of fathers from a broadly psychoanalytic lens, looking at fatherhood from the evolving perspective of fathers, the rest of the family, and society as a whole. At a time when the role of men in society is ever more under debate, this book offers a fascinating and multi-faceted exploration of a key role for men and offers guidance to clinicians, and anyone interested in exploring the notion of fatherhood.

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September 2025 : 170pp
Pb: 978-1-032-85956-9 £17.99
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Exploring Eating Disorders Through Psychoanalysis

Unravelling the Psyche



Humberto Lorenzo Persano

Series: IPA in the Community

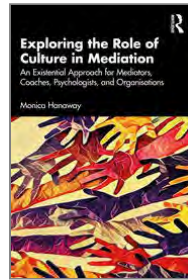
Exploring Eating Disorders through Psychoanalysis explores eating disorders as complex clinical conditions and uses psychoanalysis to explore the psychological factors behind them. Exploring Eating Disorders through Psychoanalysis will be of great interest to psychoanalysts, psychologists and psychiatrists working with eating disorders.

Routledge
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Exploring the Role of Culture in Mediation

An Existential Approach for Mediators, Coaches, Psychologists, and Organisations



Monica Hanaway

This new book explores the historical development of mediation (conflict resolution) from a cultural and existential perspective, and considers the cultural challenges involved for a mediator. Written by an experienced practitioner, Exploring the Role of Culture in Mediation will be of particular interest to all mediators, coaches and psychologists, those interested in applying philosophy to resolving conflict, and those considering mediation.

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Field Perspectives in Clinical Practice

A Dialogue between Relational Psychoanalysis, Post-Bionian Psychoanalysis, and Gestalt Therapy



Edited by **Gianni Francesetti**, **Michela Gecele**, **Paolo Migone**

Series: Psychoanalysis in a New Key

This book is the outcome of a fruitful dialogue between relational psychoanalysis, neo-Bionian psychoanalysis, and Gestalt therapy on a contemporary growing edge of clinical practice: field theory. Clinical issues are complex phenomena—they cannot be separated from social and cultural changes. Suffering, clients, and therapists change over time, and with them so do the needs and theoretical approaches of clinical professionals, so as to be able to update and adjust care practices. With multiple professional perspectives and essential clinical material, this is key reading for psychoanalysts and psychotherapists.

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June 2025 : 240pp
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Fighting for Love: Journal of a Training Analysis



Marianne Lovink Goldsmith

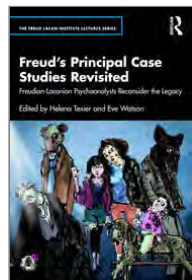
Fighting for Love: Journal of a Training Analysis is a unique account of an eight-year psychoanalysis, journaled and retrospectively annotated from the patient's perspective in the aftermath of an unexpected and frightening dissociation. This book tells the story of that analysis in two parts. Part One places the analysis in its dynamic and historical context. Part Two is an edited version of Lovink Goldsmith's original journal with retrospective and expository comments inserted, documenting the evolution of the transference and the relationship with her analyst. This book will resonate with anyone who has experienced trauma or who treat its aftermath.

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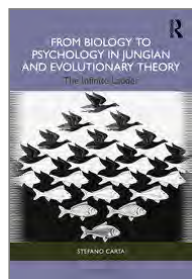
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From Biology to Psychology in Jungian and Evolutionary Theory

The Infinite Ladder



Stefano Carta

This ground-breaking book re-positions C.G. Jung's legacy, and the field of analytical psychology, within the panorama of contemporary knowledge in biology, psychology and anthropology, on the grounds of the role of affects and emotion as the foundation of all psychic activity. With international appeal and original and interdisciplinary in scope, this will be of great interest to Jungian scholars and analysts, as well as students and those on Jungian-oriented training courses.

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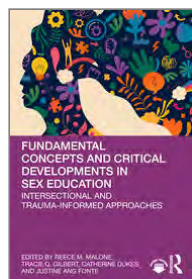
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Fundamental Concepts and Critical Developments in Sex Education

Intersectional and Trauma-Informed Approaches



Edited by **Reece M. Malone , Tracie Q Gilbert , Catherine Dukes , Justine Ang Fonte**

This comprehensive resource equips emerging and experienced sexuality educators with contemporary frameworks for trauma-informed, equitable, and anti-oppressive education. With practical applications and reflective questions, this book is a vital guide for creating and teaching impactful, inclusive sex education for diverse audiences.

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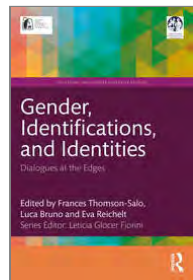
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Gender, Identifications, and Identities

Dialogues at the Edges



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Series: *IPA Sexual and Gender Diversity Series*

Gender, Identifications, and Identities considers the increasing visibility of sexual and gender diversity and reflects on how this is felt within psychoanalysis. Gender, Identifications, and Identities will be key reading for psychoanalysts and psychotherapists in practice and in training. It will also be of interest to academics of psychoanalytic studies and gender studies.

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Going on Being in Challenging Times

Psychoanalytic Reflections



Edited by **Michelle Flax , J. Gail White**

In this volume, we explore what it is to live through trauma while experiencing huge losses that threaten our well-being. The book demonstrates how clinicians can help patients regain meaning and purpose once again. We have all been shaken by the winds of unsettling social and political change over the past few years; hence this book will appeal to a wide audience. Psychoanalysts, psychologists, psychotherapists, psychiatrists, clinical social workers, counselors, students and others in the helping professions will find this book essential reading, as will members of the wider public who have experienced challenges in their own or their loved one's "going-on-being".

Routledge

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Group Cognitive Behavior Therapy for Eating Disorders



Suzanne Bailey-Straebl , Laura Sprock

This treatment guide equips therapists with the necessary tools to implement the leading recommended treatment for eating disorders, 'enhanced' cognitive behavior therapy (CBT-E), in a group format. This book is a vital resource for therapists seeking clear guidance on implementing CBT-E in group format. Its practical components, such as clinical examples, therapist insights, patient handouts, and detailed CBT-E formulation guidance, are useful for all CBT-E therapists.

Routledge

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Group Therapy for Complex Trauma

A Schema-Informed Approach



Judith A. Margolin Private practice, New Jersey, USA

Group Therapy for Complex Trauma provides a roadmap for professionals trying to address the many issues that arise in group treatment. It's an excellent training resource for mental health professionals working in institutions that provide higher levels of acute care, including inpatient, partial hospitalization and/or intensive outpatient programs, as well as those running groups in traditional outpatient settings.

Routledge

October 2025 : 274pp

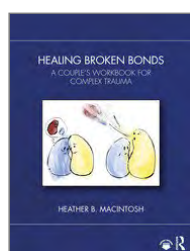
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Healing Broken Bonds

A Couple's Workbook for Complex Trauma



Heather B. MacIntosh

This one-of-a-kind theoretical and practical workbook provides couples with tools to work towards healing their relationships and experiences of trauma. This workbook will be an invaluable resource for mental health professionals working with trauma survivors and those are using Developmental Couple Therapy for Complex Trauma (DCTCT) with the couples they work with. The book is essential reading for trauma survivor couples and individuals looking to build stronger and healthier relationships, as well as couple and family therapists, counsellors, and other mental health professionals who help clients navigate experiences of trauma.

Routledge

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Pb: 978-1-032-36246-5 £22.99

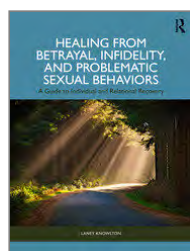
Hb: 978-1-032-36247-2 £120

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Healing from Betrayal, Infidelity, and Problematic Sexual Behaviors

A Guide to Individual and Relational Recovery



Laney Knowlton

This compassionate and practical guide is designed to help individuals and those in relationships navigate the aftermath of problematic behavioral patterns, infidelity, and betrayal. This comprehensive guide is essential to individuals, couples, and relationships struggling with infidelity and problematic behavioral patterns, as well as therapists looking to provide meaningful support to their clients.

Routledge

October 2025 : 216pp

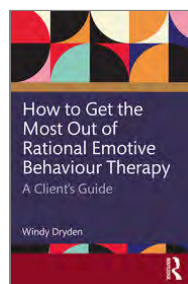
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How to Get the Most Out of Rational Emotive Behaviour Therapy

A Client's Guide



Windy Dryden Goldsmiths, University of London, UK

How to Get the Most Out of Rational-Emotive Behaviour Therapy (REBT): A Client's Guide is aimed at those who are either considering consulting or already seeing a REBT therapist. This concise and practical guide will help you to understand REBT, how to get the most out of each session, and how you can ensure that you continue to benefit from it once therapy has ended.

Routledge

June 2025 : 118pp

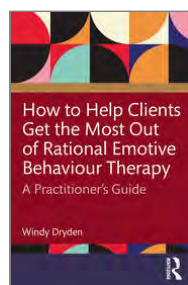
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How to Help Clients Get the Most Out of Rational Emotive Behaviour Therapy

A Practitioner's Guide



Windy Dryden Goldsmiths, University of London, UK

This book aims to assist therapists in helping their clients decide if Rational Emotive Behaviour Therapy (REBT) is for them and, if so, how to get the most out of the model. This book is designed for all REBT therapists, whether experienced or in training.

Routledge

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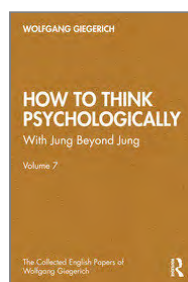
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How to Think Psychologically

With Jung Beyond Jung



Wolfgang Giegerich

Series: The Collected English Papers of Wolfgang Giegerich

This book discusses the psychological understanding of, and approach to, various central questions and aspects of psychological reality, in each case critically examining under what conditions one's interpretation qualifies as 'truly psychological', i.e. fulfilling the criteria of a rigorous notion of psychology in the Jungian tradition. This will be of great interest to the Jungian community, psychotherapists and psychoanalysts training in Jungian theory and practice, as well as those interested in psychological, theological and philosophical issues.

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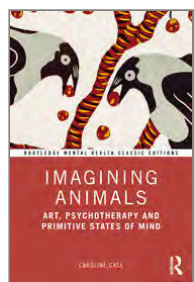
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Imagining Animals

Art, Psychotherapy and Primitive States of Mind



Caroline Case

Series: Routledge Mental Health Classic Editions

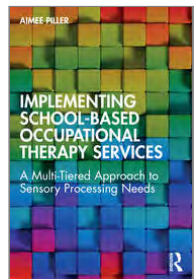
This classic edition of *Imagining Animals* explores how the making of animal images in art therapy and child psychotherapy can act as a powerful catalyst for children who may be struggling with communication. *Imagining Animals* offers a unique insight into the role and representation of animal imagery in art therapy and child psychotherapy. This is an essential read for all arts and play therapists working with children as well as adult psychotherapists interested in the use of imagery.

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Implementing School-Based Occupational Therapy Services

A Multi-Tiered Approach to Sensory Processing Needs



Aimee Piller

This book focuses on providing occupational therapy sensory interventions through a tiered approach to help improve academic participation, covering assessment of the sensory aspects of the environment and population as well as at the group level. While there are many reasons students might require support, this book zeroes in on sensory processing challenges and their impact on classroom participation and academic performance. By addressing these needs, occupational therapy practitioners can foster a more inclusive, engaging, and supportive learning environment for every student.

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Implementing Single-Session Psychotherapy

When No Appointment Is Necessary



Edited by **Monte Bobele, Arnold Slive**

This book provides the theoretical underpinnings, research, support, and techniques, to implement open-access/single-session therapy. This book is essential for clinicians and professionals offering or thinking about offering single-session therapy in open-access services.

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2ND EDITION

Increasing Resilience in Police and Emergency Personnel

Strengthening Your Mental Armor



Cover Image
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Stephanie M. Conn First Responder Psychology, Oregon, USA

Increasing Resilience in Police and Emergency Personnel illuminates the psychological, emotional, behavioral, and spiritual impact of police work on police officers, administrators, emergency communicators, and their families. It includes significant expansions of practical strategies based on advances in sleep science, optimizing performance and cognitive functioning based on developments in neuroscience, advanced peer support practices, and innovations in health and wellness.

Individual Adventure Psychotherapy

An Experiential Approach to One-on-One Treatment



Gary Stauffer, D. Maurie Lung, Tony G. Alvarez, Kim Sacksteder, Anita R. Tucker, Bobbi Beale

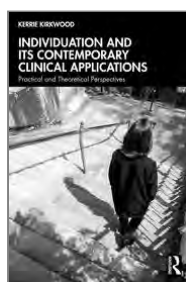
Individual Adventure Psychotherapy provides a clinical model for utilizing adventure therapy in individual therapy sessions, exploring key foundations, theories, and ethics of the practice approach. This text is critical for providing students and clinical practitioners a strong foundation for ethical, intentional, and effective experiential practice.

Routledge
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Individuation and its Contemporary Clinical Applications

Practical and Theoretical Perspectives



Kerrie Kirkwood

This insightful book identifies key points of reference for the delivery of ethical treatment to patients with extreme and entrenched pathologies. Readers are offered an invitation to the intensity and complexity of individuation. Presented in an accessible way and featuring stories told that are touching and, in some instances, downright chilling, this is an essential resource for therapists and mental health practitioners, as well as anyone with an interest in this field of psychology.

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Inside Psychosis

A clinical and therapeutic exploration of working on male and female acute psychiatric wards



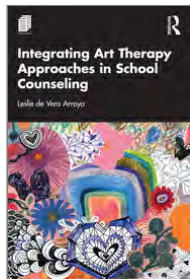
Helen L Holmes King's College London, UK

This book offers an introductory overview of treatment of psychosis in in-patient acute ward settings, looking at both male and female wards. With clear guidance on how to understand and work with psychosis in an inpatient setting, and how many unconscious factors can affect patients and staff, this is key reading for psychiatrists, psychoanalysts and therapists, clinical psychologists, and other mental health professionals working in inpatient acute care and community settings.

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Integrating Art Therapy Approaches in School Counseling



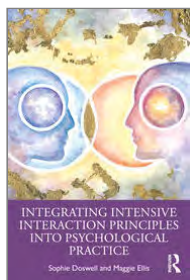
Leslie de Vera Arroyo

Using this book, school counselors can increase their knowledge on the benefits of art therapy approaches in school counseling. This book serves as a frame of reference for school counselors to use throughout their careers, as it includes examples of integrating art into direct school counseling services, art directives and prompts, case studies, and how to process art in a safe and inclusive way within the school counselor role. Readers will recognize that art is a valuable resource to obtain the information they need from students in a creative way, and as an alternative and/or supplement to the traditional talk therapy counseling session.

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Integrating Intensive Interaction Principles into Psychological Practice



Edited by Sophie Doswell, Maggie Ellis

This book details how to use Intensive Interaction as a psychologically informed practice when working with 'seldom-heard' clients. The first book on Intensive Interaction written by psychologists for psychological practitioners, this book will appeal to trainee and qualified clinical and counselling psychologists and psychological practitioners including creative therapists and counsellors.

Routledge
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Integrative Systemic Supervision

Training Therapists to Work with Individuals, Couples, and Families



Yaliu He, Nathan Hardy, Adam Fisher, Neil Venketramen

Series: *The Family Institute Series*

This book provides a comprehensive guide to applying Integrative Systemic Therapy (IST) principles in clinical supervision and training. It offers a solution to the challenges therapists face when integrating diverse therapeutic models. Invaluable to supervisors in marriage and family therapy, counseling, clinical psychology, and social work, the book equips readers with essential tools to enhance their supervision practice and expand their expertise in integrative therapy.

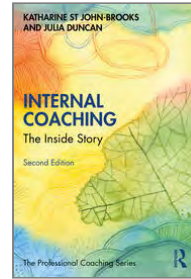
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2ND EDITION

Internal Coaching

The Inside Story



Katharine St John-Brooks, Julia Duncan

Series: *The Professional Coaching Series*

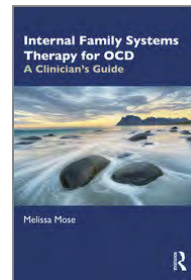
Internal Coaching: The Inside Story provides a window into the world of internal coaching: the challenges and rewards for the coaches themselves and how organisations can ensure that they can get best value for money from their investment in them. Whether you're an experienced coach, a leader building a coaching culture within your organisation, or someone just beginning to explore this fascinating field of practice, this book is here to support and inspire you on that journey.

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Internal Family Systems Therapy for OCD

A Clinician's Guide



Melissa Mose

Internal Family Systems Therapy for OCD offers a groundbreaking integration of the compassionate, parts-based IFS approach with evidence-based OCD treatments. This invaluable book is essential reading for family therapists and clinical psychologists who are interested in IFS and treat clients with OCD and other anxiety disorders.

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International Family Systems Therapy

Global Perspectives on the Healing Power of Families



Edited by **Maurizio Andolfi, Peter Fraenkel, Antonello D'Elia**

Detailing a wide range of systemic approaches to mental health and relational issues, this essential guide demonstrates the power of family systems therapy as a means of fostering genuine human, relational, and societal transformation. This text is essential reading for mental health and human service practitioners, researchers, policymakers, as well as graduate level trainees in all mental health disciplines.

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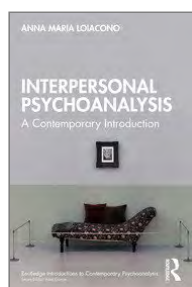
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Interpersonal Psychoanalysis

A Contemporary Introduction



Anna Maria Loiacono

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In this book, Anna Maria Loiacono introduces the reader to the origins of Interpersonal Psychoanalysis, its most important concepts, and their clinical value. Part of the Routledge Introductions to Contemporary Psychoanalysis series, this book is a vital read for all analysts in practice and training, as well as psychologists and psychiatrists.

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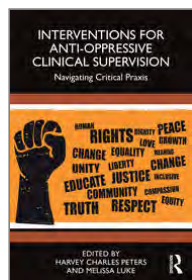
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Interventions for Anti-Oppressive Clinical Supervision

Navigating Critical Praxis



Edited by **Harvey Charles Peters, Melissa Luke**

Interventions for Anti-Oppressive Clinical Supervision reimagines the current landscape of clinical supervision training and praxis by offering 50 transformative interventions grounded in the principles of anti-oppression. This book provides readers with the foundation to create brave supervision spaces and processes that foster healing, equity, and personal to societal change, setting a new standard for liberating mental health professionals and their communities.

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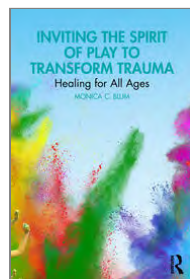
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Inviting the Spirit of Play to Transform Trauma

Healing for All Ages



Monica C. Blum Private practice, New Jersey, USA

This unique and accessible book unites leading-edge trauma approaches with the power of playful practice to treat traumatized clients of all ages. It empowers therapists working at the heart of trauma treatment to compassionately hold space for the depth of trauma's painful, isolating effects while embodying play's life-affirming, joyful, and transformational qualities to make trauma healing more fun, creative, engaging, and effective.

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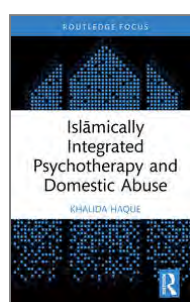
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Islāmically Integrated Psychotherapy and Domestic Abuse



Khalida Haque Mind CHWF, UK

Series: Islamic Psychology and Psychotherapy

Islāmically Integrated Psychotherapy and Domestic Abuse offers a culturally sensitive and comprehensive approach to understanding and addressing domestic abuse within Muslim communities. Islāmically Integrated Psychotherapy and Domestic Abuse is invaluable for practitioners, students, and community workers seeking to navigate the intersections of faith, culture, and therapeutic practice when responding to and working within cases of domestic abuse in Muslim communities.

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Jung and Star Wars

A Contemporary Mythology



S.G. Ellerhoff Trinity College, Dublin

Jung and Star Wars is a comprehensive deep dive, analyzing the Star Wars phenomenon from the perspective of analytical psychology as a living mythology in our time. With Star Wars being ubiquitous in mainstream pop culture, this book will be of interest to both Jungian analysts and scholars, as well as academics in the fields of film studies and popular culture, offering a fresh and lesser-known perspective on depth psychology.

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Jungian and Psychoanalytic Perspectives on Christmas

Origins, Motifs, and Psychological Significances



Kendrick Lyddon Norris

By examining its history, traditions, symbols, and representation in the arts through the lens of three major schools of depth psychology, Kendrick L. Norris, a Jungian Analyst and minister, shows how better understanding of the promise of Christmas can allow us to discover what it is we long for most. This volume will appeal to Jungian Analysts, psychoanalysts, and psychotherapists, as well as those interested in religion and its relation to depth psychology.

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Keep in Mind

Mental Wellness Resources for Everyone and How to Use Them



Krista Agler Private practice, Indiana, USA

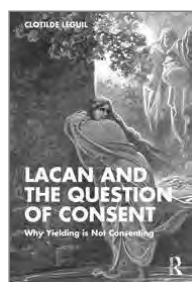
Keep in Mind explores already available resources that make practical mental health possible for everyone. Taking a holistic approach, the book presents fifteen resources that serve the full spectrum of the human experience. Organized topically for ease of reference, Keep in Mind celebrates each resource with research, insight, and inspirational stories. Readers will come away from the book with an increased confidence for pursuing greater mental health, a deeper understanding of the brain-body connection, and a toolbox of ready resources for building a lifestyle of mental wellness.

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Lacan and the Question of Consent

Why Yielding is Not Consenting



Clotilde Leguil

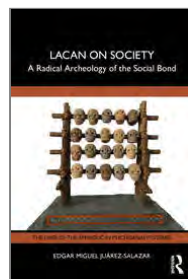
Clotilde Leguil explores the boundary between "consenting" and "yielding" from a Lacanian standpoint. Lacan and the Question of Consent will be of interest to psychoanalysts and psychoanalytic theorists. It will be relevant for academics and scholars of Lacanian studies, gender studies, feminism and human rights.

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Lacan on Society

A Radical Archeology of the Social Bond



Edgar Miguel Juárez-Salazar Universidad Autónoma Metropolitana-Xochimilco (UAM-X), Mexico

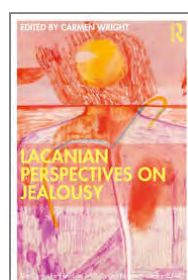
Series: *The Lines of the Symbolic in Psychoanalysis Series*

Lacan on Society is an exhaustive archeological and contingent review of Lacan's approaches to society throughout his work, seminars, and écrits. Lacan on Society will be of great interest to academics and scholars of psychoanalysis, critical theory and Lacanian studies. It will also be relevant to academics and scholars of political economy, cybernetics, post-Marxist thought, gender studies and sociology.

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Lacanian Perspectives on Jealousy



Edited by **Carmen Wright**

Series: *The Centre for Freudian Analysis and Research Library (CFAR)*

A great effort has been made in contemporary Western culture to move beyond jealousy in our private lives. This collection takes the temperature of jealousy today – how does it show up in the clinic? Does this differ from how it used to? What can be said of how jealousy functions both psychically and socially? This book is for anyone interested in psychoanalysis, be they readers or historians of psychoanalysis, or clinicians looking for ways to approach jealousy in their practice. It is also for anyone who knows what it is to suffer jealousy, which if Freud was right, is most of us.

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Learning and Unlearning through the Clinical Encounter

Becoming a Psychoanalytic Psychotherapist



Edited by **Francesca Hume, Helen Barker**

Series: *Tavistock Clinic Series*

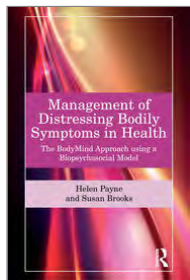
This book examines the learning process of becoming a psychoanalytic practitioner and presents training experiences at the Tavistock Clinic through the lens of both teachers and trainees. With rich clinical vignettes and personal reflections on training experiences, this book is key reading for all psychoanalysts and psychotherapists involved or interested in training.

Routledge
May 2025 : 328pp
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Management of Distressing Bodily Symptoms in Health

The BodyMind Approach using a Biopsychosocial Model



Helen Payne Professor, University of Hertfordshire, UK
Susan Brooks

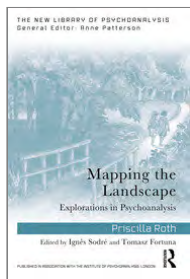
This book presents a solution to the problem of lack of treatment for medically unexplained symptoms and body distress disorder by providing a comprehensive introduction to The BodyMind Approach and outlines guidance on applying TBMA to facilitated groupwork with patients/clients. This is essential reading for healthcare professionals and mental health practitioners as well as those who are, or wish to train, as a TBMA facilitator. It will also be a compelling read for a variety of other professions, including, but not limited to, dance movement psychotherapists, arts psychotherapists, counsellors, health coaches, clinical psychologists, GPs, pain clinic staff and nurses.

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Mapping the Landscape

Explorations in Psychoanalysis



Edited by **Ignes Sodre**, **Priscilla Roth**, **Tomasz Fortuna**

Series: New Library of Psychoanalysis

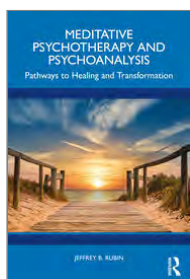
Mapping the Landscape: Explorations in Psychoanalysis offers an overview and exploration of Priscilla Roth's unique contribution to psychoanalysis over the course of her long and distinguished career. This book takes the reader on a journey through psychoanalytic clinical practice and the significance of themes such as: identity, identification, idealisation and reparation. Reflecting her strong compassion for patients and depth of understanding of the nature of psychoanalysis, this is key reading for psychoanalysts, psychotherapists, and anyone interested in the experiences underpinning humanity in each of us.

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Meditative Psychotherapy and Psychoanalysis

Pathways to Healing and Transformation



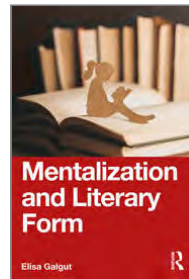
Jeffrey B. Rubin

Dr. Jeffrey Rubin's work—the culmination of four decades immersed in psychoanalysis and Eastern mind-body disciplines—introduces a unique method uniting these wisdom traditions. While both aim to alleviate suffering, their attempts at integration often remain superficial. Rubin demonstrates how therapy and meditation compensate for each other's blind spots, providing richer understanding and opening unexpected pathways to healing and transformation. These works create a powerful resource for therapists, spiritual seekers, and anyone interested in personal growth, offering a natural path to psychological healing and a more meaningful life.

Routledge
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Mentalization and Literary Form



Elisa Galgut

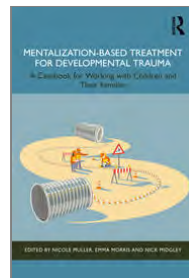
This book examines the ways in which literary form facilitates mentalization and our ability to be aware of our own and others' mental states, showing how we can use this awareness to make sense of our experiences and interactions. Assuming no prior knowledge of complex psychoanalytic concepts, *Mentalization and Literary Form* is aimed at academic and graduate students focusing on literary studies and philosophy, as well as psychoanalysts interested in Literature.

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Mentalization-Based Treatment for Developmental Trauma

A Casebook for Working with Children and Their Families



Edited by **Nicole Muller**, **Emma Morris**, **Nick Midgley**
Anna Freud Centre, London, UK

Mentalization-Based Treatment for Developmental Trauma offers mental health practitioners a transdiagnostic model to support the needs of traumatised children with both internalising (emotional) and externalising (behavioural) difficulties and shows how MBT can be applied to meet the needs of children who have experienced various types of developmental trauma. This book is a vital resource for child counsellors, psychologists, psychoanalysts and therapists who work with children who have experienced developmental trauma, as well as junior psychologists and child psychiatrists, mental health nurses, social workers and others working in child mental health services.

Routledge
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Metacognitive Therapy

Modern Approaches for Transdiagnostic Case Formulation and Treatment



Göran Parment Private practice, Stockholm, Sweden

Series: Clinical Topics in Psychology and Psychiatry

Metacognitive Therapy is an indispensable guide both for experienced and newly trained therapists who sometimes feel stuck or who are looking for a clear roadmap for conceptualizing and treating complex and comorbid problems. The book also discusses common doubts and questions about MCT's application as well as MCT's potential as a paradigm-shifting form of psychotherapy.

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Rodrigo Gonsalves

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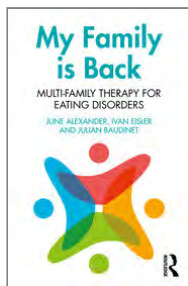
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Integrating EcoWellness into Counseling



Ryan F. Reese Oregon State University–Cascades, USA

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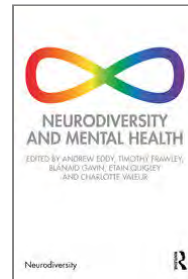
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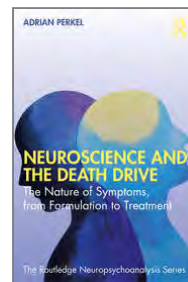
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A Scientific Life Investigating How Maltreatment Harms Children and the Adults They Become



Frank W. Putnam University of North Carolina at Chapel Hill, USA

Old Before Their Time is the deeply personal story of a 35-year scientific investigation of the effects of childhood sexual abuse on child development and adult outcomes. The startling conclusion is that early childhood trauma accelerates biological aging of the body and the mind. This book provides answers as well as recommendations to improve child protection and treatment services which impact millions of children and families every year. Written for a general science reader, this engaging book is well-referenced for professionals who work with children or adults with histories of child maltreatment.

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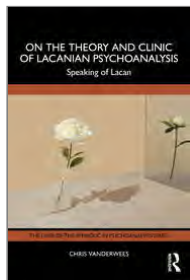
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Partnering with AI in Coaching and Human Skills Development

A Constructivist Guidebook for Innovation



Jelena Pavlović

AI in Coaching and Human Skills Development explores the transformative impact of Artificial Intelligence (AI) on coaching practices, and more broadly on learning and development. Drawing on the real-world case studies, cutting-edge research, and practical insights, this book provides a comprehensive guide for HR professionals, executive coaches, L&D experts, organizational leaders and AI enthusiasts seeking to leverage AI in their work.

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Optimizing Therapy Dog-Handler Team Welfare

A Guide for Researchers and Practitioners



John-Tyler Binfet University of British Columbia, Canada
Christine Yvette Tardif-Williams Brock University, Ontario, Canada

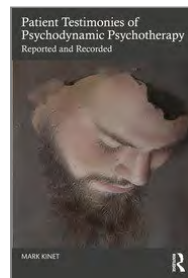
Informed by research and grounded in critical discussions of theory and practice, Optimizing Therapy Dog-Handler Team Welfare challenges readers to explore the complexities inherent in, and arising from, practices that prioritize the welfare of therapy dog-handler teams. Researchers, educators, and practitioners from across disciplines will find this book both scientifically savvy and practical.

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Patient Testimonies of Psychodynamic Psychotherapy

Reported and Recorded



Mark Kinet Psychoanalyst in private practice, Belgium

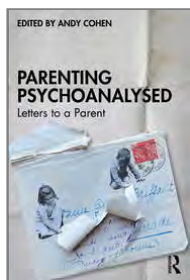
In this unique and candid book, nearly 40 patients offer personal and straightforward testimonies of their experiences in psychodynamic psychotherapy. This book offers psychoanalysts, psychotherapists and psychiatrists a rare opportunity to glimpse inside the mind of patients and explore the psychotherapeutic journey from an entirely new perspective.

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Parenting Psychoanalysed

Letters to a Parent



Edited by **Andy Cohen**

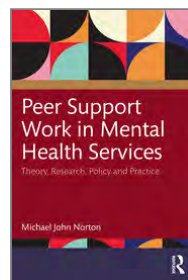
The first book of its kind, Parenting Psychoanalysed: Letters to a Parent collates the musings of a thoughtful group of psychoanalysts with a series of candid letters, each addressing the aspect of parenthood they most want to share and what they wish they knew before becoming a parent. This thought-provoking book connects parents through personal stories and profound psychoanalytic insights, and is an essential read for every mother, father and caregiver.

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Peer Support Work in Mental Health Services

Theory, Research, Policy and Practice



Michael John Norton University College Cork, Ireland

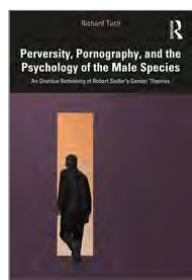
Responding to a growing understanding surrounding the unique knowledge and skill set of individuals with lived experience of mental health conditions, this book responds to a gap in current literature by exploring the role of peer support work through the four realms of theory, research, policy and practice with a particular focus on mental health discourses. An essential read for anyone working within mental health services, this book provides a comprehensive guide to peer support work for mental health professionals, programme managers, peer support workers and service users.

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Perversity, Pornography, and the Psychology of the Male Species

An Overdue Rethinking of Robert Stoller's Gender Theories



Richard Tuch

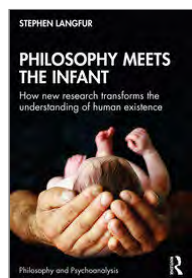
This book presents an overview of present-day psychoanalytic thinking about the perverse spectrum: perverse thinking (disavowing reality), perverse modes of relating (manipulating others for one's own gain at the other's expense), and perverse character structure (toying with another's sense of reality), culminating in a clinical exploration of the challenges associated with treating patients who manifest perverse transference reactions. With fascinating clinical vignettes and a deep understanding of the source material, this is key reading for psychoanalysts and psychotherapists working with men.

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Philosophy Meets the Infant

How New Research Transforms the Understanding of Human Existence



Stephen Langfur

Series: Philosophy and Psychoanalysis

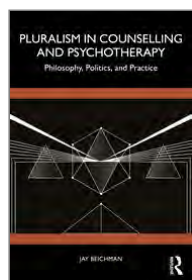
Stephen Langfur's *Philosophy Meets the Infant* integrates groundbreaking infancy studies of the last 50 years to offer a fresh exploration of our drive for human connection. Organized into three parts ("The You-I Event in infancy and why it disappears," "The You-I Event after infancy," and "Philosophical Issues"), this book will be of keen interest to philosophers, infancy researchers, and anyone seeking new light on the major questions of human existence.

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Pluralism in Counselling and Psychotherapy

Philosophy, Politics, and Practice



Jay Beichman

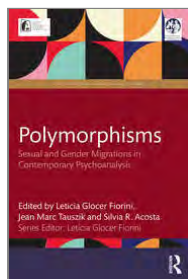
This book explores the concept of pluralism in therapy, emphasising the value of multiple therapeutic approaches. It introduces 'pluralistic therapy', developed by Mick Cooper and John McLeod, as a response to divisions in the therapy field, particularly the dominance of CBT and medicalised models. Addressing contemporary challenges such as the SCoPEd framework, the rise of AI, and the resurgence of psychedelic therapies, this is an essential read for any therapist or mental health practitioner who is interested in learning more about pluralistic approaches to therapy.

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Polymorphisms

Sexual and Gender Migrations in Contemporary Psychoanalysis



Edited by Leticia Gloer Fiorini, Jean Marc Tauszik, Silvia R. Acosta

Series: IPA Sexual and Gender Diversity Series

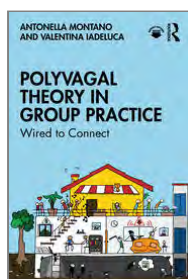
Polymorphisms presents an overview of key theories, ideas and issues within psychoanalysis relating to sexual and gender diversity. *Polymorphisms: Sexual and Gender Migrations in Contemporary Psychoanalysis* will be essential reading for psychoanalysts and psychotherapists in practice and in training. It will also be of interest to academics of psychoanalytic studies and gender studies.

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Polyvagal Theory in Group Practice

Wired to Connect



**Antonella Montano A.T. Beck Institute, Rome, Italy
Valentina Iadeluca**

This book provides a 10-week program for conducting polyvagal theory in group practice, using the polyvagal lens to help people learn how their autonomic nervous system works, map their autonomic activation states, and modulate them through a series of practical tools. *Polyvagal Theory in Group Practice* is structured in an effective and easy-to-teach curriculum that makes its conduction accessible not only to psychologists and psychotherapists but also to other helping professionals including teachers, doctors, nurses, and community workers.

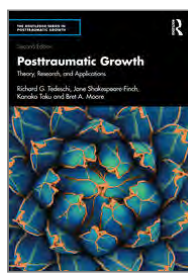
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2ND EDITION

Posttraumatic Growth

Theory, Research, and Applications



Richard G. Tedeschi Boulder Crest Foundation, Virginia, USA, **Jane Shakespeare-Finch** Queensland University of Technology, Australia, **Kanako Taku** Oakland University, Michigan, USA, **Bret A. Moore** Boulder Crest Institute, Virginia, USA

Series: The Routledge Series in Posttraumatic Growth

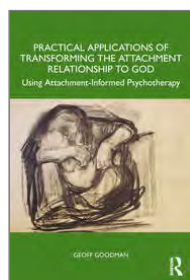
The new edition of *Posttraumatic Growth: Theory, Research, and Applications* includes the latest developments in the science of posttraumatic growth, including responses to the COVID-19 pandemic, epigenetics, and new interventions to facilitate growth after trauma. The book provides a wide range of answers to questions about the theory behind posttraumatic growth (PTG), its synthesis and contrast with other theories and models, and its applications in diverse settings.

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Practical Applications of Transforming the Attachment Relationship to God

Using Attachment-Informed Psychotherapy



Geoff Goodman Emory University, Georgia, USA

Practical Applications of Transforming the Attachment Relationship to God discusses four distinct attachment relationships to the God of personal spiritual experience and considers how each of these relationships has implications for working with clients in psychotherapy. Practical Applications of Transforming the Attachment Relationship to God will be a valuable resource for psychoanalysts, psychotherapists, and marriage and family therapists in practice and in training.

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Basic to Advanced Principles



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Jeffrey S. MacDaniels SUNY Upstate Medical University, New York, USA
Thomas L. Schwartz SUNY Upstate Medical University, New York, USA

Series: Clinical Topics in Psychology and Psychiatry

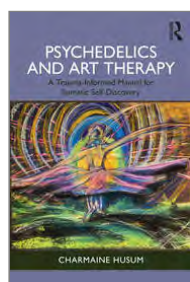
Practical Psychopharmacology, 2nd ed, takes the novel approach of writing at three different levels—beginning, intermediate, and advanced—to give the practicing psychopharmacologist a tailored experience. The book's structure allows clinicians to access the material they need throughout the care of an individual patient and to gradually progress through a series of more advanced psychopharmacological techniques for making accurate and efficient diagnoses.

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Psychedelics and Art Therapy

A Trauma-Informed Manual for Somatic Self-Discovery



Charmaine Husum

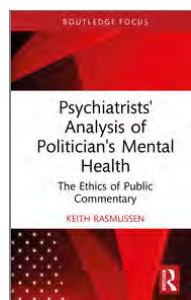
This book serves as a vital resource for clinicians, therapists, and individuals aiming to integrate their psychedelic experiences through the transformative practice of art therapy. Rooted in a trauma-informed approach, Psychedelics and Art Therapy offers guidance on navigating the profound psychological and emotional shifts that often accompany such journeys. As the conversation around psychedelics in therapy evolves, this essential guide provides a structured and compassionate approach to integration and healing, ensuring long-term personal empowerment and inner well-being.

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The Ethics of Public Commentary



Keith Rasmussen

This book discusses the validity, ethics, and usefulness of professional public commentary of politician's mental health and provides an alternative model for professionals to do so in an ethical manner. Students and trainees in the mental health sector will come away from the book with a better understanding of the ethical concerns inherent in commenting publicly on public officials' mental health, and they'll find valuable guidance on how to do so in an ethical way.

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Psychoanalysing Horror Cinema



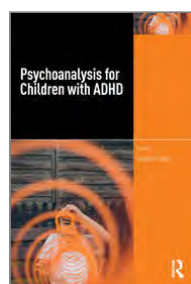
Mary Wild

Inspired by the Wild About Horror segments on the Evolution of Horror Podcast, Psychoanalysing Horror Cinema explores 50 films across 6 subgenres—Mind, Body, Nature, Aliens, Vampires and Home Invasion, through close readings of titles including Mulholland Drive, Black Swan, Jaws, Predator, Twilight and Misery. With a foreword by Mike Muncer, its an essential for film students, cinephiles and curious readers alike. Practising and training analysts seeking a way to engage with clients will also find inspiration. For both seasoned theorists and newcomers to psychoanalysis, Wild embraces horror as a vital site for introspection, catharsis and erotic awakening.

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Psychoanalysis for Children with ADHD



Edited by **Sébastien Ponnou**

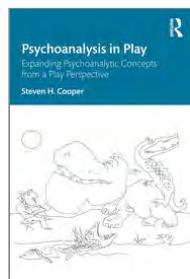
In Psychoanalysis for Children with ADHD, a group of eminent analysts highlight the positive impact that psychoanalytic work and the clinical space can have on children with Attention Deficit Hyperactivity Disorder. Written in accessible language, this volume will be of interest to all psychoanalysts and psychotherapists working with children, as well as those offering specialised care in a medical or educational setting.

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Psychoanalysis in Play

Expanding Psychoanalytic Concepts from a Play Perspective



Steven H. Cooper

In this book, Steven H. Cooper expands on his thinking of psychoanalysis as a form of play, and the implications of this for theory and clinical practice. With rich clinical vignettes and a fresh take on the nature and practice of psychoanalysis this book is key reading for all psychoanalysts and psychoanalytic psychotherapists.

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Psychoanalysis, Attachment and the Relationship with God

Using Psychoanalytic Techniques to Transform the Attachment Relationship to God, Practical Applications of Transforming the Attachment Relationship to God



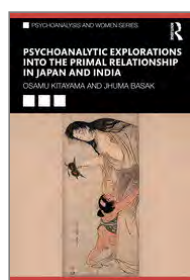
Geoff Goodman Emory University, Georgia, USA

This set demonstrates how clinicians can use Attachment-Informed Psychotherapy (AIP) to enhance clients' understanding of their relationship to God and significant others. It also discusses four distinct attachment relationships to the God of personal spiritual experience and considers how each of these relationships has implications for working with clients in psychotherapy. It will be a valuable resource for psychoanalysts, psychotherapists, marriage and family therapists, and pastoral counsellors in practice and in training.

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Psychoanalytic Explorations into the Primal Relationship in Japan and India



Osamu Kitayama, Jhuma Basak

Series: Psychoanalysis and Women Series

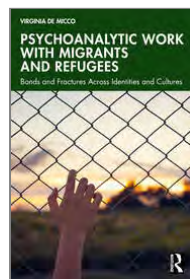
In this landmark collaboration, Osamu Kitayama and Jhuma Basak chronicle their long-standing collaboration and cultural exchange to survey the importance of familial relationships in Japan and India, exploring primal relations through a cross-cultural psychoanalytic lens. Uniquely positioned to develop understanding of how psychoanalysis has developed in non-Western countries, this book is an essential resource for psychoanalysts in training and in practice.

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Psychoanalytic Work with Migrants and Refugees

Bonds and Fractures Across Identities and Cultures



Virginia De Micco

Psychoanalytic Work with Migrants and Refugees presents a rich panorama of the clinical issues facing those who experience migration. This book is an essential manual for psychoanalysts and psychologists working with migrants and refugees, as well as social workers and care workers based in reception centres and other institutions dealing with migrants.

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Psychodynamic and Psychoanalytic Supervision

A Contemporary Introduction



Christine Driver Society of Analytical Psychology, UK

Series: Routledge Introductions to Contemporary Psychoanalysis

In this comprehensive and informative book, Christine Driver provides a systematic overview of the key issues that a supervisor of psychodynamic and psychoanalytic therapy needs to consider and understand in order to work effectively and dynamically. Part of the Routledge Introductions to Contemporary Psychoanalysis series, this book is a rich resource for all analysts, counsellors and therapists who work psychodynamically or psychoanalytically as supervisors or who are conducting supervision training.

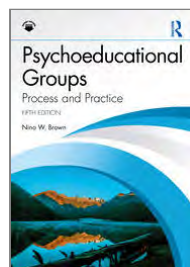
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5TH EDITION

Psychoeducational Groups

Process and Practice



Nina W. Brown Old Dominion University, Virginia, USA

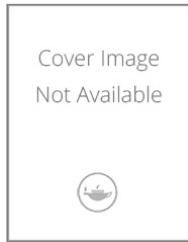
The fifth edition of Psychoeducational Groups builds on and extends the strategies and information from previous editions, describes and presents the basic and fundamental information needed to design, plan, organize structure and facilitate effective psychoeducation groups. This book includes the professional background, the educational component, the group, facilitation skills components and applications for psychoeducational groups for children, adolescents, adults and older adults.

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Psychological Growth After Trauma

Insights from Phenomenological Research



Edited by **Simon Wharne** New School of Psychotherapy and Counselling, London, UK

Series: *The Routledge Series in Posttraumatic Growth*

Psychological Growth After Trauma is a guide to moving away from assumptions about trauma as a simple form of 'psychological damage.' This is not a book that argues for a model that practitioners would be required to adopt and impose on their clients. Instead, it brings insights and explorations together, allowing the reader to build their own framework for understanding.

Routledge

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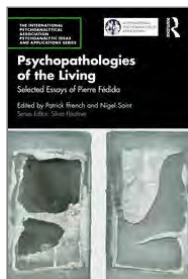
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Psychopathologies of the Living makes the work of the French psychoanalyst Pierre Fédida (1934-2002) available in English for the first time. *Psychopathologies of the Living* will be of great interest to psychoanalysts in practice and in training and to academics and scholars of philosophy, aesthetics, and literary studies.

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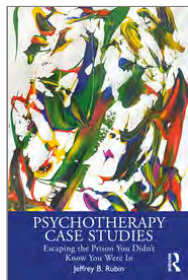
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Escaping the Prison You Didn't Know You Were In



Jeffrey B. Rubin

Psychotherapy Case Studies is composed of eleven compelling and emotionally intimate stories that illuminate the hidden psychological forces shaping our lives and the path to genuine freedom. These jargon-free narratives re-envision therapy as a sacred journey in which the therapist accompanies patients through their deepest struggles and creates an accepting home for the full spectrum of their lives. Written for both beginning and seasoned therapists, students of psychology, and anyone curious about the transformative power of authentic human connection, these inspiring stories offer sustenance and hope in challenging times.

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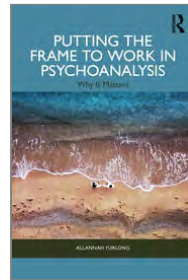
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Putting the Psychoanalytic Frame to Work

Why it Matters



Allannah Furlong

Psychoanalysis is not just about what happens in the room—it is also about the structure that holds it all together. In *Putting the Psychoanalytic Frame to Work*, Allannah Furlong rethinks one of the traditional approaches to the analytic frame, arguing that disruptions—missed sessions, consent complexities, and third-party demands—are not necessarily obstacles but can be essential moments for deepening therapeutic insight. A why-to rather than a how-to book, *Putting the Psychoanalytic Frame to Work* aims to invigorate the practice of analysts everywhere—both seasoned and in training.

Routledge

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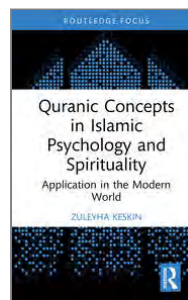
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Application in the Modern World



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This book explores how the Qur'an's timeless teachings enrich contemporary psychological theories, bridging the gap between Islamic wisdom and psychological well-being. By integrating Islamic principles with contemporary psychological insights and promoting a holistic approach to well-being, this book serves as a vital resource for personal development, academic study, and professional practice, particularly for mental health professionals working with Muslim clients.

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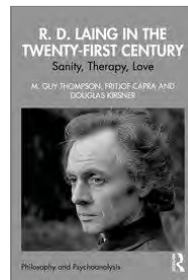
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R. D. Laing in the Twenty-First Century

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In this remarkable review of the seminal contribution of the Scottish psychiatrist and psychoanalyst, R. D. Laing, the three authors, each intimately acquainted with the subject matter, explore Laing's intellectual and clinical legacy. This volume will be of interest to those in the worlds of psychoanalysis, philosophy, science, and anyone with an interest in the work of R. D. Laing.

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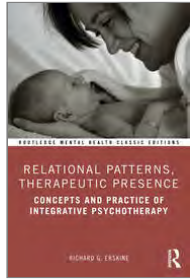
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Concepts and Practice of Integrative Psychotherapy



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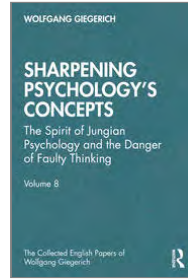
Relational Patterns, Therapeutic Presence presents a comprehensive integrative theory and style of therapeutic involvement that reflects a relational and non-pathological perspective. Written in a conversational style, Relational Patterns, Therapeutic Presence will be essential reading for psychotherapists in practice and in training.

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Sharpening Psychology's Concepts

The Spirit of Jungian Psychology and the Danger of Faulty Thinking



Wolfgang Giegerich

Series: The Collected English Papers of Wolfgang Giegerich

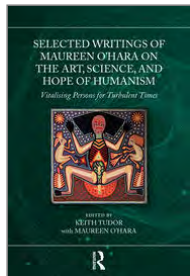
A big problem of psychology in the tradition of C.G. Jung is that many concepts and orientations are being used by its adherents that are not really compatible with a true psychology because they have their home ground in other orientations. This book will be of great interest to the Jungian community, psychotherapists and psychoanalysts training in Jungian theory and practice, as well as those interested in psychological, theological and philosophical issues.

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Selected Writings of Maureen O'Hara on the Art, Science, and Hope of Humanism

Vitalising Persons for Turbulent Times



Edited by Keith Tudor Auckland University of Technology, New Zealand, **Maureen O'Hara**

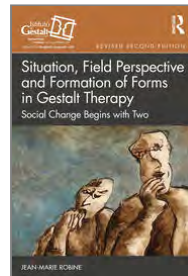
This book presents the work of the eminent British-American psychologist, Maureen O'Hara. It explores the trajectory of humanistic psychology over the last few decades, providing a link between its original proponents, notably Carl Rogers, and its contemporary manifestations. The text reproduces 18 of O'Hara's original papers arranged in six parts, each of which reflect a significant area in which she has contributed her rigorous analysis and creative thinking. Bringing together a collection of O'Hara's works to a broader audience, this book will be of interest to humanistic psychologists and psychotherapists, as well as those studying and/or training in this field.

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Situation, Field Perspective and Formation of Forms in Gestalt Therapy

Social Change Begins with Two



Jean-Marie Robine

Series: Gestalt Therapy Book Series

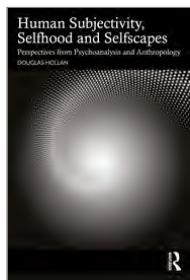
This volume contains a collection of published and unpublished essays and conference lectures prepared by Jean-Marie Robine. Following the author in his line of thought, readers can learn how Robine has explored some of the topics most dear to him, in which his insights have become key contributions over the last ten years in the international Gestalt community. Readers will be taken on a tour of Robine's unique perspectives in areas ranging from philosophical issues to social concerns, clinical insights to political perspectives, without ever losing focus of Gestalt therapy. It will be of great value to therapists and students of gestalt therapy.

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Selfscapes, Selfhoods, and Subjectivities

Perspectives from Psychoanalysis and Anthropology



Douglas Hollan

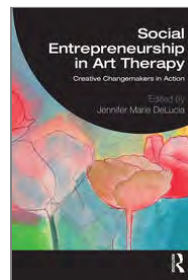
This book explores cross-cultural similarities and differences of human subjectivity and selfhood through the concept of selfscapes. Drawing on a broad theoretical base, this book is essential reading for anthropologists, psychoanalysts, social psychologists, and anyone seeking to understand the varieties and particularities of human subjectivity and selfhood.

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Social Entrepreneurship in Art Therapy

Creative Changemakers in Action



Edited by Jennifer Marie DeLucia

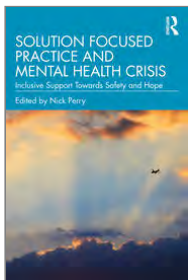
This book explores social entrepreneurship in art therapy through case studies presented by contributing authors, highlighting the work of art therapists who have used innovative and collaborative approaches to increase access to art therapy services and promote system-level changes within the communities and institutions where they practice. Practitioners in art therapy and allied mental health professions will be inspired to seek and embrace opportunities for innovation.

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Solution Focused Practice and Mental Health Crisis

Inclusive Support Towards Safety and Hope



Edited by **Nick Perry**

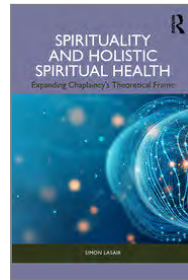
This book provides an interdisciplinary understanding of Solution-Focused Practice (SFP) and how to use the approach when working with people in mental health crisis. This will support a wide range of professionals involved in and working alongside the mental health system including psychiatrists, nurses, social workers, psychologists, therapists, counsellors, and other support staff. We hope it will also be useful for service users.

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Spirituality and Holistic Spiritual Health

Expanding Chaplaincy's Theoretical Frame



Simon Lasair St. Thomas More College, Saskatchewan, Canada

Spirituality and Holistic Spiritual Health makes the case for the key role that spiritual care and chaplaincy work play in healthcare. This book will be of interest to those researching chaplaincy and spiritual care practices, to professional spiritual care practitioners/chaplains themselves, as well as to those who work in mental health and spirituality in healthcare more generally.

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Soulful Sexual Health for Muslims

A Developmental Approach for Individuals and Clinicians



Sameera Qureshi

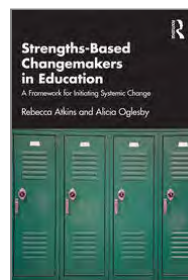
This transformative book offers a holistic approach to sexual health for Muslims, rooted in Islamic traditions of the soul. By addressing sexual health as an integrative journey connecting physical, emotional, and spiritual dimensions, it reframes this aspect of life as a sacred practice aligned with the soul's connection to God. Intended for Muslims seeking a holistic understanding of sexual health, as well as educators, therapists, Imams, and other professionals who serve Muslim communities, this book bridges the gap between contemporary sexual health needs and Islamic faith-based approaches.

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Strengths-Based Changemakers in Education

A Framework for Initiating Systemic Change



Rebecca Atkins, Alicia K. Oglesby

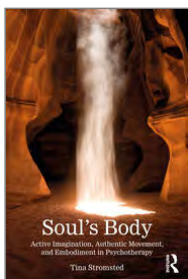
Strengths-Based Changemakers in Education is the perfect tool for educators looking for brief articles involving the history and current state of racial equity in education. The format allows for independent use or with professional learning communities, equity teams, or school improvement planning committees working to interrupt racism in their school. For use on its own or in conjunction with the authors' book Interrupting Racism, this book lends itself well to use as a guiding resource for equity teams in schools.

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Soul's Body

Active Imagination, Authentic Movement, and Embodiment in Psychotherapy



Tina Stromsted

Dr. Tina Stromsted introduces her Soul's Body® approach in this extraordinary volume, engaging the body-psyche connection in psychotherapeutic work. Through compelling case studies, the author illustrates multidisciplinary concepts, therapeutic techniques, trauma-informed practices, and teaching guidelines essential for body-psyche-spirit healing. This book is a welcome companion for anyone interested in Jungian depth work, embodied spirituality, and cultivating a vital, meaningful life.

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Stuck in a Role

Releasing Trauma in Teens through the ENACT Drama Therapy Method



Diana J. Feldman

Stuck in a Role illustrates Diana Feldman's groundbreaking ENACT Drama Therapy Method and how it can be used to help adolescents safely break free from the confining roles that distance them from their authentic selves. In a style accessible to all, Feldman shares her unique method of drama therapy, developed over more than 30 years working in the NYC school system, as well as her moving and inspiring case histories, to show educators, therapists, parents, and other supportive adults how to help teens learn crucial coping skills and build relationship skills to help move them toward new and more productive ways of being.

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3RD EDITION

Substance Abuse and the Family

Assessment and Treatment



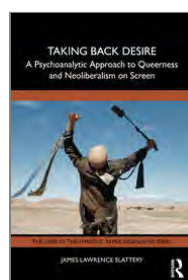
Michael D. Reiter Nova Southeastern University, USA

This fully updated third edition of *Substance Abuse and the Family* demonstrates what it means to view addiction through a systems lens by considering biology and genetics, family relationships, and larger systems. Intended for undergraduate and graduate students, as well as beginning practitioners, this text provides one of the most in-depth examinations on the topic available.

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Taking Back Desire: A Psychoanalytic Approach to Queerness and Neoliberalism on Screen



James Lawrence Slattery

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Taking Back Desire studies film, television and video art texts through a Lacanian prism to restore a sense of queer as troubling identity and resistance to neoliberal forms of inclusion. *Taking Back Desire* will be essential reading for academics and scholars of Freudian and Lacanian psychoanalysis, queer theory, late capitalism, film, television and media studies, sexuality studies, critical race theory, cultural studies and feminist theory.

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4TH EDITION

Symptoms and Signs of Substance Use



Margaret Stark University of Sydney, New South Wales, Australia
Jason Payne-James Barts and the London Medical and Dental School, London, UK
Michael Scott-Ham United Kingdom and Ireland Association of Forensic Toxicologists, UK

This fourth edition of *Symptoms and Signs of Substance Use* has been thoroughly updated and revised, continuing to provide trusted information from leading experts. Those working in primary and secondary care including general forensic medicine, emergency medicine, psychiatry, sexual offence medicine, and general practice, will find this text invaluable. The book is also an excellent resource for police officers as well as a quick reference guide for forensic scientists, toxicologists, and postgraduate students in forensic medicine courses.

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Talk To Me

Lessons from Patients and their Therapist



Bianca Denny

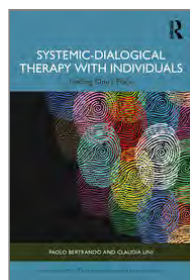
Sharing the extraordinary stories of ten everyday people engaging in psychotherapy, this book takes the reader into the room, showing the realities of being in therapy and providing insight into the perspectives of both the patient and the clinician. Denny shares her personal and professional insight through reactions of vulnerability, sadness, compassion and frustration. Readers are invited into the minds of patients as well as the internal workings of a therapist's mind. Exploring the complexity of the patient and therapist relationship, and what actually happens in therapy, this book is essential reading for qualifying and early career therapists.

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Systemic-Dialogical Therapy with Individuals

Finding One's Place



Paolo Bertrando, Claudia Lini

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In this book, Paolo Bertrando and Claudia Lini provide a comprehensive and cutting-edge overview of the systemic-dialogical approach, adapted to the ever-evolving requirements of modern-day therapy with individuals. Presenting an empathetic and inclusive understanding of contemporary life and psychic experiences, as well as personal, couple and familial relationships, this book provides invaluable techniques on how to conduct sessions, and will benefit students and practitioners of psychotherapy, including systemic family therapists, psychoanalysts, psychiatrists, psychologists, psychiatric nurses, occupational therapists, and social workers.

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The Art of Jungian Couples Therapy

An Introduction



Elizabeth Éowyn Nelson, Anthony Delmedico

Within this accessible volume, Nelson and Delmedico apply a Jungian approach to provide fresh ways of thinking about couples therapy, and the profound unconscious forces at play when couples create a life together. Firmly grounded in Jungian thought yet intimate, approachable, and up to date, the book will be an indispensable guide for professional marriage and family therapists, psychoanalysts from both Jungian and Freudian schools, counseling psychologists, and licensed social workers who already practice couples therapy or have considered working with couples.

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Martin Gledhill University of Bath

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Offering a novel conceptual methodology where Jungian psychology is used to analyse Jung's own architecture, this book offers an innovative reading of Jung's Bollingen Tower in order to explore a Jungian sense of place, situating it within a wider examination of the psychic places that influenced his work. The book opens up interdisciplinary dialogues and provides a broader context for understanding the relationship between environment and the psyche. It will therefore be of interest to scholars and postgraduate students in the fields of Jungian and analytical psychology, and architecture.

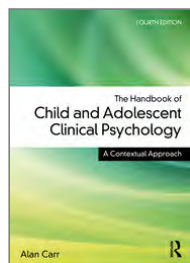
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4TH EDITION

The Handbook of Child and Adolescent Clinical Psychology

A Contextual Approach



Alan Carr University College Dublin, Ireland

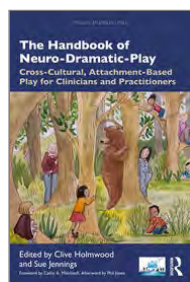
Now in its fourth edition, The Handbook of Child and Adolescent Clinical Psychology incorporates important advances in the field to provide a practice-oriented and accessible resource for clinical psychologists in training. This book is invaluable as both a reference work for experienced practitioners and as an up-to-date, evidence-based practice manual for clinical psychologists in training.

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The Handbook of Neuro-Dramatic-Play

Cross-Cultural, Attachment-Based Play for Clinicians and Practitioners A Practical Guide for Therapists



Edited by **Clive Holmwood, Sue Jennings**

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An innovative contribution to our understanding of research and practice behind Neuro-Dramatic-Play (NDP), this book demonstrates how readers may apply this attachment and play-based approach to teaching, parenting and therapy. Written for clinicians and therapists of all specialisms, this is a compelling read for any mental health practitioner seeking a practical approach to develop (or re-develop) attachment experiences for individuals who have experienced loss, neglect, rejection or abuse.

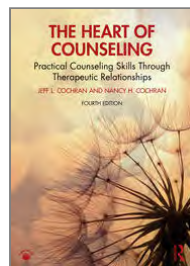
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The Heart of Counseling

Practical Counseling Skills Through Therapeutic Relationships



Jeff L. Cochran University of Tennessee, USA **Nancy H. Cochran** University of Tennessee, USA

Now in its fourth edition, The Heart of Counseling is a key resource helping students to understand the importance of therapeutic relationships and to develop the qualities that make the therapeutic relationships they build with clients the foundation of healing. This book is designed to help new counseling students understand, value, and implement therapeutic relationships that drive client change. Additionally, this book serves as a tool for experienced counselors feeling the need to renew and refocus their core skills of client connection, buy-in, and progress.

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The Hour of Birth

Psychoanalysis of the Sublime and Contemporary Art



Giuseppe Civitaresse

Series: New Library of Psychoanalysis

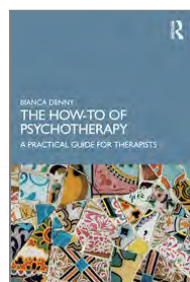
To explore the impact of psychoanalytic ideas and contemporary visual artists upon each other, this volume examines the aesthetics of the sublime as an allegory for psychic birth. Drawing on a deep understanding of both the latest psychoanalytic thinking and artistic practices, this book will appeal to all psychoanalysts and psychotherapists interested in art and questions of psychic development.

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The How-To of Psychotherapy

A Practical Guide for Therapists



Bianca Denny

This is an essential guide for therapists at the beginning of their career. It goes beyond academic theory to provide readers with confidence and competence around core aspects of therapeutic processes, contend with professional and ethical issues as well as assist in establishing their identity and standing as a therapist. Practical and accessible, this book is ideal for trainee and early-career psychologists, psychotherapists, counsellors, social workers, and other helping professionals.

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The Impossible Return – Psychoanalytic Reflections on Breast Cancer, Loss, and Mourning



Anna Fishzon

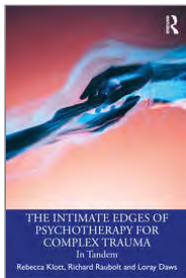
The Impossible Return – Psychoanalytic Reflections on Breast Cancer, Loss, and Mourning is a work of creative non-fiction and auto-theory. It is part cancer memoir, part psychoanalytic theorizing, and part history of late-Soviet Ukraine. Through theoretical and personal reflections on mourning and recovery after catastrophic collapses of psyche, body, and place, the book makes original contributions to psychoanalysis, Slavic and cultural studies, trauma studies, film criticism, and history. This unique work will be relevant to readers interested in psychoanalytic studies, cancer and disability studies and critical theory, and academics of auto-theory and memoir.

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The Intimate Edges of Psychotherapy for Complex Trauma

In Tandem



Rebecca Klott, Richard Raubolt, Loray Daws
Psychologist in private practice, Canada

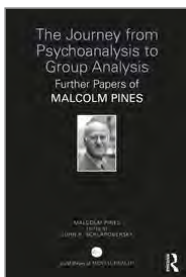
The Intimate Edges of Psychotherapy for Complex Trauma is a personal account of an analysis spanning more than twenty years, written by practicing psychoanalysts. The *Intimate Edges of Psychotherapy for Complex Trauma* will be essential reading for clinicians, trainees and students in the fields of psychoanalysis, psychoanalytic psychotherapy, counselling, social work, and counselling and clinical psychology.

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The Journey from Psychoanalysis to Group Analysis

Further Papers of Malcolm Pines



Edited by John Schlapobersky, Malcolm Pines

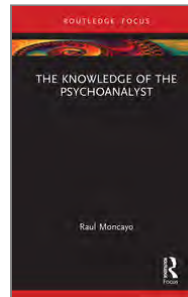
Series: World Library of Mental Health

The Journey from Psychoanalysis to Group Analysis presents a selection of papers from Malcolm Pines's long career, documenting his profound contribution to group analysis and its applications. The book will become an essential text in psychotherapy and therapeutic communities - of value to students and readers in psychoanalysis and psychotherapy, politics, social and neurological sciences, humanities and language theory.

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The Knowledge of the Psychoanalyst



Raul Moncayo Training Analyst, Lacanian School of Psychoanalysis, California, USA

Series: Routledge Focus on Mental Health

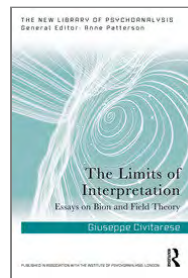
The Knowledge of the Psychoanalyst documents Raul Moncayo's practice of analysis over a period of 25 years. The *Knowledge of the Psychoanalyst* will be of great interest to Lacanian analysts in practice and in training, and academics and scholars of Lacanian theory.

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The Limits of Interpretation

Essays on Bion and Field Theory



Giuseppe Civitarese

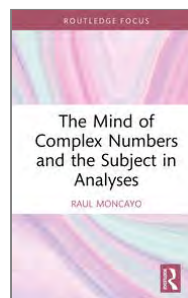
Series: New Library of Psychoanalysis

The Limits of Interpretation opens a window onto unexplored dimensions of Wilfred Bion's thought, presenting essays that illuminate both familiar and lesser-known facets of his work. It guides readers through complex notions such as visible-invisible hallucinations, bizarre objects, and a radical reframing of the Oedipus complex—shifted from incest and parricide to arrogance and the desire for knowledge. Offering a close reading and clear interpretation of Bion's sometimes dense writing, this is essential reading for any psychoanalysts or psychotherapist wanting to understand Bion's work better.

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The Mind of Complex Numbers and the Subject in Analyses



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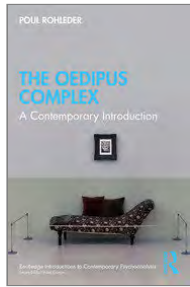
In *The Mind of Complex Numbers and the Subject in Analyses*, Raul Moncayo uses the complex plane to evaluate analytic outcomes. Moncayo's approach provides a study of the process and outcome of singular analyses that does not rely on the methods and questionnaires of psychotherapy or medical research. This book represents a new approach to Lacanian analysis and outcomes that will be of great interest to Lacanian analysts in practice and in training.

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The Oedipus Complex

A Contemporary Introduction



Poul Rohleder Department of Psychology, University of East London, UK

Series: Routledge Introductions to Contemporary Psychoanalysis

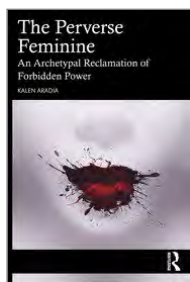
In this book, Poul Rohleder presents a comprehensive and accessible introduction to the theory of the Oedipus Complex and its standing in contemporary psychoanalysis. This book will be of interest to psychoanalysts and psychotherapists in practice and training who have an interest in expanding their understanding of the Oedipus Complex and its relevance to a contemporary way of working.

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The Perverse Feminine

An Archetypal Reclamation of Forbidden Power



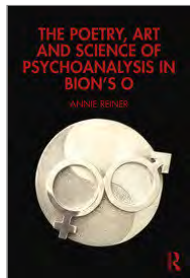
Kalen Aradia Independent scholar, California, USA

The Perverse Feminine resurrects a long-buried psychic figure: the Perverse Feminine Archetype. Grounded in intuitive inquiry, this work builds on Jungian theory, feminist psychology, and myth to illuminate the archetypal constructs of forbidden power, deviant desire, and inherited shame shaping the collective psyche of cisgender women. Through evocative narratives that generate tools for archetypal engagement, this study offers individuals, theorists, and clinicians a guide to identity, self-discovery, and psychic wholeness within a rapidly changing cultural landscape.

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The Poetry, Art and Science of Psychoanalysis in Bion's O



Annie Reiner

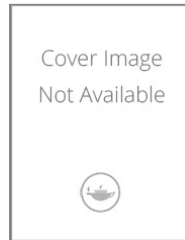
The Poetry, Art and Science of Psychoanalysis in Bion's O pays homage to Wilfred Bion's lifelong love of poetry and his desire to integrate it with his psychoanalytic work as a means of communicating profound levels of emotional experience. Written in an accessible style and drawing on Reiner's decades of experience within the creative and psychoanalytic fields, this book is a valuable resource to all analysts in training and practice, as well as those interested in understanding the deeper levels of the mind and emotional life.

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The Process of Becoming a Counsellor

Navigating the Transformation



Jayne Godward, Tara Fox Leeds Beckett University, UK

This book aims to help the reader understand what is involved in becoming a counsellor, and what to expect of the experience of counsellor training. The Process of Becoming a Counsellor is an important resource for anyone planning to start or just beginning counselling training. It is a must-read for anyone contemplating a counselling qualification or who may be wondering if training to be a counsellor is the right pathway for them.

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The Psychoanalysis of Aesthetic Experience

Self, Relationship and Culture



George Hagman

Series: Art, Creativity, and Psychoanalysis Book Series

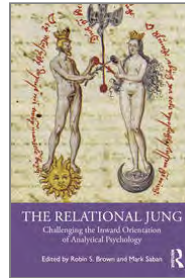
In The Psychoanalysis of Aesthetic Experience: Self, Relationship and Culture, George Hagman eloquently provides an overview of ideas regarding the aesthetic foundation of human experience and the way in which this aesthetic perspective can shed light on human development, culture, and analytic clinical process. This book is an illuminating and informative read for all psychoanalysts, and anyone interested in the intersection of psychoanalytic practice, aesthetics, creativity and culture.

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Challenging the Inward Orientation of Analytical Psychology



Edited by Robin S. Brown, Mark Saban

Within this fascinating new volume, a group of prominent Jungian writers seek to explore the apparent contradiction between two aspects of Jungian thinking: one that points in the direction of a genuinely radical relational psychology, and another which seems to struggle to engage meaningfully with what we might call the psychosocial dimension. This unique collection will be of particular value to scholars and clinicians within the Jungian world, as well as relationally-oriented psychoanalysts with an interest in becoming more conversant in Jung.

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The Routledge International Handbook of Interracial and Intercultural Relationships and Mental Health



Edited by **Shivon Raghunandan , Roy Moodley , Kelley Kenney**

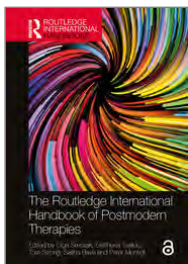
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The Routledge International Handbook of Interracial and Intercultural Relationships and Mental Health presents critical, theoretical, empirical, and psychological accounts of intercultural intimacies. This handbook is essential for students, educators, mental health clinicians and researchers in counselling, psychotherapy, clinical psychology, psychiatry, and social work programs.

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The Routledge International Handbook of Postmodern Therapies



Edited by **Olga Smoliak , Eleftheria Tseliou , Tom Strong , Saliha Bava , Peter Muntigl**

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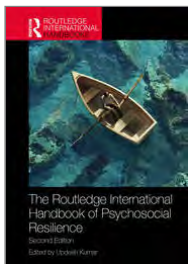
The Routledge International Handbook of Postmodern Therapies includes contributions by leading international experts to provide an invaluable resource and reference for therapy students, scholars, educators, and practitioners. This handbook is essential for practitioners and students interested in teaching, using, and researching postmodern practice, including counsellors, clinical psychologists, family therapists, psychotherapists, and social workers.

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2ND EDITION

The Routledge International Handbook of Psychosocial Resilience



Udpesh Kumar Ministry of Defense, Government of India

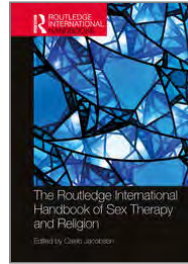
Series: *Routledge International Handbooks*

Psychological resilience has emerged as a highly significant area of research and practice, finding applications with a broad range of different groups in many settings. The second edition of The Routledge International Handbook of Psychosocial Resilience is a comprehensive compilation of chapters from an international team of contributors that takes stock of the state-of-the-art in resilience theory, research, and practice. This handbook is essential for psychiatrists, psychologists, psychotherapists, and psychiatric social workers, as well as researchers and students of psychology, sociology, human development, family studies, and disaster management.

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The Routledge International Handbook of Sex Therapy and Religion



Edited by **Caleb Jacobson**

Series: *Routledge International Handbooks*

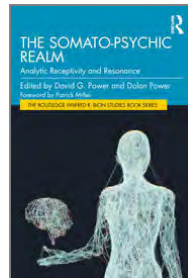
The Routledge International Handbook of Sex Therapy and Religion is an invaluable resource for clinicians, religious scholars, clergy, and anyone interested in the intersection of religion and sexual health. By weaving together psychological theories, religious ethics, and cultural competence, this volume provides a holistic approach to sex therapy that honors the faith and values of diverse religious traditions. It serves as a call to action for greater competency in addressing the complex needs of religious clients in matters of sex, sexuality, and gender.

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The Somato-Psychic Realm

Analytic Receptivity and Resonance



Edited by **David G. Power , Dolan Power**

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Influenced by the groundbreaking work of Wilfred Bion, The Somato-Psychic Realm: Analytic Receptivity and Resonance sees 10 internationally acclaimed psychoanalysts explore the complex interrelationship between our psychic and somatic selves, and highlight its promising riches and devastating disruptions. It will be a vital resource for psychoanalysts in training and practice alike looking for a greater recognition of and ability to respond to problems ranging from frank somatic disorders to failures in symbolisation and thought process and the non-neurotic states of mind that accompany these disorders.

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The Vicissitudes of Psychoanalysis in Soviet Russia, 1930-1980



Lizaveta van Munsteren

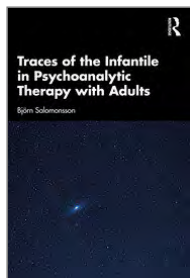
Series: *History of Psychoanalysis*

This book considers the changing fortunes of psychoanalysis in Soviet Russia from 1930 to 1980. The Vicissitudes of Psychoanalysis in Soviet Russia, 1930-1980 will appeal to historians of psychoanalysis and psychology in Soviet Russia, psychosocial researchers and anyone interested in the critical history of psychoanalysis.

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Traces of the Infantile in Psychoanalytic Therapy with Adults



Björn Salomonsson

This book applies parent-infant-therapy techniques to allow therapists to work effectively with adult patients on their earliest traumas. Enriched with clinical vignettes and a focus on practical work, this is an essential read for all psychoanalysts and psychotherapists.

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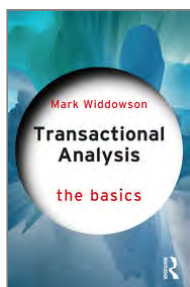
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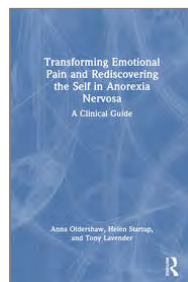
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Transforming Emotional Pain and Rediscovering the Self in Anorexia Nervosa

A Clinical Guide



Anna Oldershaw, Helen Startup, Tony Lavender

This book presents the SPEAKS approach, an innovative treatment model for Anorexia Nervosa that primarily combines aspects of Emotion Focused Therapy and Schema Therapy to target struggles with emotion expressed as a "Lost Emotional Self." This book offers a clear rationale for why emotion is critical in the understanding of Anorexia, the blocks to emotional experiencing, as well as how this plays out in regard to the development and experience of Anorexia. *Transforming Emotional Pain and Rediscovering the Self in Anorexia Nervosa* is an essential resource for helping any clinician working in the eating disorder field guide their clients toward emotional healing and self-acceptance.

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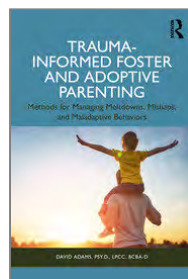
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Trauma-Informed Foster and Adoptive Parenting

Methods for Managing Meltdowns, Mishaps, and Maladaptive Behaviors



David Adams

Many foster and adoptive parents lose hope when they experience challenging and oppositional child behaviors. This book gives parents the tools and strategies to respond to these outbursts – particularly those that stem from a child's potentially traumatic history. This invaluable guide is designed for parents and caregivers of foster and adopted children, as well as family therapists, psychologists, and other mental health professionals who work with these children and their families.

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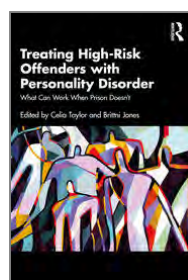
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Treating High-Risk Offenders with Personality Disorder

What Can Work When Prison Doesn't



Edited by Celia Taylor Consultant Forensic Psychiatrist with the NHS Mental Health Trust, UK
Brittni Jones Director of BE Psychology Ltd, UK

Individuals who have personality disorder and commit serious, violent offences present a particular challenge in terms of rehabilitation and risk management. Drawing from the experiences of those working within the Millfields Unit specialist service for high-risk male offenders with personality disorder, this book provides readers working in forensic personality disorder services, whether in hospital or in prison, with a primer on the theory underpinning a successful treatment model and demonstrates how to put it into practice.

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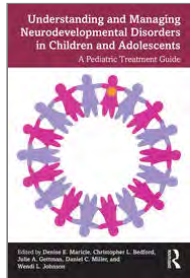
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Understanding and Managing Neurodevelopmental Disorders in Children and Adolescents

A Pediatric Treatment Guide



Edited by Denise Maricle, Christopher Bedford, Julie Gettman, Daniel Miller, Wendi Johnson

Children are being identified with more neurodevelopmental disorders than in previous decades and understanding these medically complex disorders has become critical as more children are living with these disorders. This book is essential for practitioners working with children, including clinical psychologists, school psychologists, child neuropsychologists, clinical and school social workers, school nurses, pediatricians, and graduate students in training within various pediatric specialties.

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Understanding Lacan's *Objet a* proposes that we modify the accepted approach to Lacan's ideas and strive to make Lacanian concepts accessible. This book will be essential reading both for Lacanian analysts in practice and in training, who wish to deepen their knowledge of the concept of the *objet a*, and for students of psychoanalysis, philosophy and psychology.

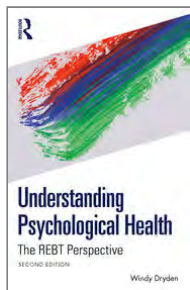
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2ND EDITION

Understanding Psychological Health

The REBT Perspective



Windy Dryden Goldsmiths, University of London, UK

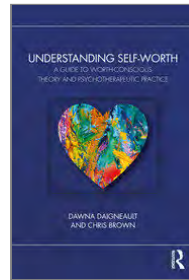
Understanding Psychological Health draws on Rational Emotive Behaviour Therapy (REBT) - which focuses on resolving emotional and behavioural problems and disturbances and enables people to lead happier and more fulfilling lives - to provide an understanding of psychological health. The only book to discuss psychological health from an REBT perspective, Understanding Psychological Health is intended for helping professionals who have a particular interest in CBT/REBT and students in these areas.

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Understanding Self-Worth

A Guide to Worth-Conscious Theory and Psychotherapeutic Practice



Dawna Daigneault Zest of Life, LLC, Missouri, USA
Chris Brown University of Missouri-Kansas City, USA

Understanding Self-Worth is a guide for psychotherapists confounded by the struggle of working with clients who present with a pervasive pattern of denied self-worth. Psychotherapists will come away from this book with a deep understanding of the importance of attending to the degree of trauma experienced when the client's self-worth is separated from their individual truth. Moreover, where there is worth-based trauma, the psychotherapist will learn models both for helping clients gently and honestly reestablish a worthy and true sense of self and for consciously guiding clients towards recovery of human worth as a birthright.

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Understanding Your Child Beyond Words

Psychoanalytic Techniques for Parents



Cayetano García-Castrillón Armengou

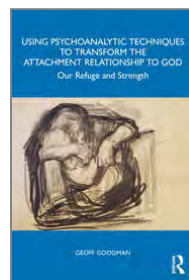
Understanding Your Child Beyond Words: Psychoanalytic Techniques for Parents will help you unlock a deeper knowledge of your child's feelings, inviting you to explore the deepest questions about parenting and find meaningful answers. Whether your child is already in therapy, you're considering it, or you simply want to enhance your parenting approach, this book provides invaluable insights and guidance to help you unlock your family's full potential.

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Using Psychoanalytic Techniques to Transform the Attachment Relationship to God

Our Refuge and Strength



Geoff Goodman Emory University, Georgia, USA

Using Psychoanalytic Techniques to Transform the Attachment Relationship to God demonstrates how clinicians can use Attachment-Informed Psychotherapy (AIP) to enhance clients' understanding of their relationship to God and significant others. Using Psychoanalytic Techniques to Transform the Attachment Relationship to God will be a valuable resource for psychoanalysts, psychotherapists, marriage and family therapists, and pastoral counsellors in practice and in training.

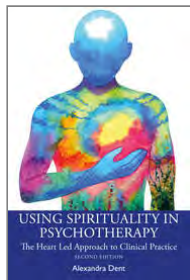
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2ND EDITION

Using Spirituality in Psychotherapy

The Heart Led Approach to Clinical Practice



Alexandra Dent

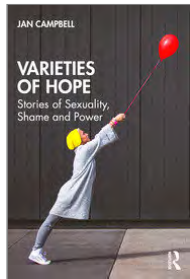
Using Spirituality in Psychotherapy: The Heart Led Approach to Clinical Practice offers a means for therapists to integrate a spiritual perspective into their clinical practice. Illustrated by case studies to highlight key points, and including a range of practical resource exercises and strategies, this engaging book will have wide appeal to therapists and clinicians from a variety of backgrounds.

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Varieties of Hope

Stories of Sexuality, Shame and Power



Jan Campbell

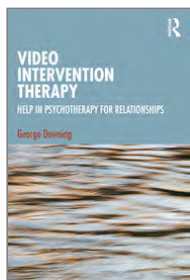
This book explores how hope operates as an ambivalent force in relation to issues of sex and gender, power, and identity in both our private and public lives. Drawing on clinical psychoanalytic work as well as literature and memoir, this is essential reading for anyone wanting a psychoanalytically informed understanding of where society is on key issues and where we may be able to get to with hope.

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Video Intervention Therapy

Help in Psychotherapy for Relationships



George Downing

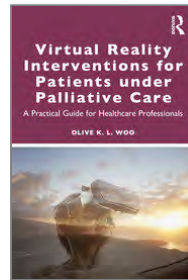
This book offers a comprehensive guide to using video intervention in psychotherapy or mental health coaching. A video is made of a patient interacting with someone else. The patient and the therapist then explore it together, profiting from its rich information. The book is designed so that any therapist or mental health coach can begin with video intervention at once. This is invaluable reading for anyone wanting to start in and to build up increasing expertise with this significant contribution to therapeutic work.

Routledge
September 2025 : 224pp
Pb: 978-1-041-02447-7 £29.99
Hb: 978-1-041-02972-4 £145

* For full contents and more information, visit www.routledge.com/9781041024477

Virtual Reality Interventions for Patients Under Palliative Care

A Practical Guide for Healthcare Professionals



Olive K. L. Woo Private practice, Hong Kong

Virtual Reality Interventions for Patients under Palliative Care is a groundbreaking guide that empowers healthcare professionals to transform end-of-life care with the innovative use of virtual reality (VR). Grounded in robust research, theory, and practical expertise, this guidebook is a must read for any researcher or professional who wants to enhance the quality of life for terminally ill patients and their families through VR technology, which offers a novel and transformative approach that sets it apart from traditional palliative care practices.

Routledge
June 2025 : 216pp
Pb: 978-1-032-85467-0 £29.99
Hb: 978-1-032-85469-4 £145

* For full contents and more information, visit www.routledge.com/9781032854670

Visual Narrative and Lacanian Psychoanalysis



Efrat Biberman

This book analyses narrativity in painting from a Freudian-Lacanian perspective. This book will be key reading for Lacanian psychoanalysts and psychotherapists, and art scholars wishing to gain a fresh new perspective on narrativity in art.

Routledge
November 2025 : 258pp
Pb: 978-1-032-85077-1 £31.99
Hb: 978-1-032-85079-5 £150

* For full contents and more information, visit www.routledge.com/9781032850771

War as Reset

Insights from Contemporary Analytical Psychology on the Age of Hypocrisy



Edited by Stefano Carpani, Ludmilla Ostermann

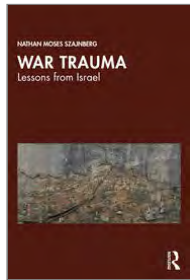
In an age continuously shaped and shocked by wars and societal crises, this book serves as an antidote to superficial media frenzy. Exploring the interplay between the insights from analytical psychology and global dynamics, it unravels the meanings behind our shared fears and invites readers to confront challenging truths shaping our present and future. This book proposes that war often serves as a reset mechanism, and that our era can be termed the one of hypocrisy. It will be of interest to academics, scholars and students within the fields of analytical psychology, psychosocial studies, psychoanalysis and sociology.

Routledge
June 2025 : 304pp
Pb: 978-1-032-48642-0 £32.99
Hb: 978-1-032-48643-7 £130
eBook: 978-1-003-39003-9

* For full contents and more information, visit www.routledge.com/9781032486420

War Trauma

Lessons from Israel



Nathan Moses Szajnberg

How to work with those traumatized in war? Read this book. This deeply compassionate and informed approach is key reading for psychoanalysts, psychotherapists, and others during and after war.

Routledge
September 2025 : 168pp
Pb: 978-1-041-01722-6 £34.99
Hb: 978-1-041-02315-9 £140
* For full contents and more information, visit www.routledge.com/9781041017226

4TH EDITION

What Therapists Say and Why They Say It

Effective Therapeutic Responses and Techniques

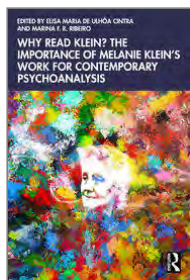


Bill McHenry St. Edward's University, Texas, USA
McHenry Edinboro University of Pennsylvania, USA

What Therapists Say and Why They Say It, 4th ed, is one of the most practical and flexible books available to counseling students and professionals. The new edition includes several new techniques, as well as a robust section on the use of AI in counseling, continued expansion of telehealth counseling, and the use of robots and holograms in the counseling process. The book is arranged to help readers make clear connections between the skills they learn in pre-practicum, practicum, and internship with other courses in the curriculum—especially the core Council for Accreditation of Counseling and Related Educational Programs (CACREP) areas.

Routledge
August 2025 : 234pp
Pb: 978-1-032-75410-9 £39.99
Hb: 978-1-032-75412-3 £140
* For full contents and more information, visit www.routledge.com/9781032754109

Why Read Klein? The Importance of Melanie Klein's work for Contemporary Psychoanalysis



Edited by Elisa Maria de Ulhôa Cintra, Marina F. R. Ribeiro

Why Read Klein? explores the importance of Melanie Klein's work to contemporary psychoanalysis, her contributions as a key early psychoanalyst and continued influence on contemporary psychoanalysts. This book is essential reading for both practicing and in training psychoanalysts and psychotherapists seeking a comprehensive understanding of Klein's work and its relevance to contemporary clinical thought.

Routledge
September 2025 : 176pp
Pb: 978-1-032-94716-7 £29.99
Hb: 978-1-032-95057-0 £135
* For full contents and more information, visit www.routledge.com/9781032947167

Winnicott's Letter to Bion

Playing, Dreaming, and Beyond



Edited by Steven H. Cooper Massachusetts Institute for Psychoanalysis, Brookline, US
Christopher G. Lovett

Series: The International Psychoanalytical Association International Psychoanalysis Library

Winnicott's Letter to Bion presents reflections on a fascinating moment in the history of psychoanalytic thinking. Winnicott's Letter to Bion will be of great interest to psychoanalysts in practice and in training, and to historians of psychoanalysis.

Routledge
July 2025 : 210pp
Pb: 978-1-032-81921-1 £32.99
Hb: 978-1-032-81923-5 £140
* For full contents and more information, visit www.routledge.com/9781032819211

Working Psychoanalytically with Gender Diversity and Sexualities

Resistances to Differences



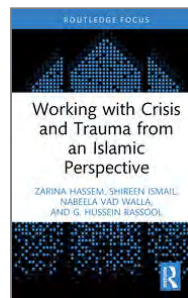
Edited by Frances Thomson-Salo, Marco Posadas, Silvia R. Acosta

Series: IPA Sexual and Gender Diversity Series

Working Psychoanalytically with Gender Diversity and Sexualities considers and challenges expectations about psychoanalytic work with LGBTQIA+ patients. Extending an opportunity to air conflicting psychoanalytic views and rethink established psychoanalytic concepts, this book will be key reading for psychoanalysts and psychotherapists in practice and in training. It will also be of interest to academics and students of psychoanalytic studies and gender studies.

Routledge
October 2025 : 170pp
Pb: 978-1-032-87186-8 £32.99
Hb: 978-1-032-87187-5 £140
* For full contents and more information, visit www.routledge.com/9781032871868

Working With Crisis And Trauma From An Islāmic Perspective



Zarina Hassem International Open University
Shireen Ismail, Nabeela Vad Walla, G. Hussein Rassool Charles Sturt University, Australia

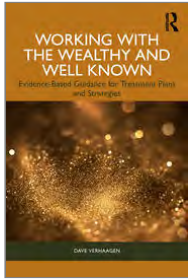
Series: Islamic Psychology and Psychotherapy

Working with Crisis and Trauma from an Islāmic Perspective provides a holistic framework and treatment methods for working with trauma and crises, framed within an Islāmic Psychology paradigm. This book will be essential reading for professionals in the fields of psychology and mental health looking to understand how Islāmic Psychology practices can be presented as a treatment intervention for patients experiencing trauma and gain insight into how to incorporate these protocols into their own practice.

Routledge
July 2025 : 144pp
Hb: 978-1-032-50919-8 £51.99
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Working with the Wealthy and Well Known

Evidence-Based Guidance for Treatment Plans and Strategies



Dave Verhaagen Private practice, Tennessee, USA

Working with the Wealthy and Well Known takes a nuanced look at these two overlapping groups and offers evidence-based guidance for treatment plans and strategies. Transcending the stereotypes of rich people and celebrities, this is a must read for mental health professionals, fans of psychology, and anyone who helps or supports prominent clients. Written with empathy and insight, the book is a landmark work for understanding and helping the rich and famous.

Routledge

August 2025 : 210pp

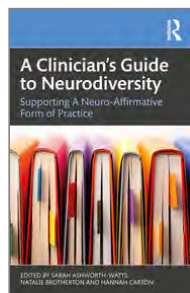
Pb: 978-1-032-81558-9 £32.99

Hb: 978-1-032-81560-2 £140

* For full contents and more information, visit www.routledge.com/9781032815589

A Clinician's Guide to Neurodivergence

Supporting a Neuro-Affirmative Form of Practice



Edited by Sarah Ashworth-Watts, Natalie Brotherton, Hannah Carton

A Clinician's Guide to Neurodivergence: Supporting a neuro-affirmative form of practice is a concise handbook which provides a comprehensive and accessible overview of a range of conditions to support clinicians working with individuals with diverse neurocognitive profiles. It sets out guidance around diagnosis and access to services whilst giving consideration to the adaptations and accommodations that might be necessary to avoid the inequities that can often be experienced through neuro-normative or heteronormative practices. It is valuable reading for students, researchers, clinicians, therapists, medical and allied professionals.

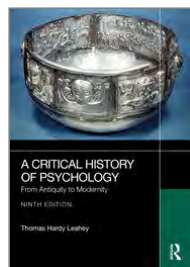
Routledge
July 2025 : 170pp
Pb: 978-1-032-83978-3 £29.99
Hb: 978-1-032-83980-6 £145

* For full contents and more information, visit www.routledge.com/9781032839783

9TH EDITION

A Critical History of Psychology

From Antiquity to Modernity



Thomas Hardy Leahey Virginia Commonwealth University, USA

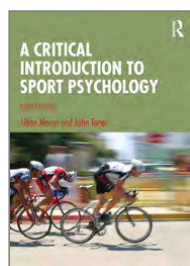
This fully updated and refreshed 9th edition places social, economic and political forces of change alongside psychology's internal theoretical and empirical arguments. It utilises a critical lens to illuminate the way in which the external world has shaped the development of psychology and, in turn, how psychology from antiquity to modernity has shaped society. Including scientific, applied, and professional psychology, as well as coverage of the social sciences and social policy implications, this book is appropriate for high level undergraduate and graduate students.

Routledge
May 2025 : 628pp
Hb: 978-1-032-53966-9 £140
eBook: 978-1-003-41453-7

* For full contents and more information, visit www.routledge.com/9781032539669

4TH EDITION

A Critical Introduction to Sport Psychology



Aidan Moran Aidan passed as see SF cases 01484206 & 02020585 3.3.22 royalties transferred to wife Angela Moran SE939074 sf case 02020585 John Toner University of Hull, UK

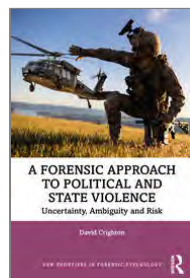
This new fourth edition remains the only textbook in the field which provides a detailed overview of key theories, concepts and findings within the discipline of sport psychology, as well as a critical perspective that examines and challenges these core foundations. Fully revised and updated, the new edition covers topics affecting both participation and performance in sport. Sport is played with the body but often won in the mind; that is the theory. A Critical Introduction to Sport Psychology is the definitive textbook for anyone wishing to engage critically with this fascinating idea.

Routledge
September 2025 : 514pp
Pb: 978-1-032-01201-8 £44.99
Hb: 978-1-032-01202-5 £145

* For full contents and more information, visit www.routledge.com/9781032012018

A Forensic Approach to Political and State Violence

Uncertainty, Ambiguity and Risk



David Crighton

Series: *New Frontiers in Forensic Psychology*

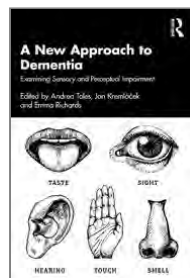
A Forensic Approach to Political and State Violence applies a forensic lens to the study of risk in relation to political and state violence. Divided into three parts, the book outlines the nature and function of political and state violence and the historic development of contributions from forensic practice. It then considers the distinction between political and state violence and the foundations for this. It will be an essential read for all students or practitioners in the areas of forensic psychology, criminal justice, or violence risk management.

Routledge
July 2025 : 152pp
Pb: 978-1-032-55217-0 £32.99
Hb: 978-1-032-55218-7 £140

* For full contents and more information, visit www.routledge.com/9781032552170

A New Approach to Dementia

Examining Sensory and Perceptual Impairment



Edited by Andrea Tales, Emma Richards, Jan Kremlacek

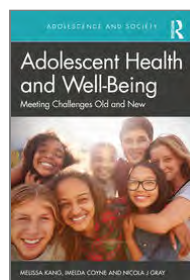
A New Approach to Dementia: Examining Sensory and Perceptual Impairment is a groundbreaking work which highlights the non-memory impairments of the dementias to improve both early recognition of dementia and clinical diagnosis, as well as interventions and care. With both scientific and clinical relevance, this book is essential for clinicians and researchers in ageing and dementia as well as carers working with people living with dementia, students of neuropsychology/neurocognition, medicine and health and social care.

Routledge
June 2025 : 186pp
Pb: 978-1-032-73419-4 £37.99
Hb: 978-1-032-73427-9 £96.99

* For full contents and more information, visit www.routledge.com/9781032734194

Adolescent Health and Well-Being

Meeting Challenges Old and New



Melissa Kang, Imelda Coyne, Nicola J Gray

Series: *Adolescence and Society*

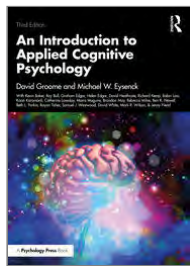
Recognizing that children and adolescents are not a homogenous group, this book highlights the importance of age distinctions in shaping health needs, risks, and protective behaviors. Adolescent development, the epidemiology and social determinants of adolescent health, health literacy and health promotion are foundational themes woven throughout the chapters. By presenting data comparisons across time and socio-demographic groups, the book sheds light on disparities related to gender, ethnicity (including Black and minority ethnic and Indigenous populations), age, geography, and socioeconomic status, offering valuable insights into the diverse factors that shape adolescent health.

Routledge
September 2025 : 164pp
Pb: 978-1-138-34042-8 £39.99
Hb: 978-1-138-34041-1 £145

* For full contents and more information, visit www.routledge.com/9781138340428

3RD EDITION

An Introduction to Applied Cognitive Psychology



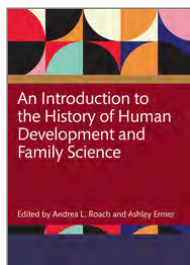
David Groome, Michael Eysenck Emeritus Professor of Psychology in the psychology department at Royal Holloway University of London, UK

This bestselling textbook offers an accessible introduction to the application of cognitive psychology, looking at how the findings of cognitive psychologists have been put to use in real life. Written by well-respected experts in the field, this textbook will appeal to all undergraduate students of cognitive psychology, as well as students of applied and forensic psychology.

Routledge
July 2025 : 468pp
Pb: 978-1-032-50063-8 £49.99
Hb: 978-1-032-50064-5 £145

* For full contents and more information, visit www.routledge.com/9781032500638

An Introduction to the History of Human Development and Family Science



Edited by **Andrea Roach, Ashley Ermer**

The book offers an interdisciplinary introduction to the history of human development and family science. Expert authors cover key topics and highlight historical contributions from women, scholars of color and LGBTQIA scholars; they emphasize and incorporate research that cuts across cultures; and examine current human development and family science trends in research and careers in their chosen fields. Subjects and issues covered include historical and contemporary studies of child development, adolescent development and young adulthood, adulthood and aging, family science, marriage formation and maintenance, parenthood, divorce, the role of grandparents and sibling relationships.

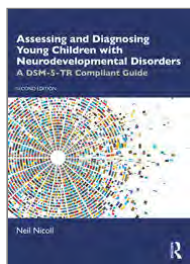
Routledge
May 2025 : 246pp
Pb: 978-1-032-50925-9 £49.99
Hb: 978-1-032-51920-3 £145
eBook: 978-1-003-40444-6

* For full contents and more information, visit www.routledge.com/9781032509259

2ND EDITION

Assessing and Diagnosing Young Children with Neurodevelopmental Disorders

A DSM-5-TR Compliant Guide



Neil Nicoll

This practical handbook assesses global developmental delay and other neurodevelopmental disorders in young children. The new edition incorporates the transition from DSM 5 to DSM-5-TR and has an increased emphasis on cross-cultural and ethnic diversity aspects of assessing and diagnosing neurodevelopmental disorders in young children. Including a chapter of illustrative case studies of children with developmental disorders, this book is essential reading for educational, clinical, and developmental psychologists working with children and their families, as well as post-graduate students training in the field.

Routledge
May 2025 : 368pp
Pb: 978-1-032-93310-8 £37.99
Hb: 978-1-032-93311-5 £145
eBook: 978-1-003-56533-8

* For full contents and more information, visit www.routledge.com/9781032933108

Autism Awareness and Crime

Investigating the School-to-Prison Pipeline



Neil Alexander-Passe University of Sunderland, UK

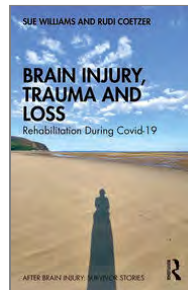
Autism Awareness and Crime explores Autism Spectrum Disorder (ASD) and the 'school to prison pipeline'. This volume is ideal for students, researchers and practitioners in the fields of forensic psychology, criminology, special educational needs and social work.

Routledge
August 2025 : 240pp
Pb: 978-1-041-01378-5 £34.99
Hb: 978-1-041-01264-1 £135

* For full contents and more information, visit www.routledge.com/9781041013785

Brain Injury, Trauma and Loss

Rehabilitation During Covid-19



Sue Williams, Rudi Coetzer School of Psychology, Bangor University

Series: After Brain Injury: Survivor Stories

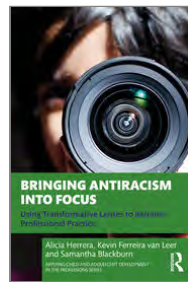
Brain Injury, Trauma and Loss tells the story of the impact of Covid-19 on neurorehabilitation. It offers a unique dual perspective as it intertwines the two voices of Sue Williams, who had sustained a Traumatic Brain Injury in 2018, and Rudi Coetzer, her neuropsychologist during the pandemic. Based on detailed diary extracts, therapeutic notes and updates, this book provides a unique insight into the practical and psychological effects of Covid-19 on brain injury and rehabilitation, ranging from the impact on delivering clinical rehabilitation sessions and self-directed approaches, to the effect on daily living, social isolation, and online integration.

Routledge
October 2025 : 184pp
Pb: 978-1-032-82793-3 £24.99
Hb: 978-1-032-83389-7 £145

* For full contents and more information, visit www.routledge.com/9781032827933

Bringing Antiracism into Focus

Using Transformative Lenses to Reframe Professional Practice



Alicia Herrera CSU Sacramento **Kevin Ferreira van Leer** University of Connecticut **Samantha Blackburn** CSU Sacramento

Series: Applying Child and Adolescent Development in the Professions Series

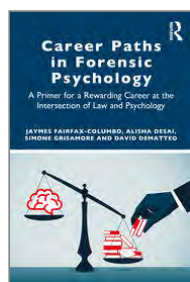
This guide introduces applied antiracist developmental science and developmental frameworks that have been comprehensively integrated with antiracist principles. This resource is designed for students, pre-professionals, and early-career professionals in child and adolescent development committed to incorporating antiracist practices into their work. It serves as both an introductory overview and practical manual for applying developmental principles with an emphasis on reflection and praxis.

Routledge
June 2025 : 162pp
Pb: 978-1-032-44841-1 £19.99
Hb: 978-1-032-44840-4 £135

* For full contents and more information, visit www.routledge.com/9781032448411

Career Paths in Forensic Psychology

A Primer for a Rewarding Career at the Intersection of Law and Psychology



Jaymes Fairfax-Columbo Drexel University, USA
Alisha Desai Drexel University, USA
Simone Grisamore Drexel University, USA
David DeMatteo Drexel University, USA

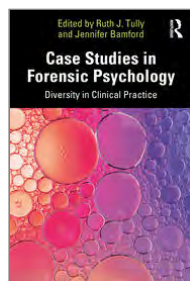
Career Paths in Forensic Psychology offers a comprehensive introduction and guide to the varied career paths for aspiring forensic psychologists, showing what a rewarding career at the intersection of law and psychology can look like in practice. This book is an ideal resource for students of forensic psychology and early career forensic psychologists looking to start and progress their career in academic, clinical, and policy settings, as well as practicing psychologists looking to navigate career changes and transitions.

Routledge
 September 2025 : 218pp
 Pb: 978-1-032-51976-0 £24.99
 Hb: 978-1-032-52872-4 £145

* For full contents and more information, visit www.routledge.com/9781032519760

Case Studies in Forensic Psychology

Diversity in Clinical Practice



Edited by **Ruth J. Tully** Forensic Psychologist, UK
Jennifer Bamford

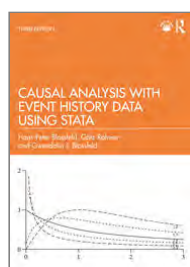
This book shines light on the often-hidden work completed by psychologists in forensic settings. It follows on from Case Studies in Forensic Psychology (2019) and Further Case Studies in Forensic Psychology (2022). The case studies presented involve service users with varied presentations such as acquired brain injury and ADHD, as well as a variety of offending histories including sexual, terrorism-related, and violent offences. This book is key reading for psychologists, allied health professionals, and practitioners at any career stage. Students will also find this book useful, as will those interested in real-world clinical practice of psychologists in forensic contexts.

Routledge
 September 2025 : 166pp
 Pb: 978-1-032-81968-6 £34.99
 Hb: 978-1-032-86830-1 £145

* For full contents and more information, visit www.routledge.com/9781032819686

3RD EDITION

Causal Analysis with Event History Data Using Stata



Hans-Peter Blossfeld Bamberg University, Germany
Götz Rohwer, **Gwendolin J. Blossfeld**

This third edition of our book provides an updated introduction to event history modeling along with many instructive Stata examples. Using the latest Stata software, each of these practical examples develops a research question, points to useful contextual background information, gives a brief account of the underlying statistical concepts, describes the organization of input data and the application of Stata statistical procedures, and assists the reader in interpreting the content of the results obtained.

Routledge
 July 2025 : 248pp
 Pb: 978-1-032-65778-3 £53.99
 Hb: 978-1-032-70809-6 £145

* For full contents and more information, visit www.routledge.com/9781032657783

Chatbot Therapy

A Critical Analysis of AI Mental Health Treatment



Eoin Fullam University of Birkbeck

Series: Concepts for Critical Psychology

Drawing on historical and emerging scholarship on critical theory, science & technology studies and critical psychology, this project investigates the social life of mental health therapy applications. The book unearths the assumptions about subjectivity, consciousness and mental health that underpin these applications, looking predominantly at Wysa and Woebot, but also at other chatbot and non-chatbot mental health applications. It explores the historical emergence of this technology, technical and design aspects of chatbot therapy apps, the therapeutic methods employed, and the economic context within which therapy chatbots have developed.

Routledge
 June 2025 : 174pp
 Pb: 978-1-032-95762-3 £39.99
 Hb: 978-1-032-95761-6 £145

* For full contents and more information, visit www.routledge.com/9781032957623

2ND EDITION

Child Sexual Abuse

Why Children Disclose or Deny Being Abused



Edited by **Michael E. Lamb** University of Cambridge
Irith Hershkowitz University of Haifa
Margaret-Ellen Pipe City University of New York

This fully revised volume provides a rigorous assessment of the latest research relating to the disclosure of childhood sexual abuse, along with the practical and policy implications of the findings. Child Sexual Abuse is for researchers and practitioners from child, forensic, and clinical psychology, social work, and all legal professionals who need to understand this crime. It will also be of interest to trainee social workers specializing in child welfare and intervention.

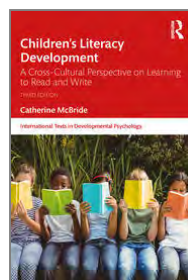
Routledge
 July 2025 : 286pp
 Pb: 978-1-032-70222-3 £57.99
 Hb: 978-1-032-73191-9 £140

* For full contents and more information, visit www.routledge.com/9781032702223

3RD EDITION

Children's Literacy Development

A Cross-Cultural Perspective on Learning to Read and Write



Catherine McBride Purdue University

Series: International Texts in Developmental Psychology

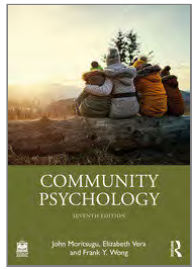
In the updated third edition of this unique book, Catherine McBride looks at reading and writing development and impairment across a range of languages, scripts, and contexts. This new edition highlights multiliteracy and multilingualism and broadly explores the science of reading. Written by an eminent scholar in the field, it provides an overview of how children learn to read and write and is essential reading for students and scholars of Developmental Psychology, Educational Psychology, Psycholinguistics and Speech Therapy.

Routledge
 July 2025 : 296pp
 Pb: 978-1-032-52505-1 £46.99
 Hb: 978-1-032-53081-9 £145

* For full contents and more information, visit www.routledge.com/9781032525051

7TH EDITION

Community Psychology



John Moritsugu Pacific Lutheran University, USA
Elizabeth Vera Loyola University Chicago, USA
Frank Y. Wong Emory University Rollins School of Public Health, USA

The applied chapters discuss how community psychology relates to mental health, social and health services, schools and children, law and crime, health and public health and community/organizational psychology. The new edition updates research and literature and presents developments in theoretical and research methodologies. This edition focuses particularly on description and consideration of critical theory, liberation theology, and decolonization as part of community psychology's intellectual and value-based evolution. A student website and instructor resources provide further ways to engage with the content and support teaching and learning.

Routledge
 May 2025 : 530pp
 Pb: 978-1-032-65765-3 £54.99
 Hb: 978-1-032-67213-7 £145
 eBook: 978-1-032-67215-1

* For full contents and more information, visit www.routledge.com/9781032657653

Comparison Between Continuous-Time and Discrete-Time

Event History Analysis with Stata



Gwendolin J. Blossfeld

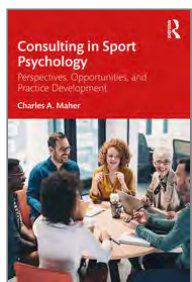
Comparison Between Continuous-Time and Discrete-Time: Event History Analysis With Stata elucidates the statistical concepts and empirical applications of both continuous-time and discrete-time event history models. Empirical scientists have increasingly collected data on the timing of events, with the understanding that events can occur at any point in time and may be recorded using different observation schemes. However, time-continuous processes are not always observed with fine-grained temporal resolution; in some cases, they are captured with larger observation intervals (monthly, yearly, biennially and quadrennially).

Routledge
 August 2025 : 184pp
 Pb: 978-1-032-67831-3 £39.99
 Hb: 978-1-032-71738-8 £145

* For full contents and more information, visit www.routledge.com/9781032678313

Consulting In Sport Psychology

Perspectives, Opportunities, and Practice Development



Charles A. Maher Rutgers University, USA

This important book provides practical and immediately applicable information about consulting in sport psychology in an accessible, step-by-step manner, focusing on lessons based on individual, team, and organizational levels. Intended for practitioners and graduate students of sport psychology, as well as other professionals who consult about the mental aspect of sport and organizational performance, the book provides an authentic guide to consulting and practice development.

Routledge
 July 2025 : 292pp
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* For full contents and more information, visit www.routledge.com/9781032466002

Critical Health and Learning Disabilities

An Exploration of Erasure and Social Murder



Sara Ryan

Series: *Critical Approaches to Health*

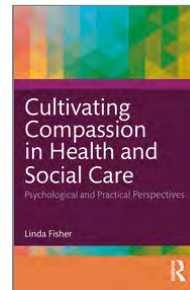
This empirically grounded book presents a critical, interdisciplinary perspective on social and cultural issues related to the health and wellbeing of people with learning disabilities. Through an exploration of healthcare, love and intimacy, pregnancy and childbirth, housing, employment, and food the book highlights the enduringly impoverished lives and premature deaths people labelled with learning disabilities experience globally and suggests that such structural violence amounts to social murder.

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Cultivating Compassion in Health and Social Care

Psychological and Practical Perspectives



Linda Fisher Dr Fisher is a BABCP accredited CBT Therapist, a Chartered Psychologist and Associate Fellow of the British Psychological Society.

Compassion in healthcare is simultaneously a professional practice and a personal response to the suffering of strangers that is shaped by life experience and a shared evolutionary past. This foundational text draws on insights from Gilbert's body of work on compassion and brings them together with research findings by experts in healthcare to explore the nature and function of compassion in this particular context. The book is essential reading for all healthcare workers, as well as students of medicine, nursing, the allied healthcare professions, psychology and healthcare management.

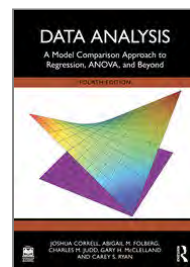
Routledge
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4TH EDITION

Data Analysis

A Model Comparison Approach to Regression, ANOVA, and Beyond



Josh Correll, **Abigail M. Folberg**, **Charles M. Judd** University of Colorado at Boulder, USA
Gary H. McClelland University of Colorado at Boulder, USA
Carey S. Ryan University of Nebraska at Omaha, USA

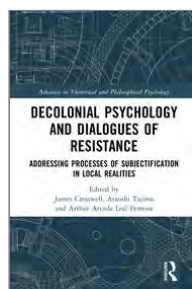
This essential textbook provides an integrated treatment of data analysis for the social and behavioral sciences. It covers all the key statistical models in an integrated manner that relies on the comparison of models of data estimated under the rubric of the general linear model. Clear and accessible, this text is intended for advanced undergraduate and graduate level courses in data analysis.

Routledge
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Decolonial Psychology and Dialogues of Resistance

Addressing Processes of Subjectification in Local Realities



Edited by James Cresswell Ambrose University, Canada
Atsushi Tajima Tokyo University of Foreign Studies,
Japan, Arthur Arruda Leal Ferreira Federal University of
Rio de Janeiro, Brazil

Series: Advances in Theoretical and Philosophical Psychology

Interweaving rich theory on dialogism, power, and resistance together with situated scenarios addressing the production of psychological knowledge, this book explores decoloniality as it interfaces with strategic fields in psychology. The book will be key reading for theoretical and critical psychology scholars and postgraduate students, particularly those interested in community engagement and decolonizing psychology. It will also be of interest to those engaged in research in Bakhtian studies, critical theory, and power studies.

Routledge
July 2025 : 208pp
Hb: 978-1-032-57336-6 £145

* For full contents and more information, visit www.routledge.com/9781032573366

Deconstructing Toxic Masculinity

A Redefining for Society



Carlos Perez

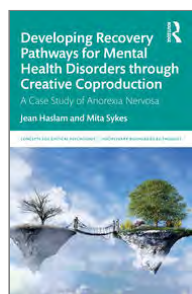
This accessible book investigates toxic masculinity. It explores its relevance in work environments, politics, relationships and gender roles, setting out how we can and should challenge it. Drawing on client interviews with men from different backgrounds, the book outlines different definitions of toxic masculinity and how we can understand it. Encouraging critical thinking about evolving gender stereotypes, the book will be of interest to postgraduate students in the fields of psychology and gender studies, as well as therapists, counsellors, teachers and practitioners of family studies.

Routledge
June 2025 : 266pp
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* For full contents and more information, visit www.routledge.com/9781032734392

Developing Recovery Pathways for Mental Health Disorders through Creative Coproduction

A Case Study of Anorexia Nervosa



Jean Haslam, Mita Sykes

Series: Concepts for Critical Psychology

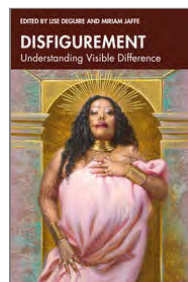
This book explores the potential of Creative Coproduction as a recovery tool for severe mental disorder, using case study examples of patients with Anorexia Nervosa. Written by authors with expertise in both mental health provision and experience of mental health services, the book advocates a creative, co-productive approach to treating mental disorders. Centering the voices of service users and their families alongside mental health professionals, this important book will be valuable reading for advanced undergraduate and postgraduate students in health and allied sciences, mental health and social work programmes.

Routledge
August 2025 : 166pp
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Disfigurement

Understanding Visible Difference



Edited by Lise Deguire, Miriam Jaffe Rutgers University,
New Jersey, USA

Seeking to reduce stigma around disfigurement, they explore the experience of looking different including interventions to help with social integration, social media issues, and prejudice towards physical difference. The collection serves as a call for activism and offers a direction for future research. Seeking to reduce stigma around disfigurement, they explore the experience of looking different including interventions to help with social integration, social media issues, and prejudice towards physical difference. The collection serves as a call for activism and offers a direction for future research.

Routledge
September 2025 : 200pp
Pb: 978-1-032-87500-2 £36.99
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2ND EDITION

Educational and Psychological Measurement



W. Holmes Finch Ball State University, USA
Brian F. French Washington State University, USA
Jason Immekus, **Shenghai Dai**

This new text provides the most current coverage of measurement and psychometrics in a single volume. Authors W. Holmes Finch and Brian F. French first review the basics of psychometrics and measurement, before moving on to more complex topics such as equating and scaling, item response theory, standard setting, and computer adaptive testing. Also included are discussions of cutting-edge topics utilized by practitioners in the field, such as automated test development, game-based assessment, and automated test scoring.

Routledge
November 2025 : 500pp
Pb: 978-1-032-57523-0 £76.99
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* For full contents and more information, visit www.routledge.com/9781032575230

Enhancing Multilingual Development

A Guide for Professionals



Nadeen T. Ruiz California State University Sacramento
Andrea García Principal Associate, Westat

Series: Applying Child and Adolescent Development in the Professions Series

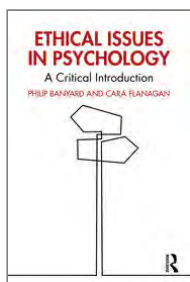
This accessible volume presents an up-to-date overview of how young children, older youth, and adults develop multilingual proficiencies. Importantly, it highlights an assets view of multilingualism, offering clear recognition that multilingual competencies are both functional and highly valued in communities across the globe. Containing suggestions for research-based practices in home, school, and professional settings to enhance multilingual development, this book is essential for professionals working with multilingual young children, older youth, and adults and those who require a foundational understanding of multilingualism.

Routledge
July 2025 : 184pp
Pb: 978-1-032-10654-0 £29.99
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* For full contents and more information, visit www.routledge.com/9781032106540

Ethical Issues in Psychology

A Critical Introduction



Philip Banyard Reader in Psychology, Nottingham Trent University
Cara Flanagan Freelance academic author and lecturer.

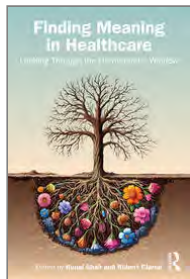
Ethical Issues in Psychology: A Critical Introduction offers readers a clear review of current ethical practices and ideas in psychology and goes on to challenge some of the agreed wisdom on ethics. Offering a comprehensive examination of ethical issues in psychology across a wide range of fields, the book encourages readers to consider the ethics-related questions they should be asking when undertaking their own research. The book is essential reading for undergraduate and pre-undergraduate students of psychology and related subjects.

Routledge
May 2025 : 192pp
Pb: 978-1-032-77401-5 £39.99
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* For full contents and more information, visit www.routledge.com/9781032774015

Finding Meaning in Healthcare

Looking Through the Hermeneutic Window



Edited by **Rupal Shah**, **Robert Clarke**

This pioneering book illustrates the ways in which an interpretive or hermeneutic stance can be incorporated into modern healthcare across clinical practice, clinical ethics, education and leadership - and the transformative effects of doing so. This book is valuable reading for all healthcare practitioners, particularly GPs, physicians, psychiatrists, and psychologists, as well as professions allied to medicine, medical students and other trainees.

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Fostering a Civil Workplace

Strategies for Personal and Organizational Success



Jo Henry, **Richard Moniz**

Fostering a Civil Workplace: Strategies for Personal and Organizational Success provides research-based solutions to promote a positive work environment. Focusing on internal dynamics, it explores aspects of communication, interpersonal interactions, management techniques, and organizational culture and oversight. Providing an accessible overview of solutions for workplace incivility to foster a more positive and dynamic workplace for all, this book will appeal to leaders and managers looking to create better workplaces, students of leadership and management, and employees struggling with toxic work situations.

Routledge
October 2025 : 202pp
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3RD EDITION

Fundamentals of Developmental Psychology



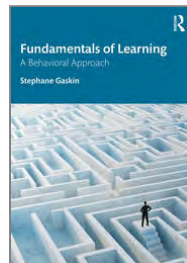
Peter Mitchell University of Nottingham
Fenja Ziegler University of Lincoln
Sarah Rose

Routledge
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Pb: 978-1-138-21654-9 £34.99
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Fundamentals of Learning

A Behavioral Approach



Stephane Gaskin

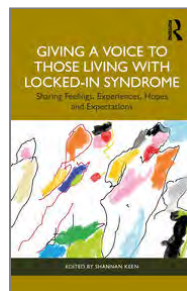
Fundamentals of Learning: A Behavioral Approach discusses the basic mechanisms of learning. It highlights how most behaviors are learned through minimal amounts of cognitive processing and acquired through associations between stimuli, such as observed in classical and operant conditioning (associative learning) and repeated experiences with a single stimulus (non-associative learning). The book is written with the student in mind throughout, featuring real-life case studies, key terms and learning objectives. It is also has in-chapter videos, alongside online resources such as lecture slides, class assignments, and multiple choice questions.

Routledge
October 2025 : 490pp
Pb: 978-1-032-79404-4 £65.99
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Giving a Voice to those Living with Locked-In Syndrome

Sharing Feelings, Experiences, Hopes and Expectations



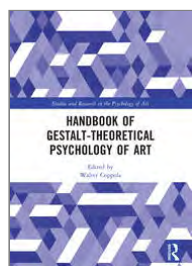
Edited by **Shannan Keen**

This is a unique book that provides a way for the life experiences of people living with Locked-In Syndrome (LIS) to be heard. It combines the personal experiences of those living locked-in, with the biomedical aspects of LIS including how it is diagnosed and treated, and the technology such as eye-tracking devices and brain/computer interfaces enabling those living with LIS to communicate. It is valuable reading for all professionals working in the brain injury field, including neuropsychologists and those in the caring professions, as well as students in these fields. It will also be relevant for IT students and those working with new technologies.

Routledge
May 2025 : 166pp
Pb: 978-1-032-73353-1 £26.99
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eBook: 978-1-003-46418-1

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Handbook of Gestalt-Theoretical Psychology of Art



Edited by **Walter Coppel**

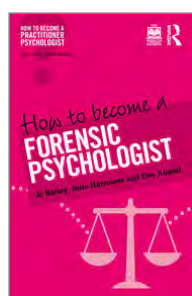
Series: *Studies and Research in the Psychology of Art*

The Handbook of Gestalt-Theoretic Psychology of Art synthesizes contemporary research in the psychology of perception, cognition, language and hearing to reassess the Gestalt approach to studying the arts. It will be an essential read for all students and researchers of the psychology of art, the psychology of perception, or Gestalt Theory.

Routledge
June 2025 : 476pp
Hb: 978-1-032-69445-0 £230
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How to Become a Forensic Psychologist



Jo Bailey Lead Psychologist, Public Sector Prisons, National Offender Management Service, UK
Julie Harrower Associate Research Fellow, Coventry University, UK
Dee Anand

Series: *How to become a Practitioner Psychologist*

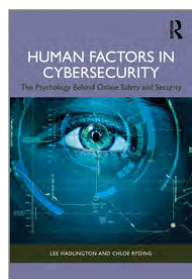
Forensic psychology has grown significantly in recent years, with increasing numbers of professionals working in the field. This practical and accessible resource contains all the information and advice required by those considering pursuing a career in the sector. How to become a Forensic Psychologist is authored by leading forensic psychologists in the UK. It is the perfect companion for anyone considering this exciting career, from A-Level students and undergraduates with an interest in the discipline to anyone considering a career change.

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Pb: 978-1-138-93815-1 £18.99
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Human Factors and Cybersecurity

The Psychology of Online Safety and Security



Lee Hadlington, **Chloe Ryding**

Human Factors in Cybersecurity examines the intricate interplay between human behaviour and digital security, offering a comprehensive exploration of how psychological, dispositional, and situational factors influence cybersecurity practices. Bringing together information that is both research-informed and practical in nature, the book highlights how human behaviour and decisions can impact cybersecurity infrastructure.

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5TH EDITION

Human Memory



Gabriel A. Radvansky University of Notre Dame, USA

The 5th edition of Human Memory provides a comprehensive overview of research and theory on human memory. Written in an engaging style, the book is divided into three sections, providing an accessible introduction to the application and assessment of memory theory. Packed full of student-friendly pedagogy including study questions, Stop and Review and Try it Out sections, Study in Depth text boxes, and more, Human Memory, 5th edition is an essential companion for all students of human memory.

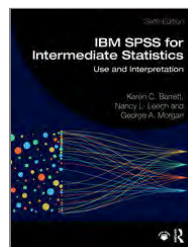
Routledge
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6TH EDITION

IBM SPSS for Intermediate Statistics

Use and Interpretation



Karen C. Barrett Colorado State University, USA
Nancy L. Leech University of Colorado at Denver, USA
George A. Morgan Colorado State University, USA

IBM SPSS for Intermediate Statistics, sixth edition, is designed to help readers analyze and interpret research data using IBM SPSS. An ideal supplement for courses in either intermediate/advanced statistics or research methods taught in departments of psychology, education, and other social and health sciences, this book is also appreciated by researchers in these areas looking for a handy reference for SPSS commands and how to interpret SPSS outputs.

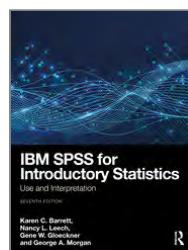
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7TH EDITION

IBM SPSS for Introductory Statistics

Use and Interpretation



Karen C. Barrett Colorado State University, USA
Nancy L. Leech University of Colorado at Denver, USA
Gene W. Gloeckner Colorado State University, USA
George A. Morgan Colorado State University, USA

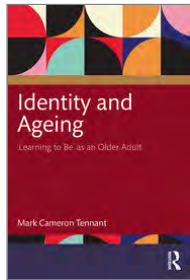
IBM SPSS for Introductory Statistics is designed to help students learn how to analyze and interpret research. In easy-to-understand language, the authors show readers how to choose the appropriate statistic based on the design, and to interpret outputs appropriately. This volume is an invaluable supplemental (or lab text) book for students. In addition, this book and its companion, IBM SPSS for Intermediate Statistics, are useful as guides/reminders to faculty and professionals regarding the specific steps to take to use SPSS and/or how to use and interpret parts of SPSS with which they are unfamiliar.

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Identity and Ageing

'Learning to Be' as an Older Adult



Mark Cameron Tennant

This book examines the fundamental social and cultural changes faced by older adults, exploring ageing and the psychological issues encountered in 'learning to be' as an older person. Acknowledging the historical, social, cultural, biological and technological factors that impact the psychological experience of identity as we age, this text will be of interest to psychology and social work students studying lifespan development. It will also appeal more broadly to a range of professions that provide services for older adults.

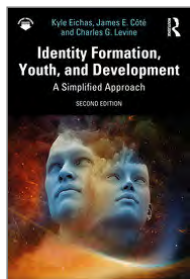
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2ND EDITION

Identity Formation, Youth, and Development

A Simplified Approach



Kyle Eichas, James E. Côté The University of Western Ontario, Canada **Charles G. Levine**

A landmark volume in the scientific study of identity formation and youth development, this fully revised second edition synthesizes sociological and psychological approaches to the study of identity. This book is an essential text for advanced undergraduate and graduate students studying self and identity development within developmental psychology, social psychology, clinical psychology, and sociology. Educators and practitioners in child welfare, mental health services, social work, youth and community work, and counselling will also benefit from its introductory and jargon-free nature.

Routledge
September 2025 : 250pp
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Integrating Converging Evidence in Behavioral Sciences

How to Incite a Scientific Revolution



Gary L. Brase Kansas State University

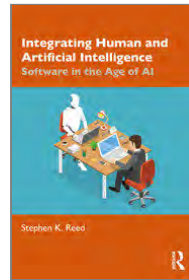
By examining the needs for consistency and coherence across different scientific disciplines, this book offers readers a practical framework for evaluating and advancing their research topics. Through an overview of established frameworks such as Marr's computational framework and Tinbergen's four questions, the book introduces a novel convergence framework specifically tailored to the behavioral sciences. This approach enables an integrated view of scientific theories and knowledge and empowers researchers to pinpoint areas of high impact. It serves as a rubric for students to grasp and navigate their research topics and also as a resource for more advanced researchers.

Routledge
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Integrating Human and Artificial Intelligence

Software in the Age of AI



Stephen K. Reed

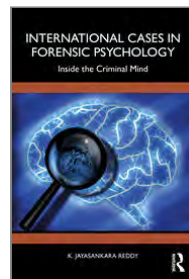
This timely book captures recent developments in AI and their far-reaching implications across education, cognition, business, healthcare, and environmental sectors. Drawing from current academic research, government reports, and industry insights, Integrating Human and Artificial Intelligence provides a comprehensive yet accessible overview of the rapid evolution of AI. This will be vital to overcome challenges to protect data privacy, promote fairness, minimize bias, and be culturally responsive. Well-grounded in recent scholarship, this book will be particularly valuable for students and researchers of cognitive psychology, AI and technology.

Routledge
August 2025 : 220pp
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International Cases in Forensic Psychology

Inside the Criminal Mind



K. Jayasankara Reddy

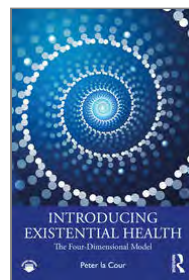
This book provides an in-depth investigation of different psychological phenomena in forensic psychology through an analysis of key case studies in the field. There is a growing requirement for a comprehensive resource that provides practical examples of how forensic psychology models are applied in real-life situations. Filling this lacuna, International Cases in Forensic Psychology takes the reader through a series of prominent case studies that illustrate the intricate details of criminal investigations, judicial proceedings, and correctional settings.

Routledge
May 2025 : 166pp
Pb: 978-1-032-99206-8 £36.99
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Introducing Existential Health

The Four-Dimensional Model



Peter la Cour

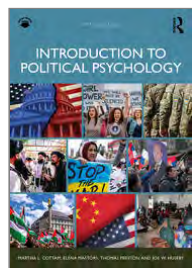
This book unfolds this evolving concept and places it in the context of common understandings of health. It presents existential health as a vital dimension in understanding human well-being, complementing the traditional biopsychosocial model. It critiques reductionist and mechanistic views of health and showcases a new four-dimensional model in healthcare practice and design that integrates biological, psychological, social, and existential dimensions. Presented as a valid alternative to the biopsychosocial model, it provides modern system thinking and a holistic understanding centred around meaning.

Routledge
May 2025 : 128pp
Pb: 978-1-032-81851-1 £39.99
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5TH EDITION

Introduction to Political Psychology



Martha L. Cottam Washington State University, USA
Elena Mastors Washington State University, USA
Thomas Preston Washington State University, USA
W. Huseby Washington State University

This fifth edition of *Introduction to Political Psychology* explores the many psychological patterns that influence individual political behavior. The authors introduce readers to a broad range of theories, concepts, and case studies of political activity, arguing that individuals are driven or motivated to act in accordance with personality characteristics, values, beliefs, and attachments to groups. Accessibly written and comprehensive in scope, it is an essential companion for all graduate and upper-level undergraduate students of psychology, political science, and political psychology. It will also be of interest to those in the policy-making community.

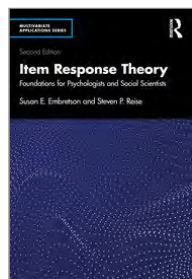
Routledge
 September 2025 : 618pp
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2ND EDITION

Item Response Theory

Foundations for Psychologists and Social Scientists



Susan E. Embretson Georgia Institute of Technology, Atlanta, USA
Steven P. Reise University of California, Los Angeles, USA

Series: Multivariate Applications Series

This book provides an intuitive and accessible introduction to item response theory (IRT), making complex psychometric concepts easier to grasp through graphical displays and familiar analogies. An essential for graduate students, researchers, and practitioners in psychology, education, and the social sciences, the book is useful for researchers who are implementing or developing person assessments, as well as for professionals in clinical, industrial, counselling, and behavioural medicine fields who need a strong grasp of contemporary psychometric foundations.

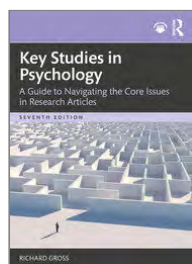
Routledge
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7TH EDITION

Key Studies in Psychology

A Guide to Navigating the Core Issues in Research Articles



Richard Gross Independent Scholar, UK

Now in its seventh edition, this book brings together 30 classic and contemporary studies in psychology to show students how to analyse key studies in the field, understand how classic theories are constantly revisited by modern researchers, and develop the skills required to write about psychology in exams and essays. Bridging the gap from A-level to degree level study, this is the ideal resource for undergraduate students in psychology.

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Key Topics in Coaching Psychology



Rebecca J. Jones Henley Business School, UK
Holly Andrews Henley Business School, UK

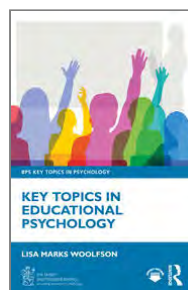
Series: BPS Key Topics in Psychology

Offering a concise and easy-to-read introduction to the subject, this book deals with key topics in the study of coaching psychology. It explains what coaching psychology is, when and why it is used, and what research can tell us about how and why it works. Academically informed, and fully integrating key theories with application in coaching practice, this book gives readers a comprehensive yet accessible understanding of coaching psychology. It is the ideal resource for undergraduate and postgraduate students of coaching psychology and occupational psychology, business, and leadership, as well as anyone with an interest in learning more about coaching psychology.

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Key Topics in Educational Psychology



Lisa Marks Woolfson University of Strathclyde, Glasgow, UK

Series: BPS Key Topics in Psychology

Written by an experienced academic and practitioner, this book offers a clear and accessible introduction to educational psychology. The book begins by exploring the history of educational psychology, highlighting key figures in its development and the complex and changing relationship between education and psychology. This is a must-read for undergraduate and postgraduate students of educational psychology, psychology of education, education, and educational studies. It will also be of interest to practitioners in training, particularly those who work in educational settings, including educational psychologists, teachers, therapists, and social workers.

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Key Topics in Quantitative Research



Paul Christiansen

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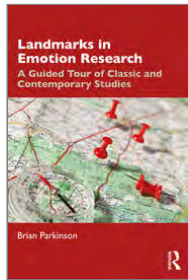
This book gives an overview of the key topics in quantitative methods. Written by an academic who has specialised in quantitative methods in psychology across a range of sub disciplines, it highlights how crucial understanding quantitative methods is to understanding research in psychology and beyond. First, it briefly considers the history of quantitative methods in psychology citing some key figures in both psychology and statistics. Following this it will describe how we apply models of scientific investigation to psychology to generate reliable knowledge.

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A Guided Tour of Classic and Contemporary Studies



Brian Parkinson

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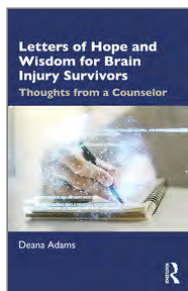
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Thoughts from a Counselor



Deana Adams Executive Director, Hope Behavioral Health

Letters of Hope and Wisdom for Brain Injury Survivors: Thoughts from a Counselor offers a personal, informal and spiritual perspective on how to manage the multiple issues related to brain injury. Written by a counsellor who draws on first hand experiential testimonies and insights, each chapter offers a personal letter to the survivor addressing the various issues stemming from a brain injury, along with practical applications suggested for recovery.

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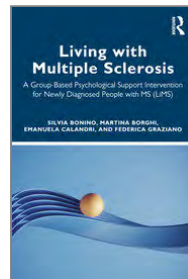
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Living with Multiple Sclerosis

A Group-Based Psychological Support Intervention for Newly Diagnosed People with MS (LiMS)



Silvia Bonino, Martina Borghi, Emanuela Calandri, Federica Graziano

Connecting theory, research and intervention, Living with Multiple Sclerosis offers an effective, innovative, and comprehensive group-based psychological support intervention specifically aimed at people newly diagnosed with Multiple Sclerosis (LiMS). The book is valuable reading for psychologists, researchers, and health professionals such as occupational or rehabilitation therapists working with people with MS as well as students specialising in clinical, health or developmental psychology.

Routledge

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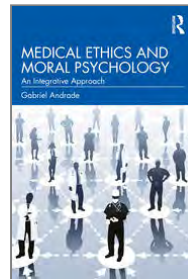
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An Integrative Approach



Gabriel Andrade

This is a pioneering book which provides a comprehensive exploration of the ethical challenges in contemporary healthcare. Seamlessly combining insights from medical ethics and moral psychology, this interdisciplinary work illuminates critical issues that have become particularly relevant in recent times, especially in the context of culture wars. Drawing on insights from psychology, sociology, anthropology and history to offer a comprehensive understanding of the complex dynamics shaping medical ethical decision-making, this is ideal reading for students and researchers in moral psychology, medical ethics, philosophy and public health.

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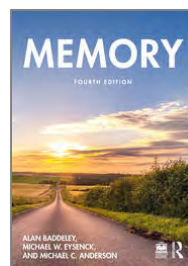
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4TH EDITION

Memory



Alan Baddeley The University of York, UK **Michael W. Eysenck**

Royal Holloway, University of London, UK

Michael C. Anderson MRC Cognition and Brain Sciences Unit, Cambridge, UK

This key textbook, now in its fourth edition, provides students with the most comprehensive introduction to the study of human memory and its applications in the field. Written by three leading experts, it delivers an authoritative and accessible overview of key topic areas. This edition of Memory is an essential resource for those embarking on their studies in this important field, or with an interest in the topic.

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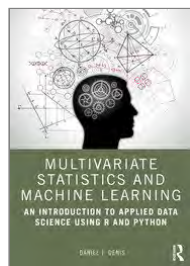
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Multivariate Statistics and Machine Learning

An Introduction to Applied Data Science Using R and Python



Daniel J. Denis

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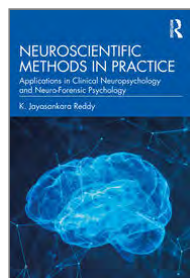
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Neuroscientific Methods in Practice

Applications in Clinical Neuropsychology and Neuro-Forensic Psychology



K. Jayasankara Reddy

This book presents an in-depth exploration of the convergence of neuroscience with clinical psychology, clinical neuropsychology and forensic psychology, examining advanced methodologies, practical applications and real-world case studies. Overall, it provides readers with the tools to negotiate complicated ethical landscapes while responsibly utilising neuroscientific discoveries, advocating for a balanced approach that combines scientific rigour and ethical responsibility. This volume is an important resource for students, researchers and practitioners of clinical neuropsychology, forensic psychology and neuroscience.

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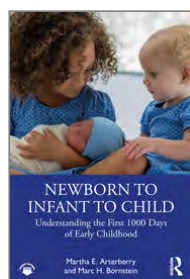
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Newborn to Infant to Child

Understanding the First 1000 Days of Early Childhood



Martha E. Arterberry Colby College, Maine, USA
Marc H. Bornstein NICHD, USA, the Institute for Fiscal Studies, and UNICEF.

This comprehensive and accessible book introduces child development in the first three years of life. Organized chronologically, the book explores three developmental stages—newborn (birth-3 months), infant (4-17 months), and child (18-36 months)—covering physical, perceptual, cognitive, language, emotional, and social development. Authored by world-renowned experts in child development, this essential edition is ideal for undergraduate courses in psychology, education, child development, nursing, and social work. It also serves as a valuable resource for professionals in early childhood development and education.

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Parental Gatekeeping



Edited by **Sarah J. Schoppe-Sullivan** The Ohio State University
F. Kübra Aytac DiCarlo The Ohio State University

Series: *Studies in Parenting Series*

Chapter authors review theories and conceptual models of gatekeeping, examine predictors of gatekeeping, and evaluate its consequences for parent-child relationships. Offering a holistic perspective, the book not only explores mothers' gatekeeping of fathers, but also considers the potential roles of others, including fathers and grandparents, as gatekeepers. Chapter authors also explore parental gatekeeping processes in at risk families, including separated and divorced families and those with adolescent and nonresident fathers. This book summarizes the key findings and critical gaps in the gatekeeping literature and suggests important directions for future research.

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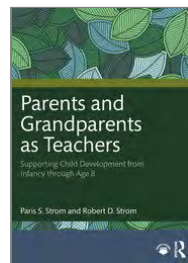
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eBook: 978-1-003-03507-7

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Parents and Grandparents as Teachers

Supporting Child Development from Infancy through Age 8



Paris S. Strom Auburn University
Robert D. Strom Arizona State University

A guide for families in teaching infants through age 8, this insightful book showcases how both parent and grandparent education can support greater family success, and how creative collaboration can produce benefits for each generation. This will be invaluable for parent and grandparent readers and may also be of interest to students majoring in family studies, and developmental psychology, and those preparing to become early childhood or elementary school teachers.

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Principles of Behavior



Richard W. Malott Western Michigan University, USA

Known for both its narrative style and scientific rigor, *Principles of Behavior* is the premier introduction to behavior analysis. Through an exploration of experimental, applied, and theoretical concepts, the author summarizes the key conversations in the field, bringing the content to life using humorous and engaging language. This is an essential resource for both introductory and intermediate courses in behavior analysis. It is carefully tailored to the length of a standard academic semester and how behavior analysis courses are taught, with each section corresponding to a week's worth of coursework.

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5TH EDITION

Principles of Research in Behavioral Science



Mary E. Kite , Bernard E. Whitley, Jr Ball State University, USA

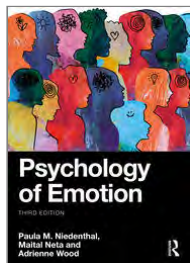
Now in its fifth edition, this invaluable textbook provides a comprehensive overview of research methods in the behavioral sciences, emphasizing the conceptual challenges inherent in scientific inquiry. Organized to mirror each stage of the research process, this text guides readers through the process, from formulating questions, to collecting data, to interpreting results. Ideal for advanced undergraduate, graduate, and post-graduate students seeking a strong foundation in research methods, it also serves as a valuable reference for seasoned researchers looking to refresh their knowledge.

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3RD EDITION

Psychology of Emotion



Paula M. Niedenthal University of Wisconsin, USA
Maital Neta , Adrienne Wood

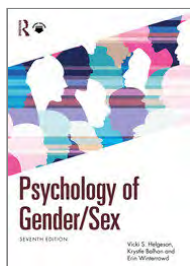
Psychology of Emotion reviews both theory and methods in emotion science, exploring findings about the brain; the function, expression, and regulation of emotion; similarities and differences due to gender and culture; the relationship between emotion and cognition; and emotion processes in groups. Comprehensive in its scope yet eminently readable, Psychology of Emotion serves as an ideal introduction for undergraduate students to the scientific study of emotion.

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7TH EDITION

Psychology of Gender/Sex



Vicki S. Helgeson Carnegie Mellon University, USA
Krystle M. Balhan , Erin Winterrowd

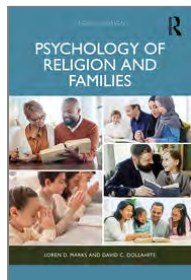
Now in its 7th edition, Psychology of Gender/Sex reviews the research and issues surrounding gender from multiple perspectives, including psychology, sociology, anthropology, and public health. It explores the ways in which gendered experiences are varied across development, social identities, and locations, focusing on the construct of gender/sex, as well as the implications of gender/sex for school, work, relationships, and health. Engaging and readable, Psychology of Gender/Sex is an essential text for all students of gender from psychology, women's studies, gender studies, sociology, and anthropology.

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2ND EDITION

Psychology of Religion and Families



Loren D. Marks Brigham Young University, USA
David C. Dollahite Brigham Young University, USA

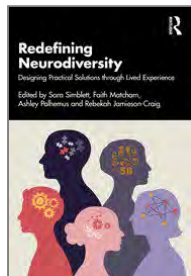
Now in its second edition, this multidisciplinary text addresses the growing scholarly connection between religion and family life and offers an accurate and engaging account of why and how families are impacted by their religion. Intended as a text for undergraduate courses in family and religion, the psychology or sociology of the family, the psychology or sociology of religion, pastoral/biblical counselling, or family and youth ministry, taught in human development and family studies, psychology, sociology, religion, social work, pastoral counselling, and philosophy, this book is also relevant to family therapists and counsellors.

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Redefining Neurodiversity

Designing Practical Solutions through Lived Experience



Edited by **Sara Simblett , Faith Matcham , Ashley Polhemus , Rebekah Jamieson-Craig**

Redefining Neurodiversity is a transformative exploration of neurodiversity, redefining how we perceive and engage with cognitive differences. By blending scientific research with personal narratives, this book highlights the lived experiences of neurodivergent individuals - challenging outdated deficit-based models and advocating for inclusive, strength-based approaches. This book is an essential read for academics, clinicians, educators, policymakers, industry professionals and anyone seeking to better understand neurodivergence.

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Research Design in Aging and Social Gerontology

Quantitative, Qualitative, and Mixed Methods



Joyce Weil Towson University

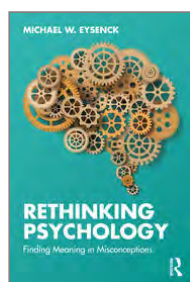
This comprehensive book provides a review across methodological approaches and data-collection methods commonly used with older adults in real-life settings. It addresses the role of normative age-related sensory, cognitive, and functional changes, as well as the influence of generational cohort (age-period-cohort). This text is intended for upper-level undergraduates and masters students in aging and gerontology as well as students in human development, applied anthropology, psychology, public health, sociology, and social work settings. Healthcare professionals, social workers, and care managers who work with older adults will also find this text a valuable resource.

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Rethinking Psychology

Finding Meaning in Misconceptions



Michael W. Eysenck Emeritus Professor of Psychology in the psychology department at Royal Holloway University of London, UK

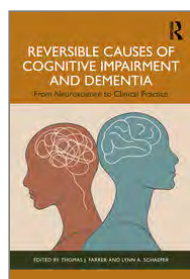
In this thought-provoking exploration of 44 of the most common psychological myths, Mike Eysenck examines the complexity of psychological science as well as the distortion of data, not only through the media, but also by researchers, textbook writers, and individuals themselves. He challenges the notion that the substantial progress made by psychology has provided enough convincing experimental evidence to successfully demolish these inaccuracies, and explores the ways in which psychological research should be systematically improved so that psychology can take its place as a robust scientific discipline.

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Reversible Causes of Cognitive Impairment and Dementia

From Neuroscience to Clinical Practice



Edited by **Thomas J. Farrer** Duke University Medical Center, Durham, NC **Lynn A. Schaefer** Nassau University Medical Center, N.Y.

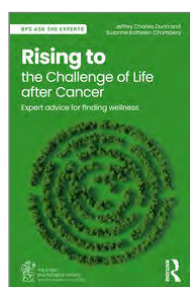
This pioneering book covers a broad range of reversible causes of cognitive decline and dementia, ranging from the basic neuroscience of the condition to clinical manifestations, and practice treatment implications. It offers something new to the field of dementia assessment and treatment by shining a light on the multiple comorbidities that compound the patient's clinical presentation and exacerbate cognitive decline, and by presenting differential diagnoses and the imperative to rule out reversible causes of cognitive impairment/dementia in one key text.

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Rising to the Challenge of Life After Cancer

Expert Advice for Finding Wellness



Jeffrey Charles Dunn, **Suzanne Kathleen Chambers**

Series: *BPS Ask The Experts in Psychology Series*

Rising to the Challenge of Life After Cancer: Expert Advice for Finding Wellness is an easy-to-read self-help guide for people facing cancer diagnosis and treatment. Following an effective Q&A format and based on a unique Wellbeing Essentials framework, it offers a valuable 'dip in and out' approach with signposting to evidence-based guidance on major challenges that those diagnosed with cancer and their family and friends may face. If you or someone close to you has had a cancer diagnosis, then this book is for you.

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Pb: 978-1-032-63881-2 £19.99
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7TH EDITION

Sensation and Perception



Elisabeth J. Ploran Hofstra University **Hugh J. Foley** Skidmore College

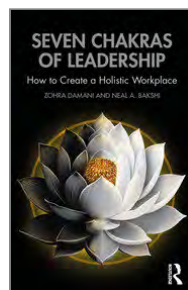
Covering a wide range of core topics, the book explores skin senses such as touch, chemical senses like taste and smell, and our complex visual and auditory systems. Behavioral, physiological, and neuroscience studies are also used to emphasize a holistic approach to the field. This edition includes additional up-to-date material on facial recognition and prosopagnosia, tinnitus, and pain perception. Each chapter also features content on changes in perception across the lifespan, as well as medical disorders that disrupt perception. The book is accompanied by downloadable resources to test and extend student learning.

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Pb: 978-1-032-50058-4 £89.99
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Seven Chakras of Leadership

How to Create a Holistic Workplace



Zohra Damani Independent Scholar, USA **Neal A. Bakshi**

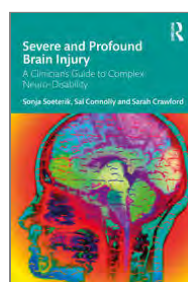
Seven Chakras of Leadership is a transformative guide for leaders seeking to align their inner energy with their professional impact. It connects ancient wisdom with modern leadership science, offering a powerful framework for navigating the complexities of today's workplace while staying grounded in authenticity and purpose. With templates for energy management and chakra assessment, whether you're a corporate executive, manager, or entrepreneur, this book equips you with practical strategies to balance your inner compass and develop conscious, compassionate leadership.

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Severe and Profound Brain Injury

A Clinician's Guide to Complex Neuro-Disability



Sonja Soeterik, **Sal Connolly**, **Sarah Crawford**

Severe and Profound Brain Injury is a comprehensive guide offering clinicians practical tools, techniques and ways to structure thinking in approaching how to best assess and provide neurorehabilitation to patients with the most overwhelming and complex neuro-disability. Advances in acute care will lead to increasing numbers of people surviving with complex neuro-disability and more families will be challenged by a confusing and devastating form of loss. Most clinicians will not have encountered this level of impairment in clinical practice and can feel deskilled, challenged by how best to help and overpowered by the questions it raises.

Routledge
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2ND EDITION

Sex and Gender

A Biopsychological Approach



Heidi R. Riggio California State University, Los Angeles, USA

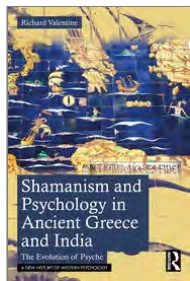
The second edition of this popular textbook provides a current and comprehensive understanding of sex and gender that incorporates biological, psychological and social approaches. Using both scientific and feminist approaches in its analysis, the book shows how sex and gender can only be properly understood when taking into account biopsychological approaches and the interactions between these processes.

Routledge
October 2025 : 448pp
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Shamanism and Psychology in Ancient Greece and India

The Evolution of Psyche



Richard Valentine Researcher and Cultural Consultant for the induction of international students coming to UK universities.

Series: A New History of Western Psychology

This book offers a historical introduction to psychology. It investigates the evolutionary origins of our capacity to practice psychology, including its language and the cultural containers in which it can emerge, such as those of ancient Greece and ancient India. This is the second book in a new series, which intends to present the emergence of Western psychology in a global context. Presented in an accessible manner, this is an excellent resource for students and teachers of psychology, philosophy, history, linguistics, archaeology, and anthropology, as well as general readers who want to learn more about the origins of this fascinating subject on a global stage.

Routledge
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Hb: 978-1-041-02117-9 £145
eBook: 978-1-003-61781-5

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Social Psychology of Leadership and Crowds

Global Perspectives



Edited by **Mete Sefa Uysal**, **Sara Vestergren**, **Yasemin Gulsum Acar**

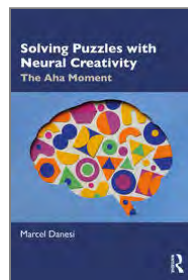
This timely volume brings together research on leadership and social movements, exploring the psychological and social processes at the intersection of crowd psychology and leadership studies. Featuring perspectives from around the globe, the book examines collective action, social movements and change, identity construction, repression and power. The book is a novel exploration that illustrates how leaders shape the course of history and how crowds, in turn, redefine the landscape of power.

Routledge
September 2025 : 208pp
Pb: 978-1-032-82138-2 £39.99
Hb: 978-1-032-82714-8 £145

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Solving Puzzles with Neural Creativity

The Aha Moment



Marcel Danesi

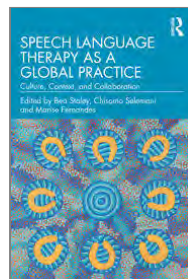
This book takes an in-depth look at the tradition of solving puzzles and considers the psychological cause and effect of the 'Aha moment': that familiar flash of sudden insight. Everyone loves a good puzzle, but why is this so? In *Solving Puzzles with Neural Creativity*, Marcel Danesi considers the importance of puzzles to the study of mind and culture and explores how they stimulate creative regions of the brain. Examining all kinds of puzzles including verbal, nonverbal and mathematical, this book will be of great interest to students and scholars of psychology, cognitive science, neuroscience and anthropology.

Routledge
June 2025 : 238pp
Pb: 978-1-032-91474-9 £47.99
Hb: 978-1-032-91170-0 £145

* For full contents and more information, visit www.routledge.com/9781032914749

Speech Language Therapy as a Global Practice

Culture, Context, and Collaboration



Edited by **Bea Staley** College of Health & Human Sciences, Charles Darwin University, **Chisomo Selemani**, **Marise Fernandes**

Speech Language Therapy as a Global Practice focuses on the necessary skills and considerations needed to be a culturally responsive clinician in a multicultural and multilingual world. The book highlights current issues of global practice and advocates for appropriate ways to engage with global communities. This much needed book will be essential reading for trainee and practising speech language therapists, particularly those interested in cultural competence, meaningful reflection and ethical practice. It will also be of interest to allied health professionals working with individuals experiencing communication disability.

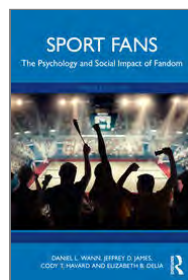
Routledge
August 2025 : 298pp
Pb: 978-1-032-52969-1 £37.99
Hb: 978-1-032-52973-8 £140

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3RD EDITION

Sport Fans

The Psychology and Social Impact of Fandom



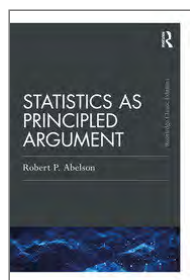
Daniel L. Wann Murray State University, USA, **Jeffrey D. James** Florida State University, USA, **Cody T. Havard**, **Elizabeth B. Delia**

Sports, and the fans that follow them, are everywhere. The third edition of *Sport Fans: The Psychology and Social Impact of Fandom* examines the affective, behavioral, and cognitive reactions of fans to better comprehend how sport impacts individual fans and society as a whole. Expertly combining a rigorous level of empirical research and theory in an engaging, accessible format, *Sport Fans* remains the essential text on sport fan behavior.

Routledge
July 2025 : 350pp
Pb: 978-1-032-58886-5 £56.99
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Statistics as Principled Argument



Robert P. Abelson Yale University

Series: Psychology Press & Routledge Classic Editions

In *Statistics as Principled Argument*, first published in 1995, Robert P. Abelson delved into the often-dismissed problems of interpreting quantitative data and then presented them in the context of a coherent story about one's research. This classic edition offers a new introduction situating Abelson's work through a contemporary lens, highlighting how his teachings remain relevant today. It has been proven to generate true interest for beginning graduate students and seasoned researchers alike, and will be invaluable to students, scholars, researchers and practitioners who use statistics within their research.

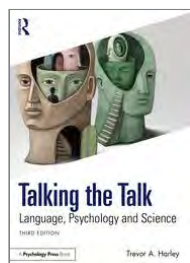
Routledge
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3RD EDITION

Talking the Talk

Language, Psychology and Science



Trevor A. Harley University of Dundee, UK

Talking the Talk provides a comprehensive introduction to the psychology of language, written for the reader with no background in the field or any prior knowledge of psychology. Written in an accessible and friendly style, the book answers the questions people actually have about language; how do we speak, listen, read, and learn language? *Talking the Talk* is written in an engaging style which does not hesitate to explain complex concepts. It is essential reading for all undergraduate students and those new to the topic, as well as the interested lay reader.

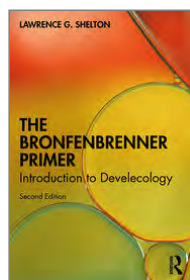
Psychology Press
May 2025 : 368pp
Pb: 978-1-032-67320-2 £48.99
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eBook: 978-1-032-69199-2

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2ND EDITION

The Bronfenbrenner Primer

Introduction to Develceology



Lawrence G. Shelton University of Vermont, USA

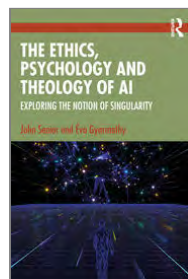
This revised and updated second edition of *The Bronfenbrenner Primer* builds on one of the first-ever introductions to acclaimed child psychologist Urie Bronfenbrenner's Ecological Systems Model of Development Framework, written specifically for undergraduate students. The author provides a guided introduction to Bronfenbrenner's concepts, their interpretation, and their potential applications. *The Bronfenbrenner Primer* is a highly regarded and valuable resource for students beginning their studies in Developmental Psychology, Family Science, Sociology, Health Sciences, Social Work, Education, and for anyone interested in understanding the social world.

Routledge
September 2025 : 188pp
Pb: 978-1-032-70219-3 £49.99
Hb: 978-1-032-71652-7 £145

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The Ethics, Psychology and Theology of AI

Exploring the Notion of Singularity



John Senior, Éva Gyarmathy

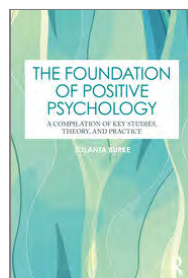
This book explores the profound impact of Artificial Intelligence Psychology (AIPsy) on human psychology, identity, theology, and agency, addressing the urgent need to define the future of humanity amidst evolving technological landscapes. Divided into four sections, it covers the psychological implications of AI on human cognition and behaviour, analyses theological perspectives on AI, re-examines agency and identity in the age of AI, and fosters a multidisciplinary dialogue synthesizing insights from psychology, theology, ethics, philosophy, computer science, and sociology.

Routledge
September 2025 : 302pp
Pb: 978-1-032-82505-2 £39.99
Hb: 978-1-032-90350-7 £145

* For full contents and more information, visit www.routledge.com/9781032825052

The Foundation of Positive Psychology

A Compilation of Key Studies, Theory, and Practice



Jolanta Burke

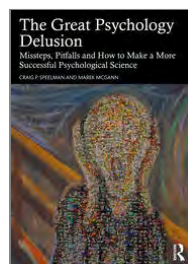
The Foundation of Positive Psychology: A compilation of key studies, theory and practice is a milestone text which serves as a comprehensive handbook for positive psychology. It offers a compilation of over 200 seminal papers that provide a balanced overview of the nature, origins and evolution of the discipline. Across five chapters, readers will embark on a journey, delving into pivotal studies, theories, and practical applications that have moulded this dynamic field, exploring the promotion of positive psychology across various disciplines.

Routledge
May 2025 : 224pp
Pb: 978-1-032-86452-5 £39.99
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eBook: 978-1-003-53059-6

* For full contents and more information, visit www.routledge.com/9781032864525

The Great Psychology Delusion

Missteps, Pitfalls and How to Make a More Successful Psychological Science



Craig Speelman Edith Cowan University
Marek McGann

This book takes an unflinching look at some of the foundational assumptions of psychological science. Exploring long-standing unanswered critiques of psychological research in a way that is detailed but accessible, it brings together a wealth of material that challenges our understanding of what the science of psychology really is, and how the subject matter of that science should be conceived. This unsentimental examination of the state of things nevertheless allows the authors to identify concrete steps that the scientific community can take to re-ground psychological research and move forward to a successful science studying the richest and most complex phenomena we know of: us.

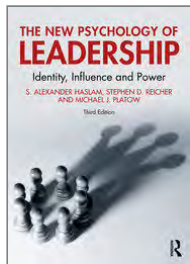
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* For full contents and more information, visit www.routledge.com/9781032815404

3RD EDITION

The New Psychology of Leadership

Identity, Influence and Power



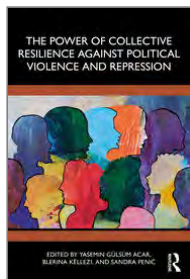
S. Alexander Haslam University of Exeter, UK
Stephen D. Reicher, **Michael J. Platow** The Australian National University, Australia

This groundbreaking book provides a comprehensive and compelling introduction to the field of leadership that is jam-packed with theoretical and practical insights derived from a wealth of applied scientific research conducted by the authors and their colleagues around the world over the last four decades. Drawing on real-world examples and rich data sources, this book will appeal to academics, researchers, and students of psychology, business, and management, as well as to practitioners, policy makers, and anyone interested in the workings of leadership, influence, and power.

Routledge
 November 2025 : 324pp
 Pb: 978-1-032-54274-4 £36.99
 Hb: 978-1-032-54338-3 £145

* For full contents and more information, visit www.routledge.com/9781032542744

The Power of Collective Resilience Against Political Violence and Repression



Edited by **Yasemin Gulsum Acar**, **Blerina Këllezi**,
Sandra Penić

This book outlines the importance of collective resilience for groups who have faced challenging or threatening circumstances, such as war and political violence. Drawing on novel research from a range of diverse contexts, the book explores a nuanced picture of how political violence can lead to increased social cooperation and action within communities, as well as the well documented negative dynamics. It brings together researchers studying the collective resilience of civilians in the context of political violence and repression in three fields: psychological well-being, resistance and collective action, and reconciliation and peacebuilding.

Routledge
 June 2025 : 276pp
 Pb: 978-1-032-70847-8 £39.99
 Hb: 978-1-032-70853-9 £145

* For full contents and more information, visit www.routledge.com/9781032708478

4TH EDITION

The Psychology of Advertising



Bob M Fennis Professor, University of Groningen, Netherlands
Wolfgang Stroebe Emeritus Professor, Utrecht University, Netherlands

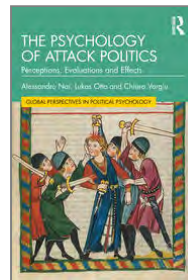
The book offers a comprehensive overview of theory and research in consumer psychology, exploring how advertising impacts the thoughts, emotions and actions of consumers. It links psychological theories and empirical research findings to real-life industry examples, showing how scientific research can inform marketing practice. This newly updated fourth edition includes a new chapter on social media advertising that considers how brands and social media influencers affects consumer judgement and choice.

Routledge
 May 2025 : 496pp
 Pb: 978-1-032-59613-6 £49.99
 Hb: 978-1-032-62131-9 £145
 eBook: 978-1-032-62132-6

* For full contents and more information, visit www.routledge.com/9781032596136

The Psychology of Attack Politics

Perceptions, Evaluations and Effects



Alessandro Nai, **Lukas P. Otto**, **Chiara Vargiu**

Series: Global Perspectives in Political Psychology

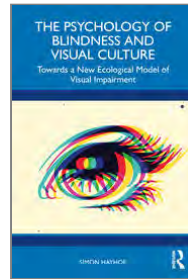
The Psychology of Attack Politics explores negativity in election campaigns, and the way in which the, often deliberate, use of negative messaging impacts voters, and has wide reaching societal consequences. With most elections being fraught with tension, disrespectful treatment of political opponents, and political incivility, this timely book aims to disentangle the dynamics of negativity perceptions (that is, whether citizens perceive a given message to be negative), evaluations (that is, whether citizens like or dislike the negative message), and effects (that is, whether exposure to negative messages alters attitudes and behaviours).

Routledge
 July 2025 : 276pp
 Pb: 978-1-032-28383-8 £39.99
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The Psychology of Blindness and Visual Culture

Towards a New Ecological Model of Visual Impairment



Simon Hayhoe

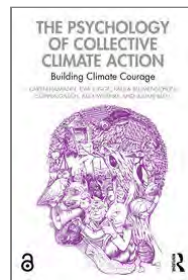
The Psychology of Blindness and Visual Culture: Towards a new ecological model of visual impairment advances the debate regarding the inclusion and wellbeing of people with visual impairment (PVI) through looking at the psychological nature of visual culture and its effects on the lived experience. It explores whether it is possible to increase access to visual culture for PVI through language, alternative sensory data or contemporary communication media, and in so doing, questions whether or not communication and culture are intrinsically visual.

Routledge
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 Pb: 978-1-032-63591-0 £39.99
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The Psychology of Collective Climate Action

Building Climate Courage



Karen Hamann, **Eva Junge**, **Paula Blumenschein**,
Sophia Dasch, **Alex Wernke**, **Julian Bleh**

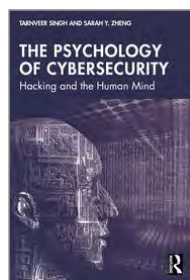
How do we find the courage to act together against the climate crisis? This book weaves together real-life findings and examples from the social-ecological movement with psychological research to show how motivation for collective climate action can be built. The book addresses two key questions: how can individuals be motivated to participate in collective climate action, and how can climate groups become resilient and effective? Specifically, it explores how individuals can foster their identification with climate action groups, as well as strengthening their feeling to be effective - both as a group and as part of a group.

Routledge
 May 2025 : 244pp
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* For full contents and more information, visit www.routledge.com/9781032905280

The Psychology of Cybersecurity

Hacking and the Human Mind



Tarnveer Singh , Sarah Y. Zheng

Series: Current Issues in Cyberpsychology

This book takes a fresh look at the psychology of cybersecurity and IT management, discussing the role of cognitive bias and human factors on poor decisions. Written by an experienced CISO and Cybersecurity professional with over two decades of lived experience dealing with cybersecurity risks, the book considers the psychology and motivations of those involved with cybersecurity both as cyber attackers and cyber defenders. It uses case studies and real-world examples to show how understanding the psychology behind cybersecurity can help people improve their security awareness and make more rational choices.

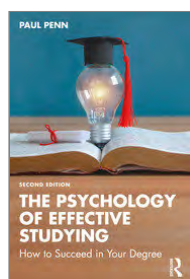
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2ND EDITION

The Psychology of Effective Studying

How to Succeed in Your Degree



Paul Penn Independent Scholar, UK

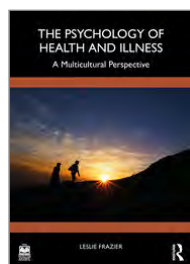
This book provides a vital guide for students to key study skills that are instrumental to success at university, covering time management, academic reading and note-taking, academic integrity, preparation of written assignments, teamwork, giving presentations and revision. Written in an informal and engaging style by an award-winning psychology lecturer, and including illustrations and examples from popular culture, this is the ideal alternative and accessible study skills resource for students at undergraduate level, as well as any reader interested in how to learn more effectively.

Routledge
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The Psychology of Health and Illness

A Multicultural Perspective



Leslie D. Frazier

The Psychology of Health and Illness is a thoroughly updated version of Leslie Frazier's previous textbook on health psychology, which provides an engaging and contemporary approach to understanding health psychology from a truly international perspective. Combining both biopsychosocial and lifespan developmental perspectives, the book integrates core theory, research, and practice on global and cross-cultural health issues. This is essential reading for undergraduate students on Health Psychology courses as well as those in related fields such as nursing and the allied health professions.

Routledge
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2ND EDITION

The Psychology of Retirement



Susan M. Moore Swinburne University, Australia
Doreen A Rosenthal

Series: The Psychology of Everything

The Psychology of Retirement looks at this life stage as a journey that involves challenges, opportunities, setbacks, periods of disenchantment and, often, exciting new beginnings. Updates include a new chapter on the 'old age' stage of life as well as end-of-chapter tips and things to think about, case studies of retirees and pre-retirees, and new statistics including the effects of COVID and homeworking. Retirement can be a period of significant psychological growth and development, and The Psychology of Retirement shows how it can herald the beginning of a vibrant and active stage of life.

Routledge
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The Psychology of Sports Fans



Aaron C.T. Smith University of Canberra, Australia

Series: The Psychology of Everything

Why are so many people committed to sports? Why are they so committed? Why do fans remain loyal when this seems illogical and counter-intuitive? The Psychology of Sports Fans explains the intricate psychological foundations of sports fandom, exploring why sports hold such emotional power across cultures and demographics. This book will appeal to sports enthusiasts and anyone interested in sports fandom, sport psychology, sport sociology, and sport management.

Routledge
August 2025 : 124pp
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The Psychology of Starting School and How I Feel About My School

An Evidence-Based Guide for Parents and Teachers Guidebook and Storybook Set



Claire Hughes , Caoimhe Dempsey , Elian Fink , Anita Lehmann

This set contains the professional guide The Psychology of Starting School alongside the storybook How I Feel About My School. This set is invaluable for parents, teachers, SENDCos and health visitors, mental health professionals and social workers supporting the important transition to school, as well as those wanting to facilitate conversations about the emotional highs and lows of a day at school.

Routledge
May 2025 : 192pp
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* For full contents and more information, visit www.routledge.com/9781032914121

The Psychology of Stress



Charlotte Mottram, Alison Woodward, Shanti Farrington

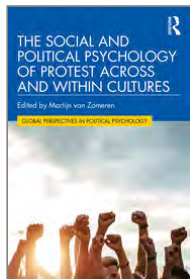
Series: The Psychology of Everything

This book combines knowledge from neuroscience and the psychological and physiological underpinnings of stress to offer a scientific approach to understanding and managing symptoms. It provides practical and accessible interventions to help overcome the effects of dealing with overwhelming experiences, and also brings in the role of family and community in helping to live a more stress-free life. Using a framework that integrates physical and mental health, The Psychology of Stress provides an overview of the key aspects of stress and coping, and reveals how to integrate scientific, therapeutic and movement-based approaches to deal with stress and enhance wellbeing.

Routledge
August 2025 : 101pp
Pb: 978-1-032-86975-9 £12.99
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The Social and Political Psychology of Protest Across and Within Cultures



Edited by Martijn van Zomeren

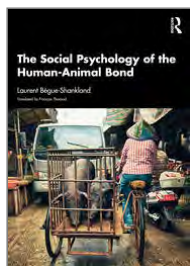
Series: Global Perspectives in Political Psychology

This topical book explores the phenomenon of when and why people protest. Based in social and political psychology, the book takes a comparative approach across cultures and examines how human motivation and political and cultural contexts affects protests. Showcasing state-of-the-art chapters from a new generation of social protest researchers, the book offers an overview of research into contemporary social change over the last decade. It draws on interdisciplinary research from social and political psychology across cultures to increase the scope of the phenomenon of social protest.

Routledge
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* For full contents and more information, visit www.routledge.com/9781032743943

The Social Psychology of the Human-Animal Bond



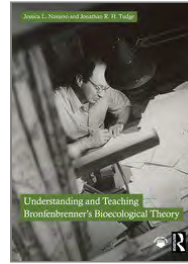
Laurent Bègue-Shankland

This book looks at our relationships of dominance with and affection for animals. It reviews how animals played a pivotal role in ancient civilizations, and still play a fundamental part in human lives, and looks at how many humans feel deep affection and other strong emotions towards animals. This book shows how much our relations with animals - from attachment to abuse - reveal our identity and our relations with others. It will provide a valuable resource not only to students and researchers studying human-animal relations, zoology and human psychology, but also to a general reader interested in animal advocacy.

Routledge
November 2025 : 202pp
Pb: 978-1-032-89960-2 £24.99
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* For full contents and more information, visit www.routledge.com/9781032899602

Understanding and Teaching Bronfenbrenner's Bioecological Theory



Jessica L. Navarro, Jonathan R. H. Tudge

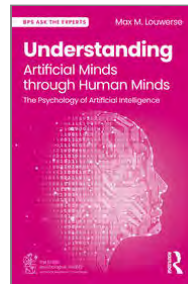
Clarifying misinterpretations of Bronfenbrenner's bioecological theory and offering a fresh perspective, this insightful book provides practical guidance for scholars on effectively teaching Bronfenbrenner's theory at both undergraduate and graduate levels, as well as applying it in research and practice. This resource is indispensable for instructors, researchers, and students eager to understand and apply the theory, as well as for anyone seeking a deeper understanding of human development in today's complex, interconnected world.

Routledge
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Pb: 978-1-032-73575-7 £48.99
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Understanding Artificial Minds through Human Minds

The Psychology of Artificial Intelligence



Max M. Louwerse

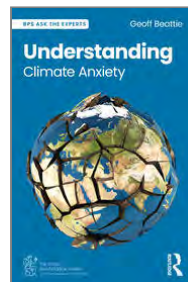
Series: BPS Ask The Experts in Psychology Series

Understanding Artificial Minds through Human Minds provides an introduction into artificial intelligence through the lens of psychology. Answering all the questions you've been too afraid to ask, Understanding Artificial Minds through Human Minds is a must-read for anyone wanting to understand more about the greatest technological advancement of a generation, and the impact for human psychology.

Routledge
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Pb: 978-1-032-79229-3 £19.99
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Understanding Climate Anxiety



Geoff Beattie

Series: BPS Ask The Experts in Psychology Series

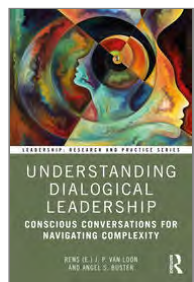
How should we react to climate anxiety? This accessible book discusses anxiety and other emotions brought on by climate change, examining what climate anxiety is, why it is becoming so prevalent and how it differs from other types of anxiety. Written by an expert psychologist, the book examines why climate anxiety is developing so rapidly, particularly in younger people. It looks at how it can manifest differently - sometimes as hopelessness or despair, and sometimes as anger which can serve as a catalyst for action. This highly topical book will be of great interest to students of psychology, environmental science and social science.

Routledge
July 2025 : 218pp
Pb: 978-1-032-61676-6 £19.99
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Understanding Dialogical Leadership

Conscious Conversations for Navigating Complexity



Rens (E.) J. P. van Loon, Angel S. Buster

Series: Leadership: Research and Practice

Understanding Dialogical Leadership emphasizes the power of dialogue, self-reflection, and shared decision-making in navigating the complexities of collaborative leadership, especially in the face of evolving challenges in modern life. This book encourages leaders to engage in conversations that bridge diverse perspectives and foster a deeper understanding of the self in a relational world and the complex challenges faced by humanity. It will appeal to leaders, coaches, and HR professionals, as well as those studying and looking to develop leadership.

Routledge

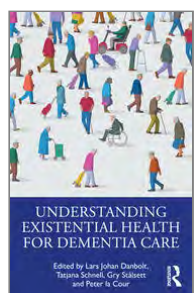
August 2025 : 236pp

Pb: 978-1-032-96858-2 £37.99

Hb: 978-1-032-97128-5 £145

* For full contents and more information, visit www.routledge.com/9781032968582

Understanding Existential Health for Dementia Care



Edited by **Lars Johan Danbolt, Tatjana Schnell, Gry Stålsett, Peter la Cour**
Specialized University Gry Stålsett MF scientific college

Understanding Existential Health for Dementia Care is a groundbreaking book that describes how existential health can enrich and expand bio-psycho-social approaches to dementia care, recognizing that well-being extends beyond physical, neurological, and cognitive symptoms. This book equips professionals, clinicians, and caregivers to integrate existential dimensions into person-centered care, emphasizing the role of meaning in life and emotional connection for dealing with illness and suffering.

Routledge

May 2025 : 138pp

Pb: 978-1-032-82942-5 £32.99

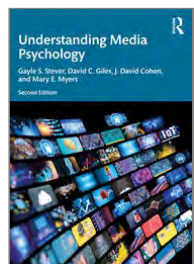
Hb: 978-1-032-85346-8 £145

eBook: 978-1-003-51773-3

* For full contents and more information, visit www.routledge.com/9781032829425

2ND EDITION

Understanding Media Psychology



Gayle S. Stever, David C. Giles, J. David Cohen, Mary E. Myers

This book is an authoritative introductory textbook to the growing field of media psychology. Providing an overview of topics in the field, it summarizes key concepts and theories as well as considering the importance of media psychology in today's society. The second edition of this bestselling textbook has been fully updated to reflect the changing landscape of media psychology. Containing a range of pedagogical features throughout to aid teaching and student learning, including vocabulary and key terms, discussion questions, and boxed examples, this is an essential resource for media psychology courses at the undergraduate and introductory master's level globally.

Routledge

July 2025 : 400pp

Pb: 978-1-032-79106-7 £49.99

Hb: 978-1-032-81268-7 £145

* For full contents and more information, visit www.routledge.com/9781032791067

Women's Health

Women and Cancer



Edited by **Kristina S. Brown**

Series: Feminist Family Therapy

This book delves into the critical issue of cancer as one of the leading causes of death for women across diverse backgrounds, highlighting the alarming racial disparities across healthcare for women that affect mortality rates for Black, Indigenous, and Women of Color. It provides a wealth of information for consideration for both mental health and medical professionals. The chapters in this book were originally published in the Journal of Feminist Family Therapy.

Routledge

May 2025 : 130pp

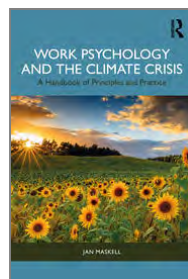
Hb: 978-1-032-71839-2 £145

eBook: 978-1-032-71842-2

* For full contents and more information, visit www.routledge.com/9781032718392

Work Psychology and the Climate Crisis

A Handbook of Principles and Practice



Jan Maskell Lancaster University, UK

This book explores the psychological impact of climate change on organisations and individuals, encouraging the reader to consider the ways in which they can take action to address this critical issue. This is a valuable resource for students, academics, and practitioners of occupational psychology, environmental psychology, and sustainable business. It will also be of interest to a variety of other practitioners and researchers interested in climate mitigation, as well as businesses and HR professionals looking to use occupational psychology in their climate strategies, and those working in 'green' jobs.

Routledge

September 2025 : 186pp

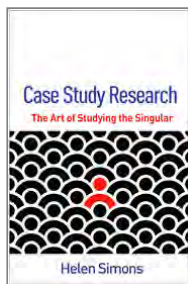
Pb: 978-1-032-72772-1 £35.99

Hb: 978-1-032-72786-8 £145

* For full contents and more information, visit www.routledge.com/9781032727721

Case Study Research

The Art of Studying the Singular



Helen Simons University of Southampton (Emeritus), United Kingdom

Written from an interpretive and constructionist perspective, this insightful book explores how to conduct case study research focusing on the lived experience of those in the case. It shines a spotlight on the use of art forms and story alongside other qualitative methods that advance intuitive understanding, inclusion, epistemic justice, and democratic ethics. Helen Simons distills expertise and practical wisdom gained over decades of conducting research on programs, policies, and institutions. Featuring examples and tips, chapters consider how to design, conduct, and interpret case study research; write up cases for different audiences; assure quality; and generalize from a single case.

Guilford Press

August 2025 : 242pp

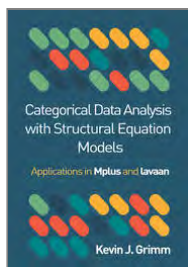
Pb: 978-1-462-54954-2 £41.99

Hb: 978-1-462-55723-3 £62.99

* For full contents and more information, visit www.routledge.com/9781462549542

Categorical Data Analysis with Structural Equation Models

Applications in Mplus and lavaan



Kevin J. Grimm Arizona State University, United States

Multivariate categorical outcomes require specialized structural equation modeling (SEM) software to be analyzed properly. This book leads readers from regression analysis with categorical outcomes to complex SEMs with latent variables for categorical indicators. The text demonstrates regression analyses for binary, ordered, or count outcomes using R, with comparable SAS code at the companion website. It reanalyzes the same data using Mplus and R lavaan to show how univariate models for categorical outcomes can be estimated and interpreted with SEM programs, before tackling multivariate models and advanced SEM with categorical outcomes. Annotated Mplus and lavaan code is featured throughout.

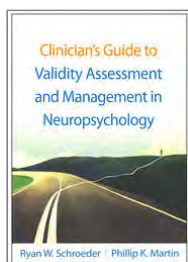
Guilford Press

October 2025 : 368pp

Hb: 978-1-462-55831-5 £62.99

* For full contents and more information, visit www.routledge.com/9781462558315

Clinician's Guide to Validity Assessment and Management in Neuropsychology



Ryan W. Schroeder University of Kansas School of Medicine-Wichita, United States
Phillip K. Martin University of Kansas School of Medicine-Wichita, United States

This unique hands-on guide walks neuropsychologists through the process of validity assessment and management in real-world clinical settings. Emphasizing the medical necessity of evaluating validity, the authors provide examples, procedural tips, and downloadable tools. Step-by-step guidelines are given for managing potentially complicated referrals, using clinical interviews to gain awareness of possible concerns, choosing and administering performance and symptom validity tests, and providing feedback and treatment recommendations when invalidity is identified. Clinician-patient relationship issues are sensitively addressed. The book concludes with a chapter-length case example.

Guilford Press

August 2025 : 256pp

Pb: 978-1-462-55785-1 £45.99

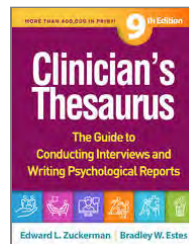
Hb: 978-1-462-55786-8 £69.99

* For full contents and more information, visit www.routledge.com/9781462557851

9TH EDITION

Clinician's Thesaurus, Ninth Edition

The Guide to Conducting Interviews and Writing Psychological Reports



Edward L. Zuckerman, **Bradley W. Estes**

This authoritative reference is now in an updated ninth edition including the latest terminology and diagnostic codes. In a handy large-size format, the Thesaurus covers nearly all areas of concern addressed in intakes, assessments, treatment plans, progress notes, and closing summaries. Users seeking the right wording for a clinical document can select from thousands of technical terms, behavioral descriptors, and standard statements. Also featured is a list of all psychiatric ICD-10-CM diagnoses, including Z codes and relevant medical codes for a biopsychosocial evaluation. The companion website presents updated web links, reproducible forms, and a detailed psychiatric medications list.

Guilford Press

September 2025 : 400pp

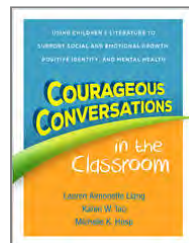
Pb: 978-1-462-55807-0 £55.99

Hb: 978-1-462-55808-7 £84.99

* For full contents and more information, visit www.routledge.com/9781462558070

Courageous Conversations in the Classroom

Using Children's Literature to Support Social and Emotional Growth, Positive Identity, and Mental Health



Lauren Aimonette Liang University of Utah, United States
Karen W. Tao University of Utah, United States
Michelle K. Hosp University of Massachusetts Amherst, United States

A complete classroom toolkit, this book empowers teachers to leverage high-quality children's literature to boost emotional well-being, positive self-identities, social awareness, and civic engagement. Nine thematic instructional units are built around carefully curated book sets. Teachers are guided to spark meaningful conversations and foster empathy by exploring themes like friendship, bullying, racism, disability, and mental health. Step-by-step lesson plans include ready-to-use scripts, activities, and discussion prompts suitable for 8- to 12-year-olds. The Appendix features 30 reproducible and downloadable worksheets and handouts; the large-size format facilitates photocopying.

Guilford Press

August 2025 : 342pp

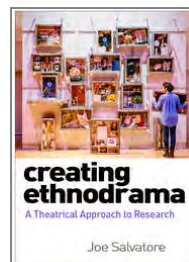
Pb: 978-1-462-55733-2 £37.99

Hb: 978-1-462-55756-1 £56.99

* For full contents and more information, visit www.routledge.com/9781462557332

Creating Ethnodrama

A Theatrical Approach to Research



Joe Salvatore New York University, United States

Guilford Press

August 2025 : 276pp

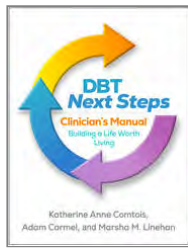
Pb: 978-1-462-54985-6 £45.99

Hb: 978-1-462-55770-7 £62.99

* For full contents and more information, visit www.routledge.com/9781462549856

DBT Next Steps Clinician's Manual

Building a Life Worth Living



Katherine Anne Comtois University of Washington, United States
Adam Carmel University of Washington, United States
Marsha M. Linehan University of Washington (Emeritus), United States

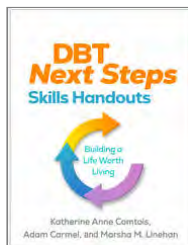
DBT Next Steps is a groundbreaking expansion of standard Dialectical Behavior Therapy (DBT) for clients who have moved beyond crisis behaviors—yet haven't achieved their goals in such areas as employment, school, and relationships. In a convenient large-size format, this authoritative clinician's manual provides detailed lesson plans for six brand-new DBT skills modules: Perfectionism versus Reinforcement, Establishing and Reevaluating Relationships, Time Management, Managing Emotions Effectively, Succeeding after DBT, and Applications of Mindfulness. Reproducible skills training tools are provided in the related client resource, available separately: DBT Next Steps Skills Handouts.

Guilford Press
 September 2025 : 234pp
 Pb: 978-1-462-55811-7 £45.99
 Hb: 978-1-462-55812-4 £69.99

* For full contents and more information, visit www.routledge.com/9781462558117

DBT Next Steps Skills Handouts

Building a Life Worth Living



Katherine Anne Comtois University of Washington, United States
Adam Carmel University of Washington, United States
Marsha M. Linehan University of Washington (Emeritus), United States

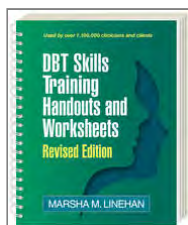
In a large-size format with permission to photocopy, this book provides all the handouts and assignments for six brand-new DBT skills modules focused on what comes next in recovery for people who have stabilized in DBT. DBT Next Steps modules include Perfectionism versus Reinforcement, Establishing and Reevaluating Relationships, Time Management, Managing Emotions Effectively, Succeeding after DBT, and Applications of Mindfulness. Clients are guided to take concrete steps for success in work or school, relationships, and self-sufficiency. Note: The ebook edition of this title contains fillable versions of the 65 reproducible tools.

Guilford Press
 September 2025 : 164pp
 Pb: 978-1-462-55816-2 £33.99
 Hb: 978-1-462-55817-9 £49.99

* For full contents and more information, visit www.routledge.com/9781462558162

3RD EDITION

DBT Skills Training Handouts and Worksheets, Revised Edition, (Spiral-Bound Paperback)



Marsha M. Linehan University of Washington (Emeritus), United States

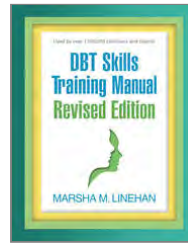
The revised edition of this indispensable resource presents the tools clients need to learn and practice DBT skills. Clients get access to the materials recommended for a particular skills training program, with over 225 reproducible handouts and worksheets in all. In the revised edition, handouts and worksheets for each skill are grouped together, making the book even easier to use. All DBT skills modules are included—mindfulness, interpersonal effectiveness, emotion regulation, and distress tolerance—each with a brief introduction written for clients. In a spiral-bound 8 1/2" x 11" format, the book is updated with more inclusive language and changes in technology and daily life.

Guilford Press
 September 2025 : 380pp
 Pb: 978-1-462-55634-2 £37.99
 Hb: 978-1-462-55828-5 £56.99

* For full contents and more information, visit www.routledge.com/9781462556342

3RD EDITION

DBT Skills Training Manual, Revised Edition



Marsha M. Linehan University of Washington (Emeritus), United States

The definitive skills training manual used by DBT practitioners worldwide is now in a revised edition, reflecting important shifts in language, technology, and daily life. All skills, guidelines, and examples have been retained from the bestselling second edition, with updates throughout to enhance usability and inclusivity. In a convenient 8 1/2" x 11 format, the book provides complete instructions for orienting clients to DBT, structuring group sessions, and tailoring skills training curricula for different settings and populations. It offers detailed teaching notes for the full range of mindfulness, interpersonal effectiveness, emotion regulation, and distress tolerance skills.

Guilford Press
 September 2025 : 502pp
 Pb: 978-1-462-55635-9 £59.99
 Hb: 978-1-462-55821-6 £89.99

* For full contents and more information, visit www.routledge.com/9781462556359

Experiencing Motivational Interviewing from the Inside Out

A Self-Practice/Self-Reflection Workbook for Practitioners



David B. Rosengren Prevention Research Institute, United States
Lynne H. Johnston, **Charlotte E. Hilton**

Series: Self-Practice/Self-Reflection Guides for Psychotherapists

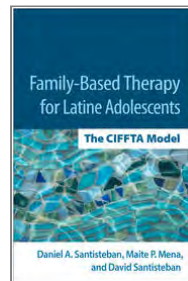
This cutting-edge experiential workbook invites practitioners to deepen their motivational interviewing (MI) skills through self-practice/self-reflection (SP/SR), a proven training method. From leading MI researchers and trainers, step-by-step modules guide readers to apply MI to a personal or professional challenge and systematically reflect on the experience. Instructions are given for working through the book independently, with peer partners, or in groups. Readers can fill in the worksheets in the large-size book or download additional copies from the companion website, which also offers other helpful resources.

Guilford Press
 April 2025 : 376pp
 Pb: 978-1-462-55629-8 £39.99
 Hb: 978-1-462-55630-4 £59.99

* For full contents and more information, visit www.routledge.com/9781462556298

Family-Based Therapy for Latine Adolescents

The CIFFTA Model



Daniel A. Santisteban Training and Implementation Associates; University of Miami (Emeritus), United States
Maite P. Mena University of Miami, United States
David Santisteban

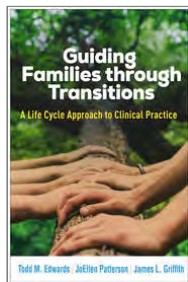
Filling a key need for clinicians working with at-risk Latine adolescents, this book bridges the gap between evidence-based and culturally informed adolescent and family therapy. The authors explore the unique challenges facing Latine youth and families, as well as culturally based sources of resilience. They present Culturally Informed and Flexible Family-Based Treatment for Adolescents (CIFFTA), which combines manualized family and individual interventions with psychoeducational modules, and can be used in treatment of a range of mental health and substance use problems. The book includes vivid case examples and provides information about comprehensive CIFFTA training.

Guilford Press
 July 2025 : 250pp
 Pb: 978-1-462-55753-0 £37.99
 Hb: 978-1-462-55754-7 £52.99

* For full contents and more information, visit www.routledge.com/9781462557530

Guiding Families through Transitions

A Life Cycle Approach to Clinical Practice



Todd M. Edwards University of San Diego, United States
JoEllen Patterson University of San Diego; University of California, United States
James L. Griffith

An indispensable clinical resource and text, this book offers therapists evidence-based strategies to support families through life's inevitable transitions. Chapters explore typical life cycle stages—couple formation, parenthood, adolescence, young adulthood and midlife, and later life—and describe treatment principles for frequently encountered family challenges. The book normalizes developmental strains and underscores the significance of flexibility, adaptability, and resilience through adversity. Extensive case examples encompass a range of family forms, cultural and individual differences, and life cycle disruptions, including parental separation, illness, and loss.

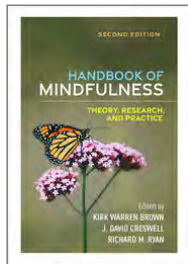
Guilford Press
 May 2025 : 312pp
 Hb: 978-1-462-55702-8 £49.99

* For full contents and more information, visit www.routledge.com/9781462557028

2ND EDITION

Handbook of Mindfulness, Second Edition

Theory, Research, and Practice



Edited by **Kirk Warren Brown** Virginia Commonwealth University, United States
J. David Creswell Carnegie Mellon University, United States
Richard Ryan Sydney; University of Rochester, United States

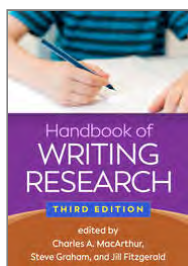
Reflecting a decade of tremendous growth in mindfulness research and interventions, this authoritative handbook is now in a significantly revised second edition with 75% new material. The volume examines the interface of contemporary psychological science and ancient contemplative traditions. It presents cutting-edge work on the neurobiological, cognitive, emotional, and interpersonal mechanisms and effects of meditative practices. Chapters on exemplary applications review mindfulness-based interventions for both clinical and nonclinical populations. Contributors describe the development of and evidence base for each approach and identify important directions for future investigation.

Guilford Press
 May 2025 : 418pp
 Pb: 978-1-462-55700-4 £52.99
 Hb: 978-1-462-55701-1 £79.99

* For full contents and more information, visit www.routledge.com/9781462557004

3RD EDITION

Handbook of Writing Research, Third Edition



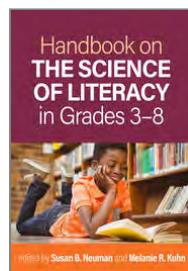
Edited by **Charles A. MacArthur** University of Delaware, United States
Steve Graham Arizona State University, United States
Jill Fitzgerald University of North Carolina at Chapel Hill (Emerita), United States

Synthesizing the breadth of current research on the teaching and learning of writing, the third edition of this definitive handbook has more than 90% new content, reflecting the growth and dynamism of the field. Leading scholars—including many international voices—review major theories, developmental issues, and instructional approaches for all grade levels. Cognitive and sociocultural aspects of writing are explored, as are approaches to assessment. Issues in teaching students with disabilities and multilingual and culturally diverse students are addressed. The volume discusses innovative research methods and educational technologies and identifies key directions for future investigation.

Guilford Press
 June 2025 : 480pp
 Pb: 978-1-462-55727-1 £56.99
 Hb: 978-1-462-55728-8 £84.99

* For full contents and more information, visit www.routledge.com/9781462557271

Handbook on the Science of Literacy in Grades 3-8



Edited by **Susan B. Neuman** New York University, United States
Melanie R. Kuhn Purdue University, United States

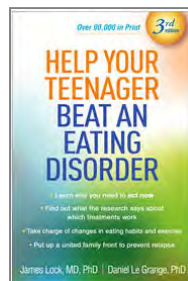
From foremost authorities, this needed work demonstrates the importance of a science of literacy perspective for teaching and learning beyond the primary grades. Contributors present cutting-edge research on reading and writing development in the upper elementary and middle grades and review evidence-based classroom practices and professional learning frameworks. The Handbook explores how to support learners in improving morphological knowledge and vocabulary, understanding text complexity, and building comprehension. It describes effective ways to meet the instructional needs of struggling readers and writers, including multilingual students and those with learning disabilities.

Guilford Press
 September 2025 : 464pp
 Hb: 978-1-462-55801-8 £70.99

* For full contents and more information, visit www.routledge.com/9781462558018

3RD EDITION

Help Your Teenager Beat an Eating Disorder, Third Edition



James Lock Stanford University School of Medicine, United States
Daniel Le Grange San Francisco; The University of Chicago (Emeritus), United States

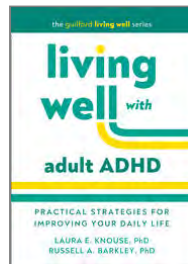
This trusted, groundbreaking resource has helped many tens of thousands of parents play an active role in recovery when their teenager's dieting, working out, or body image concerns cross the line. Treatment experts James Lock and Daniel Le Grange separate fact from myth about anorexia nervosa, bulimia nervosa, binge-eating disorder, and avoidant/restrictive food intake disorder (ARFID). Vivid stories show that when families work together to get the most out of treatment and prevent relapse, eating disorders can be beat. The revised third edition incorporates key research advances, updated treatment recommendations, new vignettes, and expanded coverage of ARFID.

Guilford Press
 July 2025 : 286pp
 Pb: 978-1-462-55712-7 £16.99
 Hb: 978-1-462-55781-3 £24.99

* For full contents and more information, visit www.routledge.com/9781462557127

Living Well with Adult ADHD

Practical Strategies for Improving Your Daily Life



Laura E. Knouse University of Richmond, United States
Russell A. Barkley Virginia Commonwealth University School of Medicine, United States

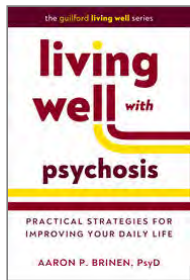
Imagine a toolkit filled with tried-and-true skills that empower adults with attention-deficit/hyperactivity disorder (ADHD) to be more focused and productive—and to "hack" daily life so their strengths can shine. That's exactly what expert ADHD therapist Laura E. Knouse and preeminent authority Russell A. Barkley offer readers in this book. Twenty-seven short, engaging chapters present a menu of science-based strategies and resources, complete with checklists, self-coaching tips, helpful links, and downloadable forms. This quick-reference guide is an ideal companion to Dr. Barkley's Taking Charge of Adult ADHD, Second Edition, which takes a deeper dive into the disorder and its treatment.

Guilford Press
 November 2025 : 208pp
 Pb: 978-1-462-55512-3 £15.99
 Hb: 978-1-462-55839-1 £24.99

* For full contents and more information, visit www.routledge.com/9781462555123

Living Well with Psychosis

Practical Strategies for Improving Your Daily Life



Aaron P. Brinen Vanderbilt University Medical Center, United States

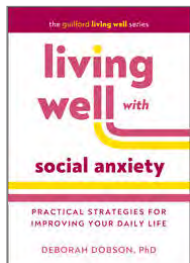
While mental health is thankfully no longer a taboo topic, the experience of psychosis is still highly stigmatized. Leading psychologist Aaron P. Brinen busts myths and helps readers build the lives they want in this empowering book. An expert in recovery from serious mental illness, Dr. Brinen provides step-by-step guidance for becoming a strong self-advocate, navigating treatment options, managing symptoms that cause distress, connecting with others, and pursuing school and work goals. The brief, engaging chapters are warm and compassionate, with downloadable practical tools expressly designed to boost energy and motivation for getting out into the world.

Guilford Press
August 2025 : 260pp
Pb: 978-1-462-55556-7 £15.99
Hb: 978-1-462-55797-4 £24.99

* For full contents and more information, visit www.routledge.com/9781462555567

Living Well with Social Anxiety

Practical Strategies for Improving Your Daily Life



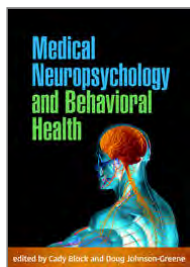
Deborah Dobson University of Calgary, Canada

For people with social anxiety—whether in treatment or not—change is hard, and making it stick can be even harder. Drawing on the proven strategies of cognitive-behavioral therapy, psychologist and anxiety expert Deborah Dobson provides tools and tips for getting out into the world with more confidence in this empathic guide. Concise, encouraging chapters and downloadable practical tools help readers understand extreme shyness and self-consciousness and open up new pathways to socializing without fear. Vivid stories and examples help readers approach frequently avoided situations—from making small talk to public speaking to asking someone on a date—one manageable step at a time.

Guilford Press
December 2025 : 227pp
Pb: 978-1-462-55425-6 £15.99
Hb: 978-1-462-55857-5 £24.99

* For full contents and more information, visit www.routledge.com/9781462554256

Medical Neuropsychology and Behavioral Health



Edited by **Cady Block**, **Doug Johnson-Greene** University of Miami Miller School of Medicine, United States

It is increasingly recognized that medical conditions can have diverse neurocognitive, psychosocial, and functional implications, even in the absence of obvious neurological involvement. Filling a crucial gap, this comprehensive clinical reference reviews current research and provides guidelines for assessment and intervention. Chapters organized around major bodily systems—for example, cardiovascular, immune/lymphatic—probe neurocognitive impairments associated with prevalent health conditions and their treatments, including coverage of COVID-19. State-of-the-science chapters on behavioral health explore the neurocognitive impact of sleep, nutrition, chronic pain, opioid use, and more.

Guilford Press
July 2025 : 391pp
Pb: 978-1-462-55744-8 £65.99
Hb: 978-1-462-55745-5 £99.99

* For full contents and more information, visit www.routledge.com/9781462557448

2ND EDITION

Motivational Interviewing in Nutrition and Fitness, Second Edition



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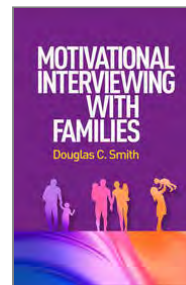
Dawn Clifford California State University, United States
Laura Curtis Glenn Medical Center, United States

The go-to reference and practice guide for using MI to enhance conversations about nutrition and fitness is now in a thoroughly revised second edition with 70% new material. MI offers powerful tools for helping clients work through ambivalence, break free of diets and quick-fix solutions, and overcome barriers to change. Sample dialogues illustrate the dos and don'ts of counseling clients about meal planning, exercise, body image, disordered eating, and more. Supplemental reproducible handouts can be downloaded and printed from the companion website; instructors who adopt the book for courses can access PowerPoint slides, worksheets, and exam questions.

Guilford Press
September 2025 : 326pp
Pb: 978-1-462-55773-8 £34.99
Hb: 978-1-462-55774-5 £53.99

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Motivational Interviewing with Families



Douglas C. Smith University of Illinois Urbana-Champaign, United States

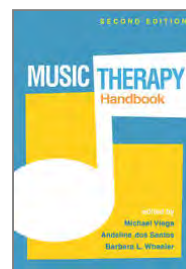
While motivational interviewing (MI) was developed as a counseling approach for individuals, it also has tremendous utility for helping families change and grow. This book offers the first comprehensive guide to adapting MI skills to engage families—including reluctant members—in therapy and mobilize family-level change processes. Extensive annotated sample dialogues show how MI can be integrated with any therapy approach for families struggling with mental health problems, addictions, relationship challenges, difficult life transitions, or other concerns. Special features include boxed sidebars, reflection questions, and practice exercises.

Guilford Press
August 2025 : 242pp
Pb: 978-1-462-55761-5 £33.99
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2ND EDITION

Music Therapy Handbook, Second Edition



Edited by **Michael Viega** Montclair State University, United States
Andeline dos Santos University of Pretoria, South Africa
Barbara L. Wheeler Montclair State University (Emerita), United States

Rich with case material, the second edition of this respected text has been thoroughly revised with many new contributing authors and 85% new material. The Handbook comprehensively explores music therapy theory, research, and practice. Chapters cover foundational concepts and therapeutic processes, major approaches to practice, and clinical applications with people of all ages. The second edition has a heightened focus on diversity, equity, inclusion, accessibility, and cultural humility. Expert contributors describe state-of-the-art practices for using music to foster clients' well-being and recovery in a broad range of mental health, medical, and community settings.

Guilford Press
July 2025 : 534pp
Pb: 978-1-462-55692-2 £54.99
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2ND EDITION

Ordinary Magic, Second Edition

Resilience in Development



Ann S. Masten University of Minnesota Twin Cities, United States

Updated with key advances in theory, methods, and research, the second edition of this landmark work features an expanded conceptual framework and a more global perspective on threats to human development, such as climate change, racism, and public health crises. Pioneering resilience expert Ann S. Masten illuminates the ordinary but powerful processes that allow many children exposed to trauma and adversity to survive, adapt, and even thrive. The book traces fundamental adaptive systems that have evolved and function synergistically at the neurobiological, psychological, social, community, and cultural levels, and provides a cogent resilience framework for promoting healthy development.

Guilford Press
July 2025 : 448pp
Hb: 978-1-462-55766-0 £54.99

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Preventive Cognitive Therapy for Depression

An Evidence-Based Approach to Reduce Relapse Risk



Claude L. Bockting University of Amsterdam, Netherlands

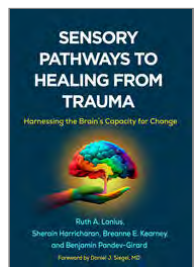
This is the authoritative presentation of preventive cognitive therapy (PCT), a rigorously tested 8-week program shown to help individuals who have recovered from depression to stay well. Claude L. Bockting reviews the conceptual foundations, rationale, and evidence base for PCT and compares it to other depression relapse prevention strategies. She provides step-by-step guidelines for conducting each session with individuals or groups. Ways to overcome common treatment roadblocks and help clients get the most out of take-home assignments are described. In a convenient large-size format, the manual includes 39 reproducible and downloadable handouts and forms.

Guilford Press
November 2025 : 166pp
Pb: 978-1-462-55844-5 £33.99
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Sensory Pathways to Healing from Trauma

Harnessing the Brain's Capacity for Change



Ruth A. Lanius Western University, Canada
Sherain Harricharan, **Breanne E. Kearney** University of Western Ontario, Canada
Benjamin Pandev-Girard

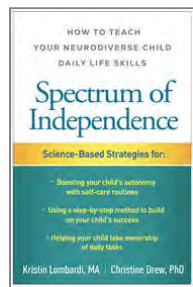
This book explores the impact of psychological trauma on the brain's sensory pathways and demonstrates the crucial role sensory-based interventions can play in recovery. Neurobiological research is interwoven with evocative clinical material. The book highlights the brain-body disconnect that is part of the lived experience of trauma, and traces what happens in all eight sensory systems when an individual is under threat. Featuring within-chapter "Bridging to Practice" sections, the book reveals how working with sensory pathways can engage the whole brain, promote neuroplasticity, and optimize the effectiveness of standard psychotherapies. Illustrations include eight pages in full color.

Guilford Press
August 2025 : 192pp
Pb: 978-1-462-55691-5 £31.99
Hb: 978-1-462-55820-9 £47.99

* For full contents and more information, visit www.routledge.com/9781462556915

Spectrum of Independence

How to Teach Your Neurodiverse Child Daily Life Skills



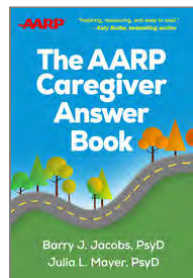
Kristin Lombardi, **Christine Drew** Auburn University, United States

This motivating, practical book gives worried parents concrete strategies for maximizing the independence of their child or teen with autism, intellectual disabilities, or other forms of neurodiversity. Exercises and downloadable worksheets are rooted in scientifically based behavioral principles and illustrated with vivid, relatable examples. By breaking down tasks like getting dressed, brushing teeth, and making a sandwich into manageable "micro steps," parents learn to phase out assistance gradually and systematically as kids take ownership of their routines. Daily life skills truly can be improved with the right tools—and they are vital stepping stones for the challenges of adulthood.

Guilford Press
May 2025 : 214pp
Pb: 978-1-462-55491-1 £19.99
Hb: 978-1-462-55717-2 £29.99

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The AARP Caregiver Answer Book



Barry J. Jacobs Crozer-Keystone Family Medicine Residency Program, United States
Julia L. Mayer private practice, United States

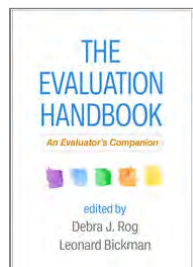
Every year, countless people take on the role of caring for an ill, aging, or disabled family member—a job that can be overwhelming. Caregivers wonder: How do I figure out what type of care my loved one needs? What if they refuse my help? How can I get other relatives to pitch in? Who pays for all this? Written in a Q&A format, this book is packed with information, problem-solving and coping ideas, resources, stories, and communication tips. The authors are husband-and-wife psychologists who have been family caregivers themselves. They address everything needed to help parents, spouses, or other loved ones—from managing family conflicts to hiring aides to optimizing end-of-life care.

Guilford Press
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Pb: 978-1-462-54949-8 £16.99
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The Evaluation Handbook

An Evaluator's Companion



Edited by **Debra Rog**, **Leonard Bickman**

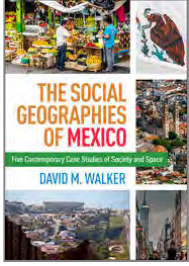
This pragmatic evaluator's companion provides expert guidance for designing, implementing, and managing exemplary evaluations using established and emerging methods, designs, and analyses. The Handbook has a unique focus on the competencies identified by the American Evaluation Association as critical for evaluators. Balancing rigor with mentor-style guidance, chapters build the reader's skills for tailoring studies creatively to address specific evaluation situations and contexts; optimizing communication and collaborative decision making; and centering equity and justice. Helpful features include detailed examples, real-world scenarios, chapter overviews, and an end-of-book glossary.

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July 2025 : 606pp
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Five Contemporary Case Studies of Society and Space



David M. Walker College of Southern Maryland, United States

Examining the links between society, space, and place, this unique text introduces students to the ecological and cultural richness of Mexico and the diversity, tenacity, and resilience of its people. It presents compelling ethnographic case studies of Mexico City's historic center and the adjacent Tepito neighborhood; life in the border city of Tijuana; and urban Mexican garbage networks. Cases also explore Afromexican identity in the Costa Chica of Guerrero and Oaxaca, as well as the Indigenous Zoque people's stewardship of the remote Chimalapas region. Instructive features include topical vignettes, discussion questions, and suggested readings and online resources related to each case.

Guilford Press

August 2025 : 214pp

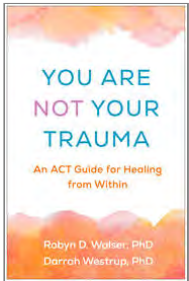
Pb: 978-1-462-53386-2 £37.99

Hb: 978-1-462-55777-6 £56.99

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You Are Not Your Trauma

An ACT Guide for Healing from Within



Robyn D. Walser Berkeley; private training, United States
Darrah Westrup private practice, United States

It is a simple fact, and a powerful promise: [ital]You are not your trauma[/ital]. Robyn D. Walser and Darrah Westrup have devoted their careers to helping people move beyond the pain of trauma and reclaim their lives. This compassionate book harnesses the proven tools of acceptance and commitment therapy (ACT) in an accessible self-help format. Readers learn new ways to build resilience, safely confront feared feelings and sensations, and detach from thoughts and self-beliefs that keep them stuck. ACT highlights the need to live meaningfully, and provides step-by-step strategies for doing so. Included are exercises, stories, and guided practices, with audio tracks at the companion website.

Guilford Press

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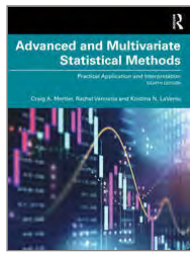
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8TH EDITION

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Craig A. Mertler Arizona State University, USA
Rachel A. Vannatta, **Kristina N. LaVen** Bowling Green State University

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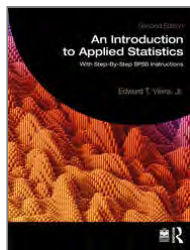
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2ND EDITION

An Introduction to Applied Statistics

With Step-By-Step SPSS Instructions



Edward T. Vieira, Jr.

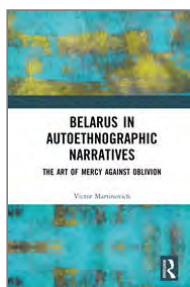
An Introduction to Applied Statistics offers a comprehensive and accessible foundation in applied statistics, empowering students with the essential concepts and practical skills necessary for data-driven decision-making in today's world. An invaluable resource for introductory quantitative research methods courses in psychology, social sciences, business, and marketing, this text combines practical examples, online resources, and an approachable format to support both learning and application.

Routledge
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Belarus in Autoethnographic Narratives

The Art of Mercy Against Oblivion



Victor Martinovich

This book offers an autoethnographic exploration of the interplay of art, memory, and resilience in Eastern Europe, weaving together the personal and collective histories of Belarusians – those who survived two world wars and their contemporaries, who are now looking for a way out of a political crisis in the region. Set against the history of Belarus, it recounts the story of the author's great-grandfather Amyalyan, a Belarusian peasant executed by the Nazis after saving a Jewish man during World War I. A valuable addition for researchers and students interested in ethnography and autoethnography, Eastern European studies, art history, cultural studies and memory studies.

Routledge
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Cambodian American Youth, Identity, and Schooling

Ethnographic Research



Vichet Chhuon University of Minnesota

This book examines how Cambodian American high school youth reconcile stereotypes, identities, and school opportunities and the ways these factors impact academic achievement and well-being, through ethnographic research. The backdrop for Cambodian American life is intimately embedded within how Asians and Asian Americans are imagined within U.S. society. It argues that how Cambodian American students negotiate certain identities are in relation to perceived advantages associated with ethnic and panethnic labels across varying social contexts. It highlights how the embrace of the model minority stereotype can come at a psychological cost for Asian Americans.

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Critical Qualitative Research and Social Justice

Key Concepts in Qualitative Methods



Edited by Penny A. Pasque

Series: Key Concepts in Qualitative Methods

Critical Qualitative Research & Social Justice is an encyclopedia-esque book that is a must have for any researcher interested in critical and social justice qualitative research. It helps readers understand and navigate the labyrinthine of critical and social justice concepts available for qualitative research studies. This book will be of interest to researchers (faculty, institutional researchers, graduate students, non-profit research or assessment people, etc.) across fields and disciplines who are interested in crafting quality research designs and making a concerted difference with their research.

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Critical Research Design

Choices and Considerations for Creating an Integrated Research Design



Balazs Szanto

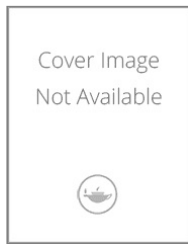
This student friendly book demonstrates how to take a critical approach to the research design process, to create feasible, original, and critical research works. Covering quantitative, qualitative, and mixed methods approaches, and addressing the ethical implications of research, this is an essential resource for researchers, instructors and students across a broad range of disciplines in the social and behavioral sciences, and humanities.

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Critical Visual Methods to Advance Racial Justice in Educational Research

The Seen and the Unseen



Edited by **Angela M. Wiseman**, **Marva Cappello**, **Jennifer D. Turner**

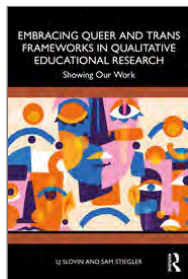
Critical Visual Methods to Advance Racial Justice in Educational Research advances critical research methodologies for analyzing visual and multimodal data, with particular attention to racial justice and minoritized communities. It presents innovative theoretical frameworks and analytical approaches for examining how visual representations impact, perpetuate, and potentially transform systemic inequities in educational research. This book is designed for emerging and established educational scholars interested in critical visual and multimodal methodologies, and serves as an ideal text for undergraduate and graduate research courses.

Routledge
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Embracing Queer and Trans Frameworks in Qualitative Educational Research

Showing Our Work



LJ Slovin, **Sam Stiegler**

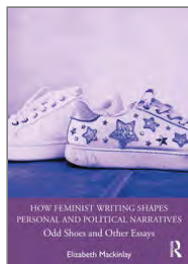
Embracing Queer and Trans Frameworks in Qualitative Educational Research reflects on a decade of conversations about research, thinking, and life, exploring how to navigate the ethical complexities of working with queer and trans youth as queer and trans scholars. This book is essential reading for students across disciplines, as well as qualitative researchers engaged in youth studies, critical methodologies, sociology, and queer and trans studies.

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How Feminist Writing Shapes Personal and Political Narratives

Odd Shoes and Other Essays



Elizabeth Mackinlay University of Queensland, Australia.

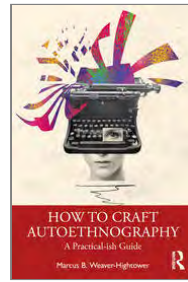
How Feminist Writing Shapes Personal and Political Narratives delves into the profound influence of female writers on the author's craft and worldview. This is an essential read for those interested in feminist literature, essay writing, and the intersection of personal and political narratives. It is particularly relevant for scholars, students, and enthusiasts of women's studies, literary criticism, and those seeking inspiration from the powerful voices of female writers. This book is a tribute to the enduring legacy of feminist writing and its ability to transform lives and societies.

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How to Craft Autoethnography

A Practical-ish Guide



Marcus B. Weaver-Hightower University of North Dakota, USA

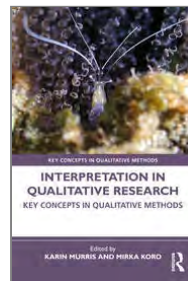
How to Craft Autoethnography is a comprehensive and engaging guide to the art and science of autoethnography, a qualitative research method that blends personal narrative with cultural analysis. Designed to be both practical and theoretically grounded, the book offers a structured yet flexible approach to developing "good" autoethnographic research. Throughout the book, Weaver-Hightower addresses the essential components of autoethnographic research, including when to use (or not use) the method, how to generate and analyze data, and how to assess quality and ethics in an autoethnography.

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Practical Strategies for Enhancing Research Visibility



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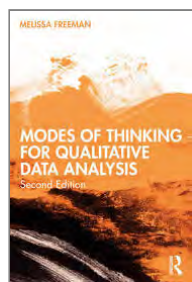
This book addresses the challenges and opportunities presented by the rapidly evolving research landscape, including the rise of digital platforms, open access publishing, and the importance of interdisciplinary collaboration. It provides actionable strategies to navigate these changes effectively and ensure that research is not only published but also widely disseminated, recognized, and utilized. Designed for a diverse audience, this will be suitable for early-career researchers, established scholars, and graduate students seeking to build or enhance their academic presence.

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2ND EDITION

Modes of Thinking for Qualitative Data Analysis



Melissa Freeman University of Georgia, USA.

Offers a creative and comparative account of the conceptual and philosophical underpinnings of six prominent analytical movements used by interdisciplinary qualitative researchers: Categorical Thinking, Narrative Thinking, Dialectical Thinking, Poetic Thinking, Diffractional Thinking, and Decolonial Thinking. This book is a thought-provoking resource for experienced and novice interdisciplinary qualitative researchers seeking to deepen their understanding of the variety of ways qualitative analysis is, and could be, theorized and practiced.

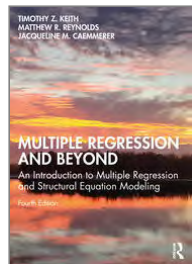
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4TH EDITION

Multiple Regression and Beyond

An Introduction to Multiple Regression and Structural Equation Modeling



Timothy Z. Keith University of Texas, Austin, USA
Matthew Reynolds University of Kansas
Jacqueline Caemmerer University of Connecticut

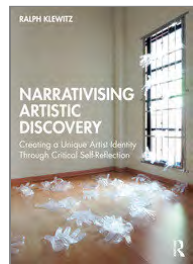
Multiple Regression and Beyond offers a conceptually-oriented introduction to multiple regression (MR) analysis and structural equation modeling (SEM), along with analyses that flow naturally from those methods. By focusing on the concepts and purposes of MR and related methods, rather than the derivation and calculation of formulae, this book introduces material to students more clearly, and in a less threatening way. In addition to illuminating content necessary for coursework, the accessibility of this approach means students are more likely to be able to conduct research using MR or SEM—and more likely to use the methods wisely.

Routledge
September 2025 : 676pp
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Narrativizing Artistic Discovery

Creating a Unique Artist Identity Through Critical Self-Reflection



Ralph Klewitz

This book explores how artistic identity evolves through creative practice, self-reflection, and philosophical inquiry, using the experience of artist Ralph Klewitz as a case study. Artists, art educators, researchers in creative practice, philosophy, and social sciences, as well as students exploring artistic development, will find this book essential. It also offers key insights for the wider art world community and individuals in the creative industries, particularly those interested in the intersection of art, identity, and social engagement.

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Posthuman Adventuring

Moments, Movements, Encounters...



Edited by **Mary Garland**, **Joanna Haynes**, **Ken Gale**
University of Plymouth, UK
Helen Bowstead, **Jocey Quinn**

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Posthuman Adventuring... immerses readers in a transdisciplinary methodology that merges images and sounds to inspire ongoing dialogue and provoke imaginative inquiry. Through a compilation of thought-provoking chapters, the book connects readers to original presentations by renowned posthuman thinkers and offers responses from various authors. Ideal for scholars of posthumanist thinking across the social sciences.

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Practice Research through Creative Bodies



Edited by **Caroline Frizell** Goldsmiths University of London, UK
Marina Rova

This anthology brings a focus to practice research in which moving bodies and creative processes are imperatives. It brings together a range of researchers and performers who present innovative research through single authored and co-authored projects that trouble the notion that there are limited ways of researching and performing. Readers are invited to consider the many different ways in which (em)bodied research and performance generates new knowledge. It is a useful resource for students, researchers and professionals in art therapies, somatic practice and arts performance.

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Research Methods Through Puzzles

An Interactive and Audio Approach



Emma Randles

Dive into the world of research with this interactive puzzle book. Whether you're just starting out with research methods or looking to refresh your knowledge on the basics, this book offers a fun and engaging way to get to grips with everything research-related. You'll explore key topics like variables, sampling methods, experimental design, reliability, and validity—plus so much more! This book takes a conversational approach to make learning research methods feel less intimidating, and more enjoyable! Whether you're a student or just someone interested in research, this puzzle book turns learning research methods into an engaging and fun activity.

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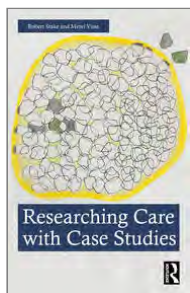
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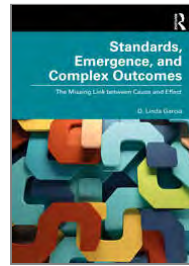
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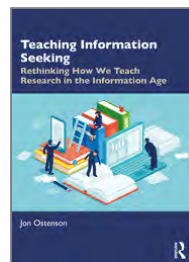
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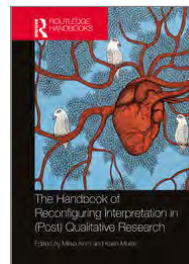
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